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# THE PORTUGAL News

Portugal's **National** Newspaper in English

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## Exclusive: Former 'Maddie Cop' interview

In an interview staged only a short walk from the regional PJ police headquarters in Faro over the weekend, Gonçalo Amaral, the former leading detective in the case involving the disappearance of Madeleine McCann, has an open and frank conversation with **The Portugal News**. (See Page 2)

## Lisbon airport director stresses need for new airport

In an exclusive interview, the Lisbon Airport Director speaks about his daily routine and the need for a new airport. He is also against two airports in the capital, and believes the current one should be shut down once a new one has been built. (See Page 4)

## The writing's on the wall

Through cinema and the like, graffiti has long been associated with images of rebellious teens from impoverished ghettos shifting under the veil of night to attack clean surfaces with a political or social libelling in spray paint. This could not be further from the truth, **The Portugal News** has found. (See Page 13)

## Seven day weather outlook

**Lisbon:** Temperatures will hit new highs this weekend, before stabilizing around the 30°-degree mark throughout next week.  
**Faro:** No changes expected in the weather pattern for the Algarve, with blue skies and temperatures in their late 20s and early 30s the next seven days.  
**Oporto:** Next week will be slightly cooler than the hot weather experienced in the north the past week, with thermometers dropping to their mid 20s, while scattered showers are forecast for Wednesday and Thursday.

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## Banks look to make customers pay as their profits start to dwindle

# BANK PROFITS PLUMMET

The first signs of the real extent to which the current global economic crisis is affecting national financial institutions emerged this week. Portugal's four largest private banks have all registered negative results for the first half of the year in relation to the previous first half-year period in 2007, with their profits being slashed by an average of 43 percent. But national electricity company EDP continues to surge above the current energy crisis and continues to show phenomenal growth in profits.

**Bank, see p. 71**



Banco Espírito Santo (BES) chairman Ricardo Espírito Santo Salgado seen here in an archive photograph. The bank has been among the top losers this year, with profits being slashed by 28 percent, falling to around 267 million euros. (Photo: Lusa/ Inácio Rosa)



# Exclusive in English: Former 'Maddie Cop' interview



A relaxed Gonçalo Amaral after his interview last weekend in Faro.  
(Photo: The Portugal News)

In an interview staged only a short walk from the regional PJ police headquarters in Faro over the weekend, Gonçalo Amaral, the former leading detective in the case involving the disappearance of Madeleine McCann, has an open and frank conversation with **The Portugal News**. Lambasted by the British media, and ignored by much of the Portuguese written press since the launch of his controversial book last week (which the *Correia da Manhã* newspaper has assisted in promoting), Gonçalo Amaral explains his reasoning behind certain methods of investigation, and stresses his actions to date have not been to accuse anyone, rather, he argues, his focus has been about the pursuit of truth.

**The Portugal News:** Did you leak information about the investigation to the media?

**Gonçalo Amaral:** I never had anything to do with leaks. We have to look at from where these leaks could have originated. A number of entities worked with us during the investigations and we cannot rule out the possibility that some of these leaks originated in Britain. As a matter of fact, when the FSS handed over their report to Portuguese police, we kept it under wraps, but a British daily was the first to appear with extracts of the FSS's findings.

**TPN:** But how does that explain that some sections of the Portuguese press have printed confidential information that later proved to be accurate?

**GA:** Perhaps they had good sources of information, but we cannot conclude that they were given information by police in the Algarve.

**TPN:** The report leaked last week says that Gerry and Kate were made arguidos on the "merest possibility" that they were involved in the disappearance of their child. Is that accurate?

**GA:** They were made arguidos on

suspicion of two crimes: concealing a body and simulating an abduction and potentially the crime of abandonment. But saying they were made arguidos on the merest possibility that they were involved in the disappearance of their child is not true. The conclusions reached by the team investigating the crime, including colleagues in Britain, are the same as the five points I mention at the end of my book. Perhaps the conclusions reached in this latest report were made to facilitate the archiving of the case and findings were put across in a mild manner. Once you gain access to the case files, you will find that it was not due to a mere possibility.

**TPN:** What do we know about Madeleine's disappearance?

She was here on holiday. There is obviously no doubt that Madeleine existed. There is also no doubt that she went missing. The scheme employed to visit the children does, to a large extent, not correspond with the truth, it was probably used to safeguard the view that the children were safe [in the apartments on their own as their parents dined at the Tapas restaurant].

**TPN:** How often were the children checked upon?

**GA:** One of the first lines of the investigation was to interview the party that was on holiday with the McCanns to establish this.

**TPN:** What did you find at the apartment?

No signs of forced entry. There were no signs of glove marks on the window. We compiled a report of the evidence we collected, but we are not here to

accuse anyone.

**TPN:** Do you think more could have been done before archiving or closing the case?

**GA:** In my opinion, a number of things are still lacking. We should have continued investigating the parents in order to either charge them or rule them out as suspects. If I represented this couple, I would have insisted that police investigations continue. Not everything we do is to incriminate a suspect. Often a phone will be tapped in order to obtain information that will clear a suspect.

We worked long hours discussing a number of potential explanations for Madeleine's disappearance; we did not insist solely that she had been abducted.

**TPN:** You say that politics prevented you from doing certain things during the investigation. What were those actions you would like to have taken?

**GA:** I found the intervention of the [then] British Ambassador strange, as besides the British Consul in Portimão already being involved in the case from the first morning of Madeleine's disappearance, all diplomatic channels had been opened and were functional. With the arrival of the Ambassador, my colleagues and I thought it was odd, and to a certain extent made us feel limited in our investigations.

**TPN:** Did you ever receive orders to investigate in a certain manner?

**GA:** No we did not receive any orders. I don't like talking about orders. But we felt limited.

**TPN:** Did the police offer a plea bargain to Kate McCann?

**GA:** No.

**TPN:** But did you not suggest she consider a plea bargain?

**GA:** We only explained the nature of certain crimes. Her lawyer was there, you can ask him.

**TPN:** Did Kate and Gerry McCann answer all the questions that you posed to them as fully as possible?

**GA:** Up until being declared an arguido, Kate, at the request of her lawyer, co-operated. When questions became of a nature that could incriminate her, she was made an arguido, her rights and duties were read out to her in English and thereafter she opted for the right to remain silent.

**TPN:** And Gerry McCann?

**GA:** He answered all questions, before and after being made an arguido.

**TPN:** When did the police first learn of the intention of the McCanns to leave Portugal?

**GA:** With the arrival of the sniffer dogs, I think back in August, the couple started showing a keenness to leave the country. As for these dogs, I have not seen or heard any scepticism in Britain, contrary to Portugal.

**TPN:** How can you explain the theory that Kate and Gerry used their hire car in the disappearance of their daughter when it was hired 25 days after she vanished?

**GA:** I don't know. I was not the one who hired the car. A bodily fluid was detected in the trunk of the car which was similar to that of Madeleine McCann in 15 of the 19 indicators of her profile.

**TPN:** Has this evidence been investigated further?

**GA:** No.

**TPN:** Why not?

**GA:** You will have to ask my former colleagues that question.

**TPN:** What evidence was there that someone had been watching apartment 5A prior to Madeleine's disappearance?

**GA:** We spoke to a number of people who came forward.

**TPN:** Anyone suspicious mentioned in these statements?

**GA:** No. Perhaps just a British musician we later tracked down. But in a reconstruction, witness testimonies, such as that of Jane Tanner and others, including restaurant workers, could be clarified further.

**TPN:** At what stage did you become suspicious of the McCanns and why?

**GA:** There were a number of inconsistencies detected during the first interrogations.

**TPN:** Such as?

**GA:** We were initially told by the parents that when they checked on the children they would use the front door. But Kate later said they used the other door. Because had they used the front door, they would have detected someone had forced their way into the room [where Madeleine and the twins had been sleeping].

But during these initial rounds of questioning, my team and I believed these inconsistencies were due to the McCanns and their friends trying to cover the fact they had left their children unattended, along with their possible lack of trust in the Portuguese police. This had a lot of weight for me in the beginning,

especially as the law in Britain is far tougher concerning the abandoning of children.

**TPN:** Did you look into sex offenders, and what was the outcome?

**GA:** It is very difficult that a paedophile pre-selected Madeleine. It had to be very well planned. But all known sexual predators were investigated.

**TPN:** Did you have any evidence that Robert Murat and the McCanns or their friends knew each other previous to Madeleine's disappearance?

**GA:** We tried to confirm this, but along with the assistance of the British police, we were unable to establish any connection. But we looked into all possibilities. Robert Murat purchased a last-minute ticket to come to Portugal a couple of days before Madeleine went missing, perhaps as it was cheaper to do so. But we had to investigate whether or not his visit coincided with Madeleine's disappearance a couple of days later and whether he had been contacted to come here.

**TPN:** How do you see the lawsuit that you might face over your book?

**GA:** My book is based on facts. It could be a good occasion to take all the case files to court and compare what I wrote with that which is contained in the files.

**TPN:** What next lies ahead for you?

**GA:** I have had a number of proposals, but in October I am intending on starting my practical training as a lawyer, as I already have a law degree, but never practised.

Brendan de Beer

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Gen. Tel: 707 500 655

Sales Tel: 707 500 677

Gen. Fax: 707 941 201

Emails: info@the-news.net

Web: www.the-news.net

Newsdesk Tel: 707 500 655

Classified Tel: 707 500 646

Sales Fax: 707 942 053

sales@the-news.net

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<b>Publisher:</b>	Paul Luckman	publisher@the-news.net
<b>Editor:</b>	Brendan de Beer	newsdesk@the-news.net
<b>Production:</b>	Madeline Luckman	copy@the-news.net
<b>Journalists:</b>	Carrie-Maria Bratley	
	Tommy Broad	
<b>Paws &amp; Claws:</b>	Raquel Salbany	
<b>Preview:</b>	Nikki Hall	
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<b>Bella Talhadas</b>	914 393 736	(Lisbon, Estoril, Cascais, Sintra)
<b>Marilyn Holmes</b>	914 863 604	(Alvor, Lagos, Praia da Luz, Aljezur)
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# Lisbon needs a new airport, and fast



Born in Portimão and resident in Vilamoura, it may seem odd that Dr. Francisco Severino is Director of Lisbon Airport. Every Monday he travels to Lisbon and returns to the Algarve on Friday. He has dedicated 28 years of his life to Portuguese airports and since his arrival in the capital, a series of much-needed changes have been instigated after it was discovered the infrastructure was fast reaching saturation point. But he is adamant that the airport in the capital needs replacing as soon as possible and once a new venue has been built, the current one should be shut down entirely.

Dr. Francisco Severino left the Algarve to study in Lisbon in his early twenties.

He graduated in Business Management before joining the army to fight in Angola, where he was injured. He returned to Portugal and embarked on the first job of his long career as a librarian for newspaper *Diário de Notícias*.

In 1977 he worked for an American market studies company until, in 1980, he saw an employment advertisement in a newspaper for ANA. Now, aged 60, Dr. Francisco Severino has been with ANA – Airports of Portugal (then ANA – Aeroportos de Portugal e Navegação aérea) for nearly three decades.

From 1980 until 1984 he carried out the role of auditor before being promoted to head of financing for Lisbon airport, where he also worked as deputy to the general director of the Airports.

In 1991, Dr. Severino was invited to be head of Faro Airport, a role he carried out with pride until finally being asked to take over the reins at Lisbon Airport in 2002.

Studies commissioned after

Dr. Severino's take-over showed the airport to be totally congested.

"This airport has been congested for years though people refused to believe it. They still think it can cope... but it can't. The airport does not have the capacity to answer the demand. And tourism is suffering because of it."

A 380 million euro expansion plan was drawn up to salvage its present functioning "on the understanding a new airport would be built."

Dr. Severino took time out of his hectic daily schedule to tell *The Portugal News* more about the expansion plan, future plans, and his own personal plans.

"When I came to this airport there was no overall capacity plan. There were a lot of other plans, but no overall capacity plan, which in essence tells us what the limit of this infrastructure is in terms of passengers", he begins.

"We employed an American company to carry out studies which revealed that the maximum number of passengers that this airport can handle is 17 million, which is around 40 aircraft movements per hour."

"Last year (2007) we registered 13.4 million passengers and by the end of 2009, despite the current crisis, we should have reached 14 million."

With a yearly growth of around one million passengers, the airport is fast reaching its capacity.

One possibility to ease aircraft congestion would be to build a taxi way parallel to the runway, but this "would cost a lot of money and would only allow another four movements per hour. In two or three years the airport would be congested again".

So an expansion plan was produced and approved by the Government in 2005, on the understanding a new airport was needed.

"Changing Lisbon Airport's location has been talked about for more than 30 years. This airport's configuration is not good, it isn't hexagonal and isn't rectangular, and it has two runways that cross over", he quips.

A highly controversial debate concerning the location of the future airport has played a major role in the media in recent years. Ota, the Government's initial favourite, was strongly disputed by many and later replaced by Alcochete, on the south side of the Tagus River.

"Just so you have an idea, this airport, when it was built, had nothing around it. It currently covers 490 hectares and is located in the heart of the city. Alcochete will start off covering 1,770.00 hectares and will still have room for expansion. It has the capacity for 20 million passengers and room to grow as nothing can be built around it."

However, until Alcochete is up and running, said to be in 2017, the current airport must adapt to

its ever-growing demand. It is expected to reach its maximum capacity of 17 million passengers by 2014/15, so between then and 2017 "we will go through a period of deterioration in the quality of service to passengers".

For those two years, the airport and its staff "will have to cope the best way possible".

During the course of this year the Government will define a financing plan for the new airport in Alcochete, and will begin looking for a private investor.

Meanwhile, a number of adaptations are taking shape in the existing airport.

Terminal 2, dedicated to domestic departures, was inaugurated last year and has freed up the main terminal of mass domestic movements during peak times, like mornings and evenings. By 2010 it is also expected to cater for arrivals.

By 2010, the number of check-in gates will increase from 102 to 154, the amount of luggage processed per hour is to increase from 4,300 items to 8,000, boarding gates will go from 26 to 47, shopping areas will be expanded and new ones created, and 10 new retractable aerobridges will be installed, designed for larger and a more varied range of aircraft.

However, one of the airport's biggest problems is aircraft parking.

Within the expansion plan the number of spaces for stationary aircraft will increase from 51 stands to the maximum of 64, but even so, this is not enough for an ever-expanding industry. To put it into perspective the airport director explains: "TAP is currently substituting its fleet. By 2017 it hopes to have 80 aircraft. This airport only has enough space for 64 aircraft at any one time."

Last year national flag carriers TAP received considerable negative press for their performance in punctuality and luggage handling, ranking low in EU rating charts.

"It is essential that TAP's punctuality improves", he stresses, "And it has".

"Last year it had around a 37 per cent punctuality rating, and this year that has increased to 70 per cent, the result of efforts on behalf of the airport, Groundforce (the airport's handling company), and immigration control. But one of the airports main difficulties comes from the fact that TAP expanded mainly to Brazil and Africa. Every morning, between 6am and 7am, 12 flights land from Southern America and Africa. Forty-five per cent of those passengers are in transit to other European destinations. Now you can imagine, with the current situation, the chaos that happens when one of those flights is delayed. The entire airport suffers as its infrastructure is already overstretched." Narrowing down the time between connecting flights is another priority, the main aim being to transfer on-going passengers within 45 minutes of arrival.

One of the Director's personal goals is to connect Lisbon to every main European city, "but we still don't have a direct route to Athens."

Therefore, by 2010, it is hoped there will be a variety of new routes.

"We would also like to receive direct flights from China and Asia, and there has been interest shown from Asian airlines for a number of years, but until now we didn't have the aerobridges to accommodate that type of aircraft."

Another significant change in the pipeline is an agreement being finalised between the airport and emergency response medics INEM, which will allow trained airport staff to use two defibrillators located within the airport in the event of an emergency.

The use of defibrillators is only authorised when a medical institution accepts responsibility for the equipment, despite their presence not being physically necessary in the event of their use. Talks are ongoing though it is hoped that an agreement will be signed in August.

Developments between on-ground medical assessors and air control towers and/or flight decks are also taking place, so if a passenger on board an aircraft should fall ill, an assessment can be made along with a plan of action.

"Sometimes we get a warning that a flight is coming with a passenger on board who is in need of medical assistance, but we don't know exactly what is wrong with that passenger. Direct exchanges between medics, control towers and/or the aircraft will be a significant development".

The future of Lisbon Airport once it has been relocated to Alcochete has been the brunt of much speculation, some saying it should be transformed into an area of public use, others claiming it should remain an airport but solely for low-cost flights.

"In my opinion it should close", says Dr. Severino. "The country is not in a position to have two airports within Lisbon".

After spending a morning in the always-busy Lisbon Airport and being informed of just how precarious its situation is, one would expect the management department to be in a constant frenzy, and its Director somewhat stressed, but everything seems to be ticking over with apparent calm.

"Running an airport is a marvellous thing. I have dedicated 28 years to this cause. It is a challenge and not monotonous. I don't like monotony", Dr. Severino concludes.

Having devoted nearly three decades to ANA, accompanied so many significant changes and carried Lisbon Airport through one of its toughest times, will Dr. Severino be heading the move to Alcochete?

"No, I'll be gone by then", smiles the Airport Director who is just five years short of retirement age.

Carrie-Marie Bratley



Lisbon Airport Director Dr. Francisco Severino takes a break from his busy schedule to have a remarkably candid chat with *The Portugal News*. (Photo: The Portugal News)

## World Telecom PC Surgery

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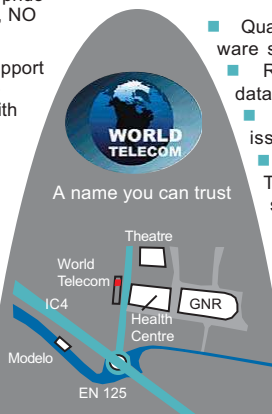
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# Madeleine's disappearance starts taking its toll on Praia da Luz



According to reports in the Portuguese press this week, the Ocean Club Resort in Praia da Luz, from where toddler Madeleine McCann went missing last year on May 3rd, has laid off at least half a dozen employees following poor occupational rates, said to be half the number registered 12 months ago.

## Minster praises GNR performance during Maddie case

Portugal's Home Affairs Minister, Rui Pereira, told the country this week he believed the GNR police had acted in an "exemplary" fashion during the Madeleine McCann investigation, and in "close collaboration" with the PJ police.

Refuting criticism that the GNR police had contaminated the scene of crime before the PJ started their investigation, the government representative guaranteed that there was communication between the two.

In his book 'Maddie, The Truth of the Lie', PJ ex-inspector Gonçalo Amaral criticises that GNR's behaviour during the investigation in Praia da Luz, where

the then three-year-old Madeleine McCann went missing from her bed in a holiday apartment belonging to the Ocean Club Resort.

He accuses the officers of disturbing the investigators' work, and maintains the child died in the apartment where she was on holiday with her family, who he suspects hid her body following a "tragic accident".



A view of the Ocean Club Village in Praia da Luz on 3rd May 2008, a year after Madeleine's disappearance. (Photo: Lusa / Luis Forra)

At least six long-term employees have been contacted to negotiate the annulment of their contracts and respective compensation.

Most of the holidaymakers there at present booked their holiday packages last year. Furthermore, newspaper *Diário de Notícias* claims travel company Mark Warner have stopped sending tourists to that resort, and in fact intend severing all ties with the

Ocean Club by the end of the year.

While the international economic crisis is being given as the main explanation for the drop in visitors, tour guide António Santos believes the 'Maddie Case' has also had an effect.

"As much as people may argue to the contrary, it has contributed", to the current state of affairs, he said.

"Until the child is found, dead

or alive, there will always be a feeling of doubt and unease amongst the English, who think there have been lots of errors in the way the Portuguese police lead the investigation into Madeleine's disappearance."

He added, "Even many of the retired British residents in Praia da Luz are leaving".

Lagos GNR officers guarantee they patrol the area every day,

but, António Santos says, "It is still not enough to transmit an image of real safety".

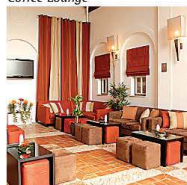
On the other hand, he stressed, "Portugal has become a destination that is too expensive for the English, due to the weakening of the pound, who have started to look to other destinations like Spain, Cuba and the Dominican Republic, which are more attractive and cheaper".



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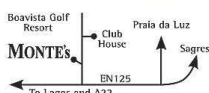
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# Sócrates presents priorities for Lisbon's turn at CPLP helm



First Lady Maria Cavaco Silva makes a speech at the closure of the CPLP session on 24th July at the Belém Cultural Centre. (Photo: Lusa / Miguel A. Lopes)



Prime Minister José Sócrates outlined Portugal's four priority areas for its two-year mandate at the head of the eight-nation Community of Portuguese Language Countries (CPLP) Friday, topping his objectives with the goal of promoting the shared language within the Lusophone space and worldwide.

Lisbon's other three goals, Sócrates told the opening session of a CPLP summit, were bolstering citizenship rights, "political-diplomatic" convergence, and strengthened cooperation in education, culture and energy.

He told the Asian, African and South American leaders assembled in Lisbon that he wanted the bloc's 7th apex meeting to be remembered as "The Language Summit".

On the language front, Sócrates recalled his government's recent initiatives in creating a 30 million euro fund to help disseminate and promote Portuguese and parliament's recent ratification of the final protocols for implementation of an accord to standardise spelling.

He promised to revive the bloc's largely dormant Cape Verde-headquartered International Institute of the Portuguese Language (IILP) with fresh funds and personnel.

The IILP, headed by Angolan linguist Amélia Mingas, would be given new tasks, such as creating a network of Lusophone schools, he said.

"The Portuguese (CPLP) presidency also plans to stimulate a network of extra-curricular

libraries, an online library and a project of television via the Internet that integrates the community's member states", Sócrates said.

As to the citizenship initiative, he called on all the "brother" countries to approve a Statute of Lusophone Citizenship to be elaborated in consultation with the public.

The Portuguese Prime Minister underlined past CPLP successes in dealing jointly with internal crises in member states, common support for candidates to international posts, and responses to peace and security issues.

He said the Portuguese mandate would seek to re-enforce further the convergence of political and diplomatic positions among CPLP members as Lisbon's third priority area, especially in terms of global energy and food security.

Lisbon, Sócrates promised, would also centre the bloc's multilateral aid and cooperation efforts in the fields education, culture and energy.

The Lisbon-headquartered bloc binds Portugal and Brazil to Lisbon's five former African colonies and East Timor. *TPN/Lusa*

## Brazil's Ubaldo Ribeiro wins Lusophone world's top literature award



Brazilian author João Ubaldo Ribeiro has won the Portuguese-speaking world's top literature prize 100,000 euro *Premio Camões*.

In announcing the award over the weekend in Lisbon, Portugal's culture minister, José António Pinto Ribeiro, described the 67-year-old novelist as a "great cultivator of the Portuguese language".

The six-member jury, drawn from Portugal, Brazil and Africa, said Ubaldo Ribeiro had been chosen for the prize in recognition of "the high level of his literary work", especially "the density" of the Portuguese, African and native American cultures revealed in his novels.

Contacted by the Lusa News Agency in Brazil, the author said receiving the Camões prize was an "honour" that did not come as a surprise because he considered himself "part of the team that could win".

Portugal's José Saramago, a Nobel literature laureate, reacted to news of Ubaldo Ribeiro's honour, saying he wanted to shout the title of one of his Brazilian friend's novels: "Viva o Povo Brasileiro!", or "Long live the Brazilian People" in English.

*TPN/Lusa*

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## UNESCO considering fund to promote Portuguese

UNESCO is studying the possibility of setting up a fund to promote the use of the Portuguese language, especially for the translation of the UN organisation's archives, a senior official told the Lusa News Agency.

Márcio Barbosa, UNESCO's deputy director-general, announced the possible initiative during the summit of Lusophone leaders in Lisbon.

"We can affirm that the Portuguese language lies at the heart of the future", Barbosa told the summit's opening session, underlining the language's

"multicultural richness", its use by some 240 million people worldwide, its growing presence in cyber space, and the "economic potential" of the Portuguese-speaking world.

He said UNESCO would also continue to support the work of the bloc's Cape Verde-based International Institute of the Portuguese Language (IILP).

## One in ten of world's hungry in Lusophone space, says UN

The growing global food crisis already affects some five million undernourished people in the Portuguese-speaking world, ten percent of the worldwide total of 50 million, the Director of the Food and Agriculture Organization (FAO) said.

Jacques Diouf announced the alarming figure at a summit of Lusophone leaders in Lisbon. He said the FAO remained

"seriously engaged with the efforts of CPLP countries to assure food security for their citizens", calling for "re-enforced efforts"

to supply farmers in poor countries with the "necessary instruments" to increase production. *TPN/Lusa*



# Madeira Governor says being governed by Sócrates “is an insult”



Speaking at the annual Madeira festivities at Chão da Lagoa, Alberto João Jardim guaranteed the Madeirans would do “everything” to force political change in Portugal.

“It has come to a point where we cannot wait for the opposition. It must be us, the people, changing Portugal. Know that you can count on us, the Portuguese from Madeira, to help make the necessary changes in Portugal”.

“Sócrates cannot continue to govern Portugal, in fact I think it is an insult for the Portuguese to be governed by Sócrates”, he said,

considering the Prime Minister a “great enemy of Madeira” due to the difficulties Jardim claims he has brought upon the region.

“That man, Madeira’s greatest enemy, thought he could destroy us, thought he could stop our progress by taking our money. That person does what is least ethical in a democratic state, he uses the state for political combat,” Jardim said accusingly.

After claiming Madeira is “occupied by colonial occupation forces”, like the PSP and courts, and that “the state doesn’t invest a cent in the region”, Jardim reiterated “au-

tonomy is made to help Portugal develop”.

He said Madeirans would not betray Portugal, but they would

not tolerate “being betrayed by fellow Portuguese”.

“I know how it is, in Lisbon, all those who could change Por-

tugal want to do is, at five in the afternoon, change their shirts and go home to watch TV. It is a cowardly country, a country

that has surrendered; a country that is completely resigned to its fate. But here in Madeira, Portugal has not given up.”



Madeira Socialist Party leader Alberto João Jardim during a traditional party festival in Chão da Lagoa, Funchal on Sunday. (Photo: Lusa / Homem de Gouveia)

## Portugal shows ‘confidence’ in future of world trade talks

Portugal, reacting to the collapse of world trade talks, has expressed its “confidence” that political conditions will arise to allow a future multilateral accord.

In a statement issued earlier this week, the government said it had “confidence that the political conditions needed for an ambitious and balanced multilateral trade

accord that produces concrete results for poorer countries will still appear”.

Lisbon said it had always backed the World Trade Organisation negotiations as it was “conscious of the importance of a just, balanced and ambitious result would have for both developing countries and for the European Union, including Portugal”.

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# Supermarkets to open 24 hours a day?



Photo: Lusa / João Abreu Miranda



The debate whether large supermarkets (hypermarkets) should or should not be allowed to open 24 hours a day, Sundays and national holidays, will be re-analysed by parliament in September. So far the Government has been unable to reach a decision on the matter, but the topic, or, more precisely, its impact is being studied.

The State Secretary for Commerce and Consumer Rights has said he will voice his opinion on the subject at a more suitable date.

APED – the Portuguese Association for Distribution Companies – defends opening on Sundays saying it is important and even supports the complete liberalization of working hours, to be arranged by companies and their employees.

While Social Democrats consider the current law “obsolete” and unfair, Portuguese communist party PCP sees closure as a rule on those days, but admits there should be exceptions, with limits to be complied with.

Left wing party BE (Bloco da Esquerda) proposes, on the other hand, full closure of large shopping centres on Sundays and holidays.

So far the government has declined to comment, as did the Ministry for Economy.

The Confederation for Commerce and Services in Portugal (CCP) considers the proposal “a fantasy” and “silly”. CCP’s

president, José António Silva, showed his complete opposition to fully liberal and unregulated work hours, stressing the high costs of maintaining a 24-hour timetable as the main reason.

“Total liberalization makes sense up to a certain point. Nothing can justify the need to keep a commercial establishment open all day and all night, because if we did, we would have to re-equate everything, even the possibility of going to the tax office or the bank at four in the morning”, he said, he believes it is completely illogical that anyone would want to go and purchase a packet of rice during the night.

However, the hypermarket sector vows to continue to fight for a change in the current law, so they can remain open on Sundays and holidays in the afternoon, as opposed to their current legal restriction which means they must close at 13h00 on those days.

It has been calculated that if opening hours were prolonged on these days they would equal a month’s shopping, in the region of millions of euros.

# Man shoots neighbour believing he sodomised his pet cat



A man has been jailed for five and a half years after shooting one of his neighbours, a homosexual, who he claims committed an act of sodomy with his cat and made the animal homosexual too.

Fifty-three year old José Maria Correia, a waiter for 32 years, was sentenced by the São João Novo courts, Oporto, for the crimes of attempted murder and owning an illegal weapon. The incident took place on October 27<sup>th</sup> last year.

A second neighbour was also injured in the shooting, which took place after the man asked for help in catching his pet.

He asked neighbour Anabela Silva Cruz to help catch the animal which had escaped on to an adjacent piece of land. A second neighbour, homosexual José Pedro Macedo, who was at his window, saw they were having trouble in their attempts and offered his help too.

As he tried to join in the mission, José Correia yelled insults at his neighbour concerning his sexual orientation.

After catching his pet, José Correia went to his neighbour’s house with a 6.35 calibre Browning pistol.

Anabela Cruz remained on the property’s patio and was injured when the Browning was fired.

Courts proved that it was a case of mistaken identity, that

José Correia believed it was his other neighbour on the patio, and was convinced José Pedro “was a homosexual and that there had been contact of a sexual nature between the neighbour and his cat.”

Anabela Cruz, a secondary school teacher, was rushed to the São João hospital and had a surgical procedure which resulted in a 23-centimetre scar.

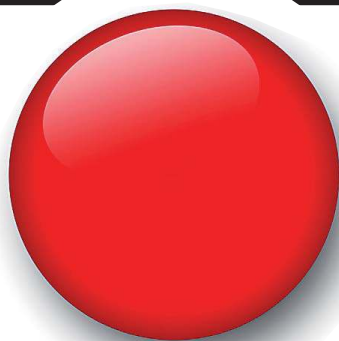
The Court further proved José Correia acted in a deliberate and conscious manner with the intent of killing José Pedro, considering his posture during the trial as “deeply concerning” and with “homophobic attitudes.”

Police searches resulted in the seizure of more ammunition from the man’s home, who was known locally as ‘Zé Pistoleiro’.

“Shooting someone for being a homosexual and for supposedly having sexual intercourse with a cat he helped rescue and for making the animal homosexual too is possibly one of the silliest motives I have ever heard in my life”, said the magistrate.

José Correia was further made to pay Anabela Cruz over €22,000 in compensation.

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## Man pays €10,000 to secure a place in heaven

This week Amarante GNR received a complaint from an elderly man who said two strangers had talked him into withdrawing ten thousand euros from his bank to “secure a place in heaven as well as in the local Santa Casa da Misericórdia” retirement home.

The swindlers, said to be in their forties, also persuaded the man to make a charitable donation to Santa Casa da Misericórdia.

They approached him in the town centre and used the names of well-known local benefactors to convince the elderly gentleman, said to be aged between 70 and 80, to go to his bank and withdraw the money.

After handing over the money the men asked the pensioner to go to the post office and buy stamps. He only realised that he had been duped when he emerged from the post office with the stamps and found the two men gone.

Despite some official investigation, there have been no signs of the alleged swindlers.

## Beach massages rubs Navy up the wrong way



The Southern Maritime Command (CMS) has prohibited any ‘intimate situations’ on Algarve beaches and, apparently, paid beach massages fall into that category. The lack of rules regulating beach entertainment seem to have given the Captain of the CMS the power to enforce his own opinion on different matters and beach concessionaires have to abide by his decisions.

President of the Algarve Association of Hotels and Tourist Developments (AHETA), Eldérico Viegas, considers this new development to be characteristic of the silly season and can only be considered as a prank.

But the CMS chief is adamant that putting oil on others while sun bathing borders on the immoral.

“There are massages and then there are massages”, he says, and has expressed the hope his new law will help avoid overly “intimate situations.”

In a statement to Portuguese radio the Captain explained how he reached his decision to prohibit massages “Everybody knows how they begin, but nobody knows how they end.”

President of the Algarve Tourism Region, António Pina, is upset by the Captain’s statement “I think the activity must be regulated and practised by qualified people. I’m in favour of beach massages, like they do in Thailand and Brazil, as long as the public’s health is protected.”



# EU approves proposed acquisition of VW by Porsche



The European Commission has cleared the proposed acquisition of Volkswagen of Germany by the German company Porsche under the EU Mergers Regulation.

After examining the operation, the EC concluded that the transaction would not significantly impede effective competition in the European Economic Area (EEA) or any substantial part of it.

Porsche develops, manufactures, markets and sells passenger cars, in particular sports cars and sports utility vehicles (SUVs).

Porsche Holding is mainly active in the wholesale and retail distribution of passenger cars and spare parts in several countries in the EEA.

Besides distributing passenger cars of the Porsche brand, it has also been active in the wholesale and retail distribution of Volkswagen's car brands in a number of countries for several years. Porsche Holding is also active in the wholesale and retail distribution of other manufacturers' car brands in several Member States.

Volkswagen, one of the largest car manufacturers worldwide, develops, manufactures, markets and sells passenger cars and light commercial vehicles, including spare parts and accessories. The company also distributes vehicles.

The Volkswagen Group includes the vehicle brands Volkswagen, Audi, Seat, Skoda, Bentley, Lamborghini and Bugatti.

Porsche and Volkswagen have been cooperating for many years, for instance in the development of sports utility vehicles (SUVs). Porsche is already the largest shareholder in Volkswagen.

In June 2008, Porsche entered into a share purchase agreement to acquire an additional share of 4.92% of the voting capital in Volkswagen. After the transaction, Porsche will be in a position to exercise de facto control over Volkswagen.

While Volkswagen is active within a wide range of different types of passenger cars and commercial vehicles, Porsche is focusing on sports cars and SUVs.

The EC's examination of the transaction showed that horizontal overlaps between Volkswagen and Porsche are limited and that, for all car segments concerned, Porsche will continue to face several strong, effective competitors with significant market shares.

The EC also considered potential effects of the merger on the markets for the manufacture and supply of spare parts and on distribution markets but concluded that the transaction would not lead to any negative effects on these markets.

A file picture dated 04 June 2007 shows the emblems of Porsche (L) and VW. The European Commission has given the go-ahead on the takeover of German automobile giant Volkswagen by the much smaller sports car maker Porsche, a decision which could be a milestone for Porsche. (Photo: EPA/Patrick Seeger)



## Access to air transport for people with reduced mobility

This week witnessed the establishment of new rules that will give the disabled and the elderly access to air transport comparable to that enjoyed by all other passengers flying to or from, or passing in transit through, airports in the European Union, with no discrimination and at no additional cost.

"The phasing-in of these rules will put an end to discrimination and give disabled and elderly passengers the help they need when travelling. These new rights constitute a major step forward in efforts to create a Europe for all citizens", says Antonio Tajani, Vice-President of the European Commission responsible for transport.

About a third of the EU's population suffer from reduced mobility. These are mainly disabled people and the elderly, while others are unable to walk the long distances often required in modern airports. However, comprehensive assistance, free of charge, is not provided everywhere or by all airlines.

For flights from airports in the EU and for flights from third world countries to an airport in a Member State, if the carrier is European the Regulation prohibits airlines and tour operators from refusing to take bookings from passengers, or to carry them, because of a disability or reduced mobility.

The only restrictions allowed are on safety grounds, these having to be duly substantiated by national or international regulations, or if it is technically impossible to carry such passengers, e.g. because of limited space in the aircraft. This should put an end to the – generally unintended – discrimination seen up to now.

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Urban Zooms



# Sasha's Summer Sessions extraordinaire

Summer officially arrived last Friday with the inauguration of Sasha Summer Sessions. As one would expect there was lots of glamour, music and, most of all, very long queues as people ran for the gates to be some of the first at the 25-day sizzling, summer bash.

A spectacular ten minute fire-work display initiated the festivities at around midnight and the evening's chosen DJ, Pete Tha Zouk, Portuguese internationally renowned DJ, arrived at around 03h00 to rock the 3,000 strong party till dawn.

The club this year is outstanding with several chill out areas, a VIP area, VIP tents, a massive dance floor and many bars situated within the enclosure. Parties will be held nightly until August 18<sup>th</sup> in the biggest and longest beach party of the summer.

Over the past three years, Sasha has become a marketing tool for Portimão and last year the Council started to realise its potential and, wanting to elevate the event to a higher level, signed a three year contract with Sasha Beach.

During 25 days and nights, the space allowed for Sasha Summer Sessions is partially owned by entrepreneur Luís Evaristo, owner of Sasha Beach, and ExpoArade, the events arm of Portimão Council. Takings will be split 50/50 up to 900,000 and then 80/20 (in the Council's favour) from thereafter.

Days before the inauguration of the Summer Sessions, political parties of Portimão, PSD and

CDS-PP, expressed their disapproval on the partnership between ExpoArade and Sasha.

Although many people might say Sasha has transformed Portimão into a celebrity hotspot over the past three years, these two political parties think Portimão Council spends too much money, time and effort promoting this event and say taxpayer's money is going to waste.

A press conference was held on the inauguration day by Portimão Council, with Luís Evaristo present, to argue their point of view. Using figures for 2007, Manuel da Luz, Portimão Mayor, said the Council had made a loss with their investment in Sasha beach. They invested €1.1million in and received €800,000 in return. Despite this €300,000 loss, Manuel da Luz explained, using figures resulting from a study carried out by Universidade do Algarve, that for the Council to have the same advertising value it would have to spend €2 million. The same study sought to check the economic impact Sasha Summer Sessions had on Portimão and it verified that the total return in 2007 was €9.5 million, an extremely positive outcome.



The party season has begun. (Photo: Tommy Broad / The Portugal News)

## Body washes ashore at Lagos beach

Last Saturday the body of a man in his swimming trunks washed ashore at D. Ana beach in Lagos. Maritime Police say a heart attack was the cause of death.

Maritime Police, in a statement to *Lusa*, said the 47 year old man was a regular long dis-

tance swimmer in Lagos, regularly swimming from Lagos' pier to Meia-Praia beach and must have suffered a heart attack whilst swimming. His body appeared at D. Ana beach on Saturday afternoon and was removed from the sea by a Life Guard boat, from Ferragudo.

## Vilamoura Beach regains 'Blue Flag'

Having been stripped of the privilege of hoisting the Blue Flag two weeks ago due to the water quality not reaching compulsory standards, Vilamoura beach has now regained the award after new tests showed the water quality as 'excellent'.

One week was the actual period of time Vilamoura beach

did not have the 'Blue Flag' and after new tests were carried out by the Regional Development Commission, the water quality was back to its high standard.

The 'Blue Flag' award is only taken away after three consecutive analysis show the water has only an 'acceptable' quality.

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# 10th Anniversary of Rhythm of

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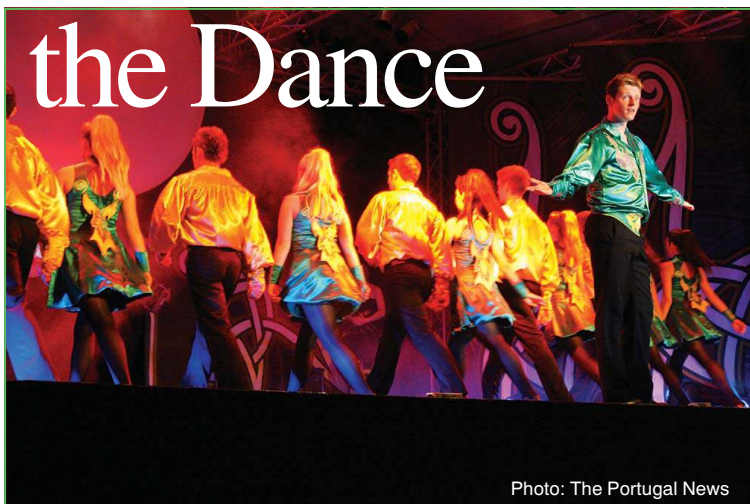


Photo: The Portugal News



Fancy footwork, colourful costumes and traditional music including accordion, fiddles, bodhrán and whistle pay a stunning tribute to the Emerald Isle.

An enjoyable dance and music extravaganza, containing a wealth of talent derived from all areas of Irish life, the show is an inspiring epic, reliving the journey of the Irish Celts throughout history, using modern dance and music. This richly costumed show marries the contemporary and the ancient, combining traditional dance and music with the most up to date stage technology, the show is a thousand year old story executed with all the advantages of the modern day stage show.

Since its debut performance in 1999 on a stage in Norway, Rhythm of the Dance has toured

consistently internationally and is achieving greater critical acclaim year after year.

Rhythm of the Dance is a wonderfully gifted, young cast of dancers, musicians, including three Irish tenors, and played to over five million fans in 36 countries worldwide and has heralded a new era in Irish entertainment. Featuring live performances from the entire troupe across four continents.

This wonderful show continues to evolve thanks to the constant striving for perfection by its Director/Producer, choreographers and composer to keep the show fresh and interesting so that audiences who attend performances regularly will always find some new and exciting elements within the programme.

The nightly shows are at Fabrica do Inglês, Silves until 30 August, and a visit is a must.



Live music. (Photo: The Portugal News)

## Living the Dream



Don't miss 'Living the Dream Revisited'.

For those of you who enjoy 'fly on the wall programmes', cast your mind back to four years ago when the Tartaglia family were featured in the 'Living the Dream' programme. We were able to follow this family putting down roots from their home in Wales to fulfilling a dream of owning their own Italian Restaurant in Portugal.

Cooker, golfers, lasagne, wine, stress are just a few words that come to mind when remembering their opening night.

At 7pm on Monday 4<sup>th</sup> August on BBC2's 'Living the Dream Revisited' programme you will be able to catch up with the Tartaglia family and find out how the Karissa, Selina, Peter and Sofia have settled not only

into the Portuguese schooling system but how they have become part of the community. Also how Janet Tartaglia has gone from being the owner/front of house/cook at the Scarinzi Restaurant to becoming the Manager of Lloyd & Whyte International Ltd - one of the leading Insurance brokers in the Algarve.

# Castelo de Sonhos Picnic

This year, the Picnic in the Park is to be held in the spacious gardens of a beautiful quinta close to the village of Poço Barreto.

It will begin at 6pm on 6<sup>th</sup> September celebrating the 10<sup>th</sup> anniversary of the Castelo de Sonhos.

Come along with all you need for a picnic. It may be a travel rug and a snack or why not go the whole hog and bring tables, chairs and perhaps a candelabra and Jeeves?

There will be live music playing for your entertainment.

Admission is just €5 per person, accompanied children, under 12 years, free of charge.

Raffle and proceeds of the event will be donated to the Castelo de Sonhos.

For more details and directions please contact Celia and Dave on 282 332 665 or e-mail dacemoss@sapo.pt

Contributed



Picnic area.



Fantastic and powerful dancing. (Photo: The Portugal News)



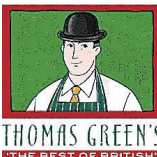
Singing the Irish tunes. (Photo: The Portugal News)

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## Obituary - Susan Saunders

Susan died suddenly at home in Pêra on 2nd July, 2008.

My thanks go out to all who attended the funeral on the 10th July, and who sent cards, flowers and donations.

We raised €500 on the day for INEM and the fire department whose heroic efforts to save Susan I will always be grateful for. May your own God bless you. Malcom, Nicola and Vanessa



## Blood donors needed

Portimão's Barlavento Hospital launched an urgent appeal for its population to give blood last week as the reserves are at a very low level. Some operations have been postponed so the remaining blood can be used for emergency situations.

Director of Haematology Department at Barlavento Hospital, Roger Oliveira, explained the situation "We are not at breaking point yet, but reserves of all types of blood are well below the Hospital's needs, which has been delaying some programmed surgeries for emergency cases."

According to the director, the

sudden decrease in the hospital's blood reserves is due to three patients with haemorrhages in their digestive system, requiring over 30 units of blood each.

In order to avoid a crisis situation, an appeal is being made to replenish the reserves. "If new patients needing blood arrive, the hospital might not have the capacity to help them" said Roger Oliveira, adding "If there are urgent situations, the patients will have to be transferred to other hospitals, which can be risky."

If you are interested in donating

# Two tonnes of hashish seized in Silves



Judiciary Police arrested three men suspected of drug trafficking in Silves last week, in connection with two tonnes of hashish seized, in the 'Dom Rodrigo' operation.

According to Judiciary Po-

lice, the men, caught 'red handed' with 73 packages of hashish, almost 5 million individual doses, that were to be delivered to Spain.

Three cars were also seized from the three foreign individuals in their thirties. The

men had connections with Seville and were responsible for bringing the hashish into Portugal for distribution throughout Europe.

The three detained were still in custody after their first interrogation in Lagos.

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## Formosa Estuary prohibited for kitesurfers and windsurfers

After several accidents occurring in the estuary this year, Maritime Police have prohibited kitesurfing and windsurfing as a preventative measure, much to the displeasure of the sport enthusiasts.

The high-speed sports have been causing problems to vessels crossing the estuary and many other injuries have occurred due to these adrenaline fuelled sports. Two days before the document prohibiting the sports was issued (July 9<sup>th</sup>), a woman was almost decapitated and a few weeks prior to that a windsurfer hit a small boat and was taken to Intensive Care at S. José Hospital with serious injuries, where he remains to this day. These are only two examples of the several accidents that have taken place in the Formosa Estuary.

The Maritime Police say they do not object to the creation of "areas to practice these sports as long as safety measures are taken."



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*The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be no more than 300 words to: The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@the-news.net. Fax: 282 341 201.*

### Thank you all

SIR, I would like to thank everyone, doctors, ambulance crew, police and all the very kind people here on Sunday, July 20th, when my husband George Hunt suddenly died. I do not know everyone's name, but "Thank you" all very much, also thank you to my family and friends from England, who are with me through this ordeal. The funeral was on Wednesday, 23rd July in Armadao de Pera Cemetery, in the sun which my husband loved so much.

MRS. R. HUNT, Armadao de Pera

### Vicious attack

SIR, During a recent visit to Alvor I was shocked to read about the attack on Patrick Hall. I have visited Portugal frequently during the last 25 years and have always felt very safe. I am amazed to learn that because this thug was under 16 he is free to do whatever he likes without any action from the authorities.

I think most sensible Portuguese are aware of the economic benefits that foreign visitors and residents bring to the country and perhaps some more mature under 16 year old may feel it fitting to teach this lout some manners.

J. A. TEACHING-ROGERS, Leicester, U.K.

### Thanks to Alvor G.N.R.

SIR, I had occasion to call the GNR in Portimão to come to Alvor and was (I admit) amazed when they arrived within three minutes, not least because my Portuguese leaves a lot to be desired. They dealt with the situation immediately and profession-

ally. Unfortunately I wasn't able to thank them personally, so would like to do so via your newspaper. "Thank you" to my two knights in shining armour.

SHERYL HUGHES, Alvor

### Cliff Richard at bottle signing

SIR, Thank you so much for the article on 12 July about Sir Cliff Richard attending the Apolonia Supermarket in Gale on Thursday, 24th July.

I was able to inform a friend who is also a Cliff fan and her husband drove us to Albufeira (over 3 hours) from the Silver Coast on the Wednesday evening (after arriving in Albufeira it took us another hour to actually locate the hotel we had booked!) We arrived at the Apolonia Supermarket about 8.45am on Thursday morning and bought our wine and also something to eat for breakfast and joined the 6 people already waiting, by 11am the queue had extended a long way behind us.

I was thrilled to actually talk to Cliff after being a fan since 1958 (I first saw him in a concert at the Guildford Odeon) but this was the first time that I had been able to meet him, so thank you once again for informing us of this wonderful opportunity - it was too good to miss.

PAMELA PATTEN, Caldas da Rainha

### Never paint again

SIR, It would be appreciated if you would print this e-mail as a warning to home owners wishing to repaint their properties.

Two years ago I contracted Four Seasons Paint (now operating as All Seasons Paint) to repaint my house based on the advertise-

ment that appeared in your journal and in the belief that the paint job would last for a guaranteed minimum of 15 years.

One year later the paintwork showed signs of degradation and the company tried to rectify the faults (nothing to do with dampness etc.) ... since then the painters have disappeared and do not give any signs of fulfilling their obligations under the guarantee. Now after two years the finish on my house is worse than before it was painted and the company is just ignoring my complaints and requests for service sent by e-mails and telephone calls.

I now intend to take this matter to the Consumer Protection Agencies in Spain and Portugal as the finished product does not justify the high initial cost and wonder if any other reader has had a similar problem and would like me to include them in the process as the languages necessary will not pose any problem. If so, please contact me by e-mail with details.

In closing I would like to comment that I really enjoy your letters section but think too much emphasis is given to religious matters particularly when there are so many causes of concern due to improper actions of politicians, EU and governmental organs considering the high burden of taxation we have to endure.

BOB AYRE, By e-mail

### Re: Looting of post boxes

SIR, I read with interest the report of post boxes in Silves being looted (Portugal News 26th July) and the report from your reader that he would have to pay for a statement to be made in the complaints book at the local police station. I recently had yet another theft from my villa (the third in the past two years). I went to Silves GNR to report the theft (this time for goods to the value of €2,500; previously goods to the value in excess of €12,000) I can substantiate your readers experience as I was also asked to pay €10

to complete the Incident Report. The police refused to come and visit the crime scene as they stated that they did not have the staff and no one had been injured. Nor did they intend to circulate details about the stolen goods. The Incident Report wasn't even dated. Moreover, the GNR were unable to retrieve records of the earlier incidents. I have lived here for almost 10 years now and it is very clear that the police are much more interested in standing by the roadside and penalising drivers for minor road traffic misdemeanours. I suppose that this latter action generates revenue; solving crimes merely improve statistics. That is, of course, assuming that the crime is ever officially registered.

NAME & ADDRESS SUPPLIED

### Shopping basket comparison

SIR, On 19th July you compared various grocery items at Tesco in UK and Continente in Portugal. Whilst comparisons are useful I'm not sure that this is a true comparison, it is rather like comparing Tesco with Asda or Continente with Modelo. Perhaps it might have been more representative if you had chosen Lidl or Aldi as both these stores have branches in UK and sell the same products. In addition both Aldi and Lidl have stores throughout Europe, so comparisons could be made in other countries other than UK.

JOHN HILL, Tavira  
*There is no perfect way to conduct a comparison of products purchased in different countries. Since the last survey we have standardised the items to specific products and brands where possible (its not possible with eggs for example, but possible with rice). We feel that the market position of Tesco and Continente is a good match bearing in mind the market sector the appeal to and the pricing strategies they employ.*  
Ed.

### Reply to Norman Walker

SIR, So Norman Walker thinks that (unlike Jimbo Ross) "Michael Baugh's knowledge of theology and his desire to quote the opinions of people few of us have heard of is boring". Well, that's a bit rich considering the flood of obscure quotes and dodgy websites (see Len Hague's letter 19th July and mine of 21st July) J.R. offers readers every week and N.W.'s snide remarks are uncalled for.

I know I am risking another tsunami of 'facts' but I see that JR has come full circle again: 'The existence of God is demonstrable by deductive reasoning'. How about a bit of demonstrable peer tested proof for a change? I am glad he is not suggesting that M.B. and I are having tantrums in the pages of the **The Portugal News** because I probably got away with two tantrums as a child. On the third occasion my mother would have given me such a wallop that the pain in my throbbing ear more than outweighed the satisfying disturbance my behaviour had caused up to then.

I don't know how my dear old dad got dragged into this discussion. My reservations about a god have nothing to do with 'a pathological hatred' of my father, but everything to do with fundamentalists like JR who from the age of ten tried to force me to believe what they believed and turn me into what they are.

Finally, not being governed by the bible, I have to confess that all my sexual activity has been aimed at pleasure while avoiding pregnancy. Some of these part time celibates remind me of the lady who, after a satisfying bout of rumpy pumpy, asks in a languorous voice, "Dahling, do the poor people do this?" "I think so dear". "Well, it's much, much too good for them".

RON LAVERY, By e-mail

### Gay relationships

SIR, Hemingway's 'The Sun Also Rises' is the tale of a soldier who is unable to marry due to being rendered impotent (not sterile) from a war wound. Even anti-Catholic Hemingway could see that the inability to perform the conjugal act was an impediment to getting married (but not being married if rendered so later). Gay sex, which is not only inherently sterile, but also impotent as far as making the couple two in one flesh, is never unitive or conjugal sex. It is isolating auto-eroticism.

In anticipation of someone accusing me of overly stressing the physical sex act at the expense of the emotional, let me remind readers that the platonic error called Angelism said that humans are souls merely trapped in bodies. This at the center of the androgynous gay/transgender movement.

Gay marriage is all the rage at the moment. It will pass away only to be replaced by another lie. What won't pass away are Jesus' words, "In the beginning, God made them male and female". Thanks to N. Walker for the kind words (July 19).

JAMES ROSS, Estoril

### Please demonstrate the existence of God

SIR, I am intrigued by Mr. Ross' statement that the existence of God is demonstrable using deductive reason, paraphrased for letter 'belief in angels' 19th July 2008. I fail to see how this can be done and invite you to enlighten me. I notice you have avoided the word 'Prove'

for which I am grateful.

You are on record as saying sex is for procreation only and in this as a scientist I must agree with you. I would however like to point out that sex and love making are two very different things. Although heterosexual lovemaking often includes the sex act it is neither central too nor required in lovemaking. Homosexual lovemaking can not include the sex act as no procreation can take place. It is therefore obvious that homosexual sex is a contradiction in terms.

ENGLISH ARCHER ESQ.,  
By e-mail

### Equitable Life: Campaign for compensation begins

SIR, My name is Graham Richards and I moved to France in December 2005 with my French wife Josette Andree and we live in Nerac, Lot-et-Garonne (Department 47). In England I worked as an independent consultant/senior project manager, advising many major financial/investment banks on change management and also restructuring and correcting several projects which had gone out of control and needed urgently sorting out.

Like a lot of other professional men and women I took out several pensions with Equitable Life. Also like many others I calculate that I have lost over half of what I was told I was originally entitled to. This has made the headlines many times and the culmination was that yesterday (17th July) the parliamentary ombudsman Ms. Ann Abraham published her long overdue report. The report is both damning and critical of the Treasury, the Financial Services Authority and the government Actuaries Department and recommends almost immediate pay out of compensation to us the policyholders. It also singles out Gordon Brown for his role in overseeing the Treasury when he was Chancellor of the Exchequer.

An action group has been set up in the UK called EMAG and to augment this EMAG Europe has now been set up and I am the co-ordinator for Europe. The Times and Daily Telegraph newspapers have both been very supportive of us and a full list of articles can be found under search "Equitable Life" on GOOGLE News UK. Also I am pleased to announce that the English language newspaper Connection which is published here in France will be highlighting this issue in their edition due out on 1st August.

I know that there are many English expatriates living in Portugal who have also taken out policies with Equitable Life and would ask that The Portugal News support us on this important issue. The English language Italian newspaper the Informer will also be publishing the article as will several English language Spanish newspapers.

I can be contacted by post at: 'Lavery', Route d'Espines, Nerac 47600, France or Tel. 0033 (0) 553 65 51 72. My e-mail address: graham@emageurope.org and website: www.emag.org.uk - there is a separate website for Europe being built at: www.emageurope.org, it isn't finished yet but all the necessary information is on the UK website.

Anybody wishing to assist should contact me, your support for this issue will be highly appreciated.

GRAHAM RICHARDS,  
France

357

## Portuguese for all

Na lição de hoje vamos trabalhar com alguns textos sobre momentos que marcaram a vida de algumas pessoas.

Até à próxima lição, Emília Rosendo.

**Exercise 1: Make nouns/adjectives from the verbs/nouns in brackets and complete the texts below.**

O momento mais \_\_\_\_\_ (marcar) da minha vida \_\_\_\_\_ (viver) foi ...

❖...quando os meus pais me ofereceram um carro. Eu não contava com esta tão \_\_\_\_\_ (agradar) surpresa. Era um carro \_\_\_\_\_ (simplicidade), em segunda mão e a \_\_\_\_\_ (provar) da minha maturidade.

❖...o \_\_\_\_\_ (nascer) do meu filho. De um momento para o outro apercebi-me do meu \_\_\_\_\_ (valer) em relação àquele ser tão \_\_\_\_\_ (fragilidade) que era meu.

❖...quando comecei a trabalhar. Não só por razões \_\_\_\_\_ (economia) mas também por \_\_\_\_\_ (realizar) pessoal. Afinal, estava a pôr em \_\_\_\_\_ (praticar) tudo aquilo que tinha aprendido durante o meu curso.

❖...o \_\_\_\_\_ (falecer) de um bom amigo meu. Foi há algum tempo mas ainda me custa pensar que ele já não está mais entre nós.

❖...o dia do meu \_\_\_\_\_ (casar). Optei por uma cerimónia \_\_\_\_\_ (informalidade) e, apesar de alguns contratempos, vivo muito \_\_\_\_\_ (felicidade) .

❖...quando saí do hospital depois de uma \_\_\_\_\_ (delicadeza) \_\_\_\_\_ (operar). Foi um período muito \_\_\_\_\_ (dificuldade) em que compreendi que a saúde é o bem mais \_\_\_\_\_ (valor) que há.

**Exercise 2: Find words or phrases in the texts which mean the same as:**

1. decidi-me

2. motivos

3. altura

4. esperava

5. problemas

6. subitamente



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## Jas Essential Oils



With pharmaceutical companies spending millions on a daily basis to find new, revolutionary products, isn't it odd that the most effective ones always come from what nature provides?

Jenny Storan, better known as Jas, only sells 100% natural products and has just added Emu oil to her collection. Scientifically proven for its wonders, it is a must have for the medicine cabinet in your home.

that soothes existing bites whilst repelling other insects.

Concentrating solely on 100% natural products, Jas has recently brought in a new addition to her collection, Emu oil.

Although Aborigines have relied on it for thousands of years, only recently has Emu oil been recognised by doctors and scientists for its unique healing properties. Scientific studies have shown that Emu oil is highly moisturising, a natural skin softener and also has rejuvenating properties (reduces the depth and length of fine lines and wrinkles). Emu oil is also an anti-inflammatory, hypo-allergenic (non-irritating), non-

Besides selling the Emu oil in its pure form (€16.99 for 60mL bottle), Jas has combined the Emu oil with Aloe Vera pure extract to produce a face cream, which, unlike most beauty parlour creams, provides long-lasting results. This all natural cream works in a gradual way, nurturing and feeding skin from deep within, the effects not being immediately visible.

Jas says the main problem of most face creams is the fact that skin is not able to absorb 90% of them and that their products are for 'quick-fix' solutions and not for long lasting effects. The face cream costs €25.00 for each 60ml bottle.

Despite only selling the pure Emu oil at Terra da Harmonia Health Shop in Praia da Luz, other products of hers can be bought from several outlets in the Algarve: Vienna's Salon in Lagos, Mary's Health Shop in Praia da Luz, Water Dog in Armação de Pêra, Bookworm in Albufeira, Magna Carta in Alvor, Vanja's Nail Salon and The Fools and Horses Pub in Lagos, the Griffin Bookshop in Almancil or the Spa section at Vila Vita Parc Hotel in Armação de Pêra.

All Jas Essential Oils products can also be ordered via their website and Jas also does a cash on delivery Post Office service with free posting and packaging.

For more information see website: [www.jasessentialoils.co.uk](http://www.jasessentialoils.co.uk), call: (+351) 916 044 779, or e-mail: [jennie\\_storan@hotmail.com](mailto:jennie_storan@hotmail.com).



Jas Essential Oils was an idea that rocketed into a business after Jas created an insect repellent in Portugal a few years ago and suggested it to friends. After several trials and unbitten nights, all her 'test subjects' gave an immediate positive response and came back to purchase some of the 'liquid gold'. Word of mouth was so intense Jas saw her window of opportunity and established Jas Essential Oils. With 15 years of aromatherapy under her belt, Jas felt she had the knowledge and the drive to build up the business from the wonder product



comedogenic (does not clog pores), is totally natural and non-toxic. With all these characteristics, Emu oil can treat a wide-spread list of problems such as arthritis, burns, carpal tunnel syndrome, gout, muscle pain, psoriasis, rosacea, skin rashes, and surgery scars among many, many others.

## Euro Business Center



Targeting companies and individuals attempting to establish themselves in Portugal, Euro Business Center provides that much needed extra push to integrate companies into the Portuguese market.

Lúisa Jacinto started the business 10 years ago after realising the Algarve did not provide emerging businesses with any practical help with all their documentation and paperwork. As everybody agrees, Portugal is a document-friendly country and often this can prove to be a huge obstacle for many people striving to move their company forward.

With many years experience in the field, Lúisa felt her administrative expertise, her contacts and her ability to speak two languages fluently would be of great use for these people who continually run into the same problems.

The chosen location for her business venture was Almancil as she noticed the demand and the quantity of foreign businesses emerging in the area.

Euro Business Center's first services were merely translations, copies and secretarial services but these areas quickly expanded and opened the flood gates to other opportunities which could fit into the company's profile.

Growing confidently and consistently over the years,

Euro Business Center now offers a wide range of services, providing personalised administrative solutions such as diverse secretarial services, which include typing, mailings, telephone answering service,

you require and together we can source a solution."

Their offices are located opposite the Santander Totta bank on 5<sup>th</sup> October Avenue, open from 09h00 to 18h00, including lunch time.



payments, technical and non-technical translations, and documentation (contracts, residence permits, driving licenses, passports, fiscal cards).

Lúisa says, "Let us know what

For more information on Euro Business Center, please call 289 399 642, email: [eurobusinesscenter@sapo.pt](mailto:eurobusinesscenter@sapo.pt) or visit their website: [www.eurobusinesscenter.net](http://www.eurobusinesscenter.net).

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## Pool without water



Frederick J. North Lda is in the business of providing fun throughout the Algarve, by means of the supply and servicing of Pool and Snooker Tables (New and Refurbished), Outdoor Trampolines, Ping-Pong Tables (Indoor and Outdoor), Football Tables, Arcade Machines, Pinball Machines and Air Hockey Tables. In short they are the Algarve's most dedicated Games Room Equipment supplier.

The company's aim is to improve leisure time both in bars and at home.

One part of F.J. North's services is the selling of domestic games room equipment to private households all across the Algarve.

According to F.J. North, private customers are often surprised how affordable it is to have, for example, a pool table installed at home, often saving time and money buying from Frederick J. North Lda rather than direct from the United Kingdom.

This is because F.J. North is the exclusive distributor for a number of leading UK Manufacturers and therefore has been able to arrange special pricing discounts, which in turn means that that they usually beat the price given direct to customers here in the Algarve from other UK Suppliers.

There is always a good stock available, so delivery times are normally two or three days, rather than weeks. Additionally, of course, experts are on hand to set equipment up, offering advice and providing an excellent after-sales service.

Something no UK-based supplier can boast.

The other side of the business is the supply of coin-operated

games room equipment to bars and restaurants.

All revenue is split on a 50/50 basis, so a pool table or arcade machine placed in a bar can serve as both an attraction, and provide significant additional income.

F.J. North supply, deliver and maintain the equipment at no charge.

The company is now very well known in the Algarve, having been around for over twenty-five years.

import pool tables from the United Kingdom, meaning they can, if required, provide 6ft x 3ft Pool Tables. This is important since most people don't realize that they have enough room for a pool table. Believe it or not, even allowing for reasonable cue-ing space, a 6ft x 3ft pool table will fit in a space of just 12ft by 10ft!

F.J. North also ensures that all coin-operated pool tables that are placed inside a bar (as opposed to



They are constantly increasing the number of sites and are always on the look out for new ones. One call could open up sources of revenue previously not even considered, and consultation costs you nothing.

One of the benefits in using Frederick J. North Lda is that they

outside on a patio) are either brand new or less than 12 months old. Everybody is welcome to visit F.J. North and see their equipment firsthand; visit [www.fjnorth.net](http://www.fjnorth.net), contact Suzi on 912 264 905 for domestic sales or Steve on 917 846 242 for coin-operated equipment.

## Premier FX Group, currency exchange specialists and independent mortgage advisors



Premier FX Group comprises a well established currency exchange specialist division and its dedicated mortgage section, Premier Mortgages. Their aim is to make your currency transactions stress free and easy to understand.

Exchange rates are sourced direct from the Foreign Exchange market so are much more competitive than the high street banks with the added advantages of free transfers and no minimum amounts, the customer focus is extremely apparent.

For the non-resident mortgage market Premier Mortgages covers a wide range of products sourced from a panel of banks. Products include property purchase, equity release & re-mortgage, and construction loans along with expertise in financing offshore mortgages of company structures. Many clients are using the equity release product in Portugal. With a relatively low exchange rate, it gives the client the opportunity to release funds from their overseas house for repatriation back to the UK to pay off the mortgage on the main residence there. Alternatively funds can be raised for renovation or to buy another property.

The company believe their focus on a high standard of service and attention to detail to their clients needs enables them to be uniquely positioned in offering a wide range of financial solutions

based locally, giving them a distinct advantage as clients are able to meet and receive a more personal service.

With the recent turbulence in global financial markets, currency volatility has become an increasingly important factor. The pound against the euro over the past year has impacted many people from the UK that own property in Portugal or live here. Now more than ever it is important to take advantage of the services of a currency broker such as Premier FX whose extensive knowledge of currency markets and access to the most competitive exchange rates will enable you to achieve the best rate possible when exchanging your currency. Whether it's to buy a property, make regular payments to service a mortgage or convert your pension into Euros, Premier FX will make sure you get the best value for money when it comes to currency exchange. These movements in exchange rates can seriously impact your spending power and Premier FX has solutions available to limit their impact.

If you are considering the purchase of a property in Portugal or

already own one, Premier FX Mortgages are well worth speaking to. They have relationships with over 12 banks and can source the best deal for their clients needs. Typically a bank in Portugal will lend up to 80% to non-residents and interest rates are generally lower than those on a comparable sterling mortgage in the UK making it a cost effective way to finance your purchase.

Premier FX Mortgages will liaise directly with the banks, saving you time and making your mortgage application stress free. Trained staff are able to assess your circumstances and provide you with a clear indication of the banks likely (or unlikely) support.

Premier FX Group offers a straight-forward, client friendly, tailored solution for all your currency and mortgage needs. The company prides itself on giving clients an honest, professional service and is always on hand to answer any questions you may have. Please feel free to contact Premier FX for a confidential chat about their services on: (+351) 289 358 511, or see website: [www.premfx.com](http://www.premfx.com).



# PROPERTY

A 12 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 2 Aug 2008

## PROPERTY OF THE WEEK

# Value for money – whatever the budget!



At Togofor-Homes Lda we are constantly updating our diverse portfolio of properties and successfully matching them to the requirements of our international clients. We recognise the importance of value for money now more than ever; we work closely with our home owners to set attractive and achievable prices on our whole range of properties across the Algarve:



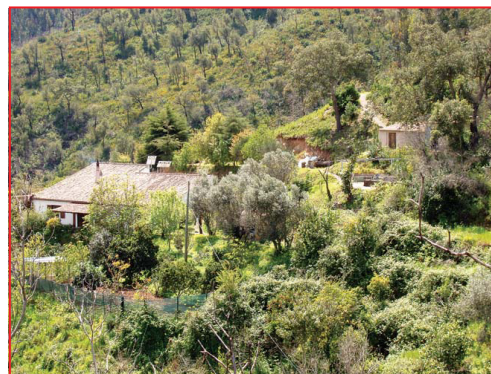
**Villa -Ref: S337 - Monte Canelas**  
• 3 bedrooms, 3 bathrooms  
• Charming property  
• Pool, terraces & countryside views

Price: € 360.000,00



**House-Ref: S345 - near Lagos**  
• 2 bedrooms, 1 bathroom  
• Could convert garage to 3rd bedroom  
• Plot 2295m2, room for a pool

Price: € 198.000,00



**Rustic Property-Ref: S189 - near Monchique**  
• 2 bedrooms, 2 bathrooms  
• Ideal place for nature lovers  
• 140m2 living area, plot approx. 60,000m2

Price: € 226.000,00



**Apartment-Ref: S327 - Alvor**  
• 2 bedrooms, 2 bathrooms  
• 2nd floor, panoramic sea views  
• 500m from the beach

Price: € 199.000,00 furnished



**Townhouse-Ref: ST353 - Algoz**  
• 3 bedrooms & mezzanine  
• Approx. 100m2 living area  
• Sauna and garden

Price: € 190.000,00



**B&B-Ref: S310 - Vale da Telha**  
• Main house with 3 bedrooms  
• Guest house with 3 separate apartments  
• 2000m2 plot with large pool

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#### Vilamoura

Two studio apartments, renovated, each composed of lounge, kitchenette, bathroom and terrace. Furnished and equipped. Communal swimming pool and garden area. Construction area - 64 & 65 sqm. The price is for each.

Ref: A1262 Price: € 106,000



#### Vilamoura

Attached villa composed of 2 bedrooms, 2 bathrooms, lounge with dining area, equipped kitchen, storage and 3 terraces. Communal swimming pool and garden area. Construction area - 176 sq.m.

Ref: V12523 Price: € 265,000



#### Vilamoura

Attached villa, located near the marina, composed of 3 bedrooms, 3 bathrooms, lounge with fireplace, equipped kitchen, pantry, storage, barbecue, garden and terraces. Furnished. Communal swimming pool and exterior parking area. Plot area - 132 sq.m.

Ref: V12547 Price: € 348,000



#### Loulé

Beautiful country villa composed of 3 bedrooms, 2 bathrooms, lounge w/ fireplace, kitchen, 2 storages, and large terraces. Garden, carport and swimming pool. Alarm, central heating and automatic sprinkler system. Plot area - 2.000 sq.m.

Ref: V12378 Price: € 550,000



#### Vilamoura

Excellent apartment w/sea and golf views composed of 3 bedrooms, 3 bathrooms, lounge w/ dining area, equipped kitchen, storage & spacious terraces. 2 parking spaces in basement & storage. Communal swimming pool & garden area. Construction area - 250 sq.m.

Ref: A1265 Price: € 700,000



### Abode

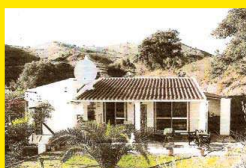
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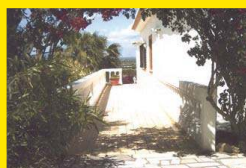
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#### Near Silves

Charming detached farmhouse on 1200sqm plot. 2 double bedrooms, 1 shower room, spacious lounge/diner, equipped kitchen, small pantry, large covered patio. Nice garden, A/c, wood burner. Garage/workshop, utility room, space for pool, own borehole.

Ref: V-351 Price: € 269,000



#### Salicos

Spacious 3 bedroom villa on a cul-de-sac. Excellent location w/ view to Monchique mountains. Close to Marinha beach. 3000sqm plot. Open space kitchen/lounge/dining room w/ wood burner. Large terraces, easy to maintain garden, space for swimming pool.

Ref: V-349 Price: € 445,000



#### Belmonte

Spacious new villa of 220sqm w/ large sw. pool. 1300sqm plot. Quiet location in prestigious area. Hall, guest wc, lounge w/wood burner, equipped kitchen, dining area, 2 double bedrooms w/ en suite bathrooms, walk-in wardrobe. 3rd bedroom, bathroom, large terraces on 1st floor. Elegant quality design & construction.

Ref: V-312 Price: € 495,000



#### East Carvoeiro

Newly constructed modern luxurious villa composed of 3 bedrooms, 2 bathrooms (1 en suite), 1 wc, lounge, dining room, fully fitted kitchen, 1st floor lounge. 2 mins drive to beach. Full under floor central heating + wood burning stove. Sea views.

Ref: VH-454/08 Price: € 625,000



#### Centianes / Carvoeiro

Spacious 4 bedroom villa w/ seaview, close to Centianes beach. Comfortable lounge, dining area, fully equipped kitchen, double bedrooms w/shower/bath en suite, garage, mature garden, sw. pool w/ sun terrace. Ready to move in!

Ref: V-350 Price: € 635,000

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#### VILAMOURA MG82205

Charming 3 bedroom semi detached villa nr Hilton Spa resort. Calm & peaceful residential area, next to Pinhal Golf course. 256sqm plot w/151sqm constr. area. Lounge/dining room w/wood burning fireplace. Fitted kitchen w/direct access to BBQ & pool area. Landscaped gardens & sw. pool. Private garage. Driveway for 2 cars. Excellent letting potential.

Price: € 425,000



#### ALMANCIL V82226

Single storey 3 bedroom detached villa in very quiet area beside luxury QI\* do Lago resort. 1.540sqm plot w/155sqm constr. area. Top quality finishes, lime stone floors throughout property. Fully fitted kitchen. Lounge & dining area w/ fireplace. A/c. Electric shutters. Landscaped gardens, sw.pool, lovely BBQ area. Private borehole. Rental potential.

Price: € 725,000



#### BOLIQUEIME MB82237

Semi new 3 bedroom townhouse on very quiet residential area in countryside. Few mins walk to picturesque Boliqueime village. Near all amenities. 200 sqm constr. area. Fully fitted kitchen. Spacious living room. Large basement with automatic gate. Pre installed for air conditioning. South facing. Lovely panoramic country and sea views.

Price: € 250,000



#### S. BRÁS DE ALPORTEL MG82212

Brand new 4 bedroom semi detached villa, very well located in S. Brás centre close to all amenities. Total constr. area: Approx. 170sqm. 2 very spacious en suite bedrooms w/36sqm terrace. Fully fitted & equip. kitchen. Large living/dining room w/ fireplace. Central vacuum & surround sound sys. Pre installed for central heating & A/c. 2-car private parking.

Price: € 245,000

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**Albufeira / Paderne**

Cottage in the countryside on a 3500sqm plot. With 7 bedrooms, 4 bathrooms, 4 kitchens and 4 living rooms. Can be used as 4 separate apartments. Big swimming pool. Ref 361

Price: EUR 550.000

**Albufeira**

Refurbished apartment in a quiet area close to amenities, the "Strip" and beaches. Fully furnished. Air conditioning. Private parking. Garden and swimming pool. Ref 421

Price: EUR 170.000

**Albufeira / Canais**

Big villa with 4 bedroom + office in quiet area close to Albufeira. Roof terrace. Fully fitted kitchen. Nice fenced garden with big BBQ area and swimming pool. Ref 335

Price: EUR 325.000



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**Albufeira / Falésia**

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Price from: EUR 150.000

**Albufeira / Old Town**

Nice spacious studio apartment with 41m2 in the old town and close to the beach. Furnished. High standard with new bathroom and kitchen. Close to all amenities. Ref 329

Price: EUR 98.000

**Albufeira**

Townhouse with 2 bedrooms, 2 bathrooms, living and dining room with fireplace. Basement with extra bedroom and closed private garage. Communal swimming pool. Ref 465

Price: EUR 225.000

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- Golf Rights
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**Quinta do Montinho**

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- Countryside & Ocean Views
- Golf Rights
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**Vilamoura**

2 Bedroom 'fully furnished' ground floor apartment located at the Old Village in Vilamoura. This lovely apartment with sunny south-facing patio is an ideal holiday home or rental investment.

Price: € 225,000

**Vilamoura**

3 Bedroom apartment on a beautiful complex with additional room for games or 4th Bedroom. The apartment has a large private garden of 124m2, woodburning fireplace & pre-installation for air conditioning.

Price: € 275,000

**Almancil / Vale Formoso**

Luxury 2 Bedroom 'Fully Furnished' townhouse located on a small condominium of only 12 villas with use of Tennis Courts. Within 5 minutes Drive of Quinta do Lago and Vale do Lobo beaches and golf courses.

Price: € 345,000

**Vilamoura**

Renovated 4 bedroom town-house on a well kept condominium overlooking Old Course golf course with air-conditioning, under-floor heating, modern kitchen and large lounge with wood-burning fireplace and children's separate games/TV room.

Price: €475,000

**Vilamoura**

3 Bedroom detached villa w/private sw. pool & large terrace located at the "Old Village" in Vilamoura. Within a minute's walk of the various bars, restaurants & local supermarket. Access to the marina is easy via the tourist road train that stops nearby.

Price: € 515,000



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Price: 3,000,000 euros



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Beautiful T2 Townhouse w/ communal pool on small development near Monte Rei Golf & various beaches. Three bathrooms, private patio, off street parking, air conditioning, fully equipped kitchen. Sold furnished. Good value for money!  
Ref: LHT-853 Price: € 199.000

**Moncarapacho**

Spacious, modern, open plan 5 bed villa in immaculate condition with swimming pool and landscaped garden situated in an up-market residential area. Construction size approx: 480 incl. basement with garage, plot 1377m2, built in 2006.  
Ref: LHV-927 Price: € 640.000

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**Tavira**

Modern, luxurious four bedroom villa on preferred location with swimming pool and garage, large living/dining room and modern Italian design kitchen with cooking island. Breathtaking views from all rooms, cov. area 430m2, built in 2005  
Ref: LHV-901 Price: € 895.000

**Moncarapacho**

Exclusive villa (V4) with guest cottage and swimming pool located on a large fruit producing estate. Comprising of 4 spacious bedrooms, 4 en-suite bathrooms, top of the range kitchen and lot of extra's, cov. area 688m2, plot 40.700m2  
Ref: LHV-904 Price: €2.400.000





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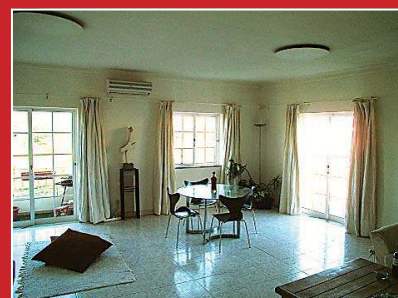
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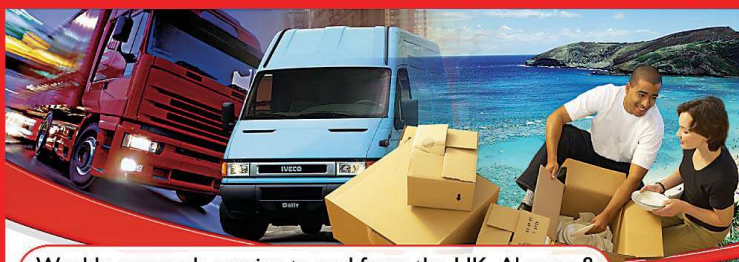


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### Well priced properties across the Algarve

- LUZ, S281, prime location, 360° sea views, 3/4 good size beds on two floors, spacious rooms, big plot w/ very private pool area, walking distance to beach & all amenities, REDUCED TO TOP PRICE €350,000!!!
- LAGOS, S125, detached villa, perfect residential property, walking distance to town & all amenities, Marina, beaches, restaurants, beautiful finishes on two floors, private pool area overlooking city & Marina, REDUCED TO TOP PRICE €649,000!!!
- SERRA & MAR, S324, lovely detached villa, 3 beds on huge plot w/ pool & lot's of privacy, villa is bright & light, renovated & only 20 minutes from the coastline, nestled in a first class urbanization REDUCED TO TOP PRICE €599,000!!!
- CARVOEIRO, S333, detached villa on huge plot, lovely landscaped garden w/ pool, lot's of privacy, walking distance to beach, great potential, 3 beds, 3 baths, patio, double garage & space for further bedroom, REDUCED TO TOP PRICE €660,000!!!
- QUERENÇA (NR. LOULÉ), S326, 3 beds, 167m<sup>2</sup> living area on two floors, c.1,800m<sup>2</sup> land, pool, lovely garden, borehole, great potential, nestled in perfect environment, not far from village & towns. REDUCED TO TOP PRICE ONLY €340,000!!!

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- Stylish & very well maintained
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- Near beaches and Marina

Ref.: S125



### More Well Priced Villa's Across the Algarve

- ARRIFANA, S110, Beautiful styled and decorated villa, stunning sea views, 3 beds & 3 baths, apartment, garage, conservatory, terraces, patio & a big garden. €340,000.
- LUZ, S352, Well-maintained, 3 bedrooms, BBQ & terraces, established resort, communal pool & tennis courts, play area, 1km from Luz beach and amenities. €250,000.
- CARVOEIRO, S333, detached villa on huge plot, 3 beds & 3 baths, landscaped gardens and pool, very private, walking distance to beach, great potential. €660,000.
- QUINTA DO LAGO, S553 exclusive location, 2 beds & 2 baths, enjoys communal pools, tennis courts and clubhouse facilities, close to Nature Reserve and Ançã beach. €575,000.
- MONCARAPACHO, S317, 2-4 beds & 2 baths, plot 6.800m<sup>2</sup>, property 250m<sup>2</sup>, small pool, pond & potential to extend, sea & country views. €410,000. neg

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## Ask the expert...

**Q:** I've been painting my French windows, but every time I close them, the paint comes off where the frame and hinge edge touch. I'm getting pretty fed up with redoing it - is there a solution?

**A:** This is a tricky problem, but you'll have a better chance of success if you use a quick-drying, water-based wood paint. It's important to keep the doors open for as long as possible after painting,

so start early in the morning. Also try taping a piece of plastic dust sheet or plastic bag over the repainted area for a few days so the frame and door don't touch directly. This should do the trick.

**Q:** What's the best way to remove the odd, damaged wall tile in my bathroom?

**A:** Try drilling a hole in the centre of each tile you want to remove to break it up without damaging the surrounding tiles. Use a piece of masking tape over the spot where you're about to drill to stop the drill bit from slipping and make sure you use a high quality masonry drill bit and a variable speed drill, if you have one, so you can drill slowly. You'll need to scrape off the old tile adhesive and grout before replacing the tile and apply new stuff. Bear in mind that there may be a difference in colour between the existing tiles and the new ones.

**Q:** I bought an inexpensive table lamp in the sales but I don't like the colour of the base - can I paint it?

**A:** Yes, but ensure that you sand and/or clean it thoroughly first (depending on what it's made from). Prime it with an appropriate primer - metal primer if it's metal, wood primer if it's wood, tile primer if it's ceramic, etc - then paint over with an eggshell, satinwood or gloss paint, with as many coats as you need. For a better finish, use a spray paint - preferably outside - ensuring that you follow the manufacturer's instructions and wear a dust mask to protect your lungs.

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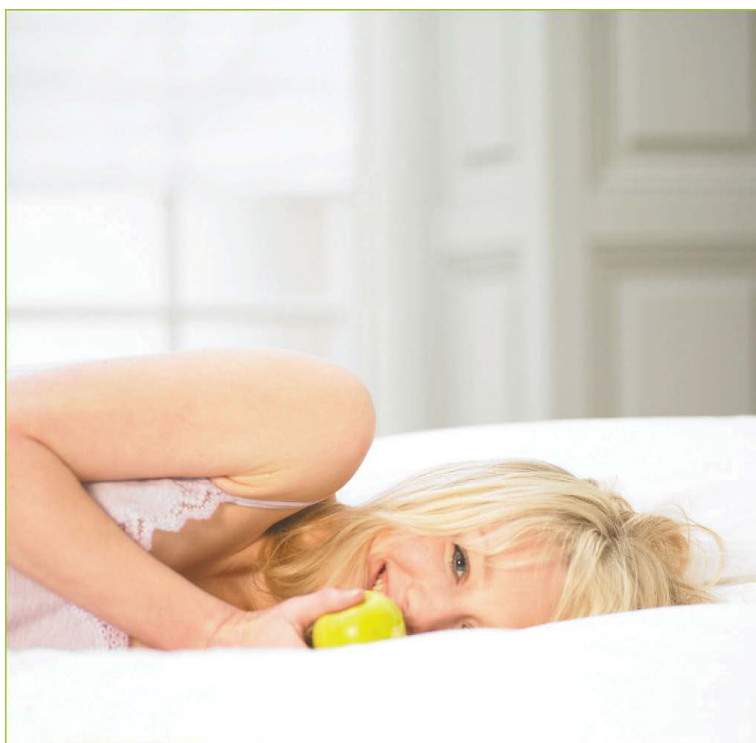
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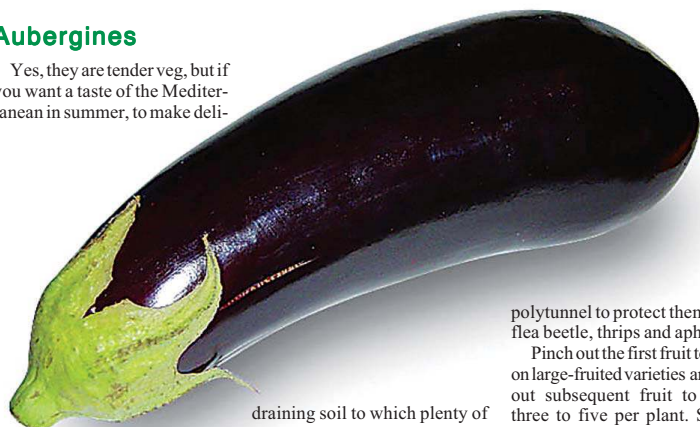
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# From plot to plate

## Aubergines

Yes, they are tender veg, but if you want a taste of the Mediterranean in summer, to make deli-



cious ratatouille or moussaka, you can still have a go. They have much the same needs as tomatoes and peppers and are best grown in a sunny spot, ideally in a greenhouse or polytunnel, in free-

draining soil to which plenty of compost has been added.

Seeds sown in spring in 4in (10cm) pots, two or three seeds to a pot (heated propagators should help germination), can be planted out in May and June 60cm (24in) apart when the first flowers form and are best under a

polytunnel to protect them from flea beetle, thrips and aphids.

Pinch out the first fruit to form on large-fruited varieties and thin out subsequent fruit to leave three to five per plant. Small-fruited varieties can be left unthinned. Water and feed regularly with a high potash liquid feed. Fruits can be harvested after they've reached half their mature size because then they will be more tender and less prone to bitterness.

## Three ways to...

### Increase stock on a budget

1. Swap plants with your neighbours. Lift and divide overcrowded clumps and offer some to your green-fingered neighbours and you are likely to be rewarded with cuttings and clumps off their own perennials.
2. Look for perennials on sale in garden centres which may have finished flowering but will be fine in years to come.
3. Learn how to take cuttings yourself to increase stock from your existing plants.

# From field to fork

## Endive

I know we can buy bags of assorted salad leaves all year round, but endive, closely related to chicory, is so much tastier and cheaper than the clinically-bagged versions. Its flavour is

such as Batavian Green or Jeti, which are harder than the curly-leaved types. Sow seeds of broad-leaved types from July to September for late autumn and winter use, sowing thinly 13mm deep in rows 30cm apart.

Cover the seeds with a very

fine layer of loose soil or starting mixture. Water lightly, and keep soil moist. Thin plants to 15cm apart, in rows 45cm apart.

Start blanching endive about 12 weeks after sowing, which will take away the bitterness. You do this by making sure the leaves are



more distinctive than traditional lettuce and if you make successive monthly sowings you can be cutting it from September to February.

Go for broad-leaved varieties

## Feast on the fair's success

The May International Algarve Fair at Fátacil Lagoa was the most successful to date.

Among many tributes received, Lagoa's Mayor said it was "extremely well organised and dynamic" and was a "good blend of various communities of different nationalities".

In the completed surveys, visitors told us they most enjoyed the entertainment and variety of activities, the little circus and music. They loved the crafts the variety of stands, the



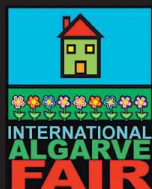
show gardens, choice of restaurants and the 'kid's stuff'.

They enjoyed the cars, bikes, pet shop and various beauty treatments. Most said they just enjoyed everything and there were many comments about the atmosphere, the friendliness and warmth of the people.

Exhibitors were also asked to complete surveys and a massive 86.8% voted the fair a total success.

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dry and loosely tying them together. Then cover with a black plastic pot with the drainage holes covered.

The heads should be ready in around three weeks for summer crops and five weeks for winter ones. Use a sharp knife to sever the heads when you are harvesting.

Endive likes cool weather and lots of moisture, in rich, well drained soil.

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# Make hazards bite the dust



The recent report that a gardener died after contracting a rare lung infection from compost has made me wonder if other garden materials could affect our health.

The man had been admitted to hospital complaining of chest pains and shortness of breath a day after opening bags of rotten leaves and plants he had collected. He died less than four days later. He had suffered complications

related to aspergillosis, a disease caused by spores of aspergillus, a fungus which grows on dead plant or animal matter.

Dr David Waghorn, who treated the man last May, warned in The Lancet medical journal

that in rare cases compost "may be considered an occupational hazard for gardeners".

Of course common sense should prevail when using any matter to enrich the soil and keep pests and disease at bay, but just how susceptible are we to catching something nasty if we don't take care?

"By and large the main cause of injury in the garden is falling off ladders," says Guy Barter, Royal Horticultural Society head of horticultural advisory services. Barter says cases of somebody dying from inhaling garden material are extremely rare, but advises being vigilant against breathing in any form of dust.

"Buy dust masks from DIY stores and water areas well to reduce dust. If you have a compost heap full of spores, make it wet to reduce the number of spores," he says. Dust in general is well known to be harmful to the lungs and the eyes. You get dust cleaning out the shed and dust when you work in dry soil or if you are pruning dirty plants."

Fertilisers and pesticides can also be dusty so handle them on a still day so you don't inhale anything. Even organic, natural soil additives can cause irritations so follow the same regime whatever you are using, Barter advises.

If you are using patio cleaners, use gloves and eye protection.

You should also consider plants in your garden which may look beautiful but can be harmful to pets and children. As a rule, if it isn't a recognised food, don't eat it, Barter advises, although he points out



that with most plants you'd have to eat an awful lot of berries or other parts to be really ill.

I'm sure we could all name a few toxic plants - monkshood, laburnum and foxglove spring to mind - but a full list is available at

the Royal Horticultural Society website (rhs.org.uk) in a free pamphlet available to download.

Gardeners tend to be more at risk from touching a plant which may cause a skin irritation from its sap, or an allergic reaction.

A small number of plants may cause the skin to be excessively sensitive to strong sunlight, resulting in severe localised sunburn and blistering.

German primula, Primula obconica causes an allergic reaction

in sensitised people, but allergen-free cultivars have been developed in recent years. Other plants, such as giant hogweed Heracleum mantegazzianum and garden rue Ruta graveolens, cause a phototoxic reaction. Irritation, pain and blisters result from exposure to plant sap in bright sunlight.

Despite the hazards, Barter says reassuringly: "Most gardeners are practical people who know how to avoid potential problems." Just make sure someone's holding the ladder for you!

Hannah Stephenson



Foxgloves - generally grown in the northern regions of Portugal.



Take care when handling compost.



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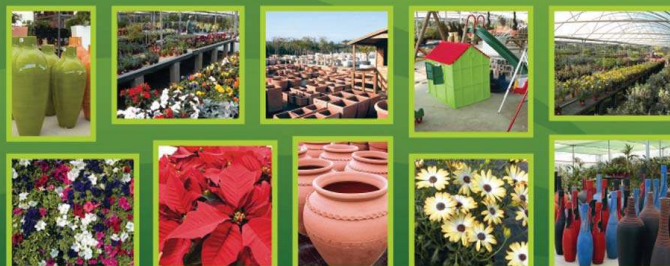
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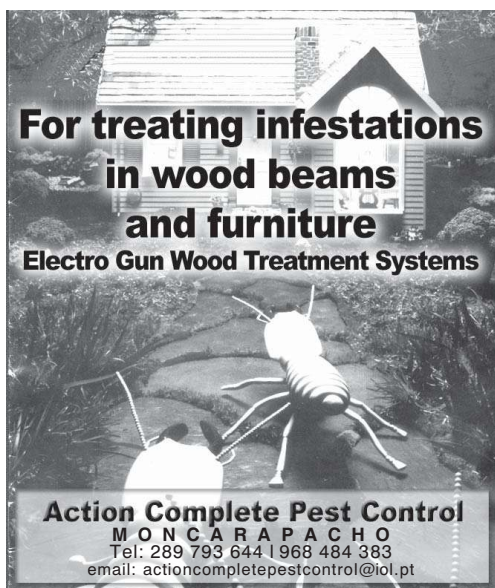
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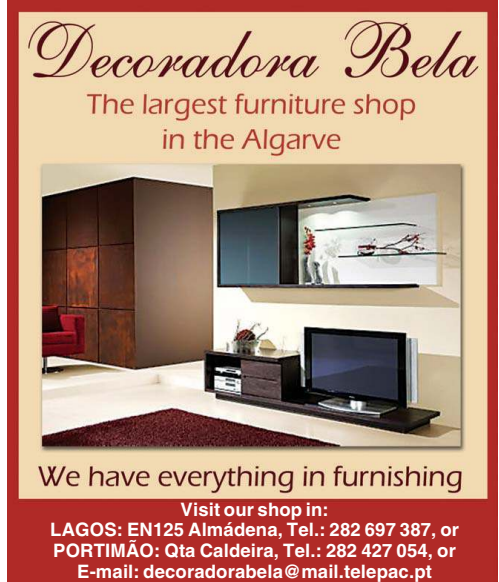


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## Follow the Moroccan recipe at home

Moroccan interiors are ornate, decorative and full of richness and colour. This Eastern decor is one of the hottest styles for homes this season. We seek out the 'souk' look.

Do you long to journey and experience the seduction and mystery of the East, with its exotic colours, sensuous textures, and lush, mysterious settings?

Stop dreaming and take a short cut! Simply avoid all that travel and expense by looking no further than your home and transforming it into an Arabian lair.

Please don't think of a belly dancer's boudoir with red walls and beaded curtains or a gaudy corner of a bazaar. Instead the modern style choice is magical Moroccan.

This 'East meets West' look partners rich textures and patterns with warm, neutral backgrounds and is perfectly in tune with the trend for more decoration and detail in the home.

Walls in rich warm desert shades of ochre, sand, terracotta, or even a soft white, can be partnered with mosaic-patterned tiles, colourful rugs and occasional seating such as embroidered pouffes.

By mixing the essential ingredients together cleverly you'll conjure a room that's not just comfortable but full of atmosphere and sophistication.

Author Corinne Verner believes the beauty of Moroccan interiors has been a well-kept secret for too long.

She's travelled the country visiting its homes and famous bazaars and enthuses: "Morocco cries out to be discovered. Although a poor country, there are unimaginable riches hidden behind its cracked walls.

"In contrast to the often austere exteriors of the home the interiors are magical and reveal a splendour of gems with carved plaster, floors of marble or mosaic and ceilings with marquetry or painted motifs."

She's opened the door to a myriad of the country's fascinating homes with a new book, *Villas and Courtyard Houses of Morocco*, which is a great source of inspiration for lovers of the style or new converts.

And Verner points out that

while modern Morocco still reflects a multitude of influences including Moorish, Berber, French and Spanish, the fundamental and winning essence at the heart of its interiors is "a celebration of the warm and tender art of living, centred

around an appreciation of intimacy."

So if you want an irresistible and easy-on-the-eye Eastern look that you can interpret to suit your style and budget it must be Moroccan.

Gabrielle Fagan

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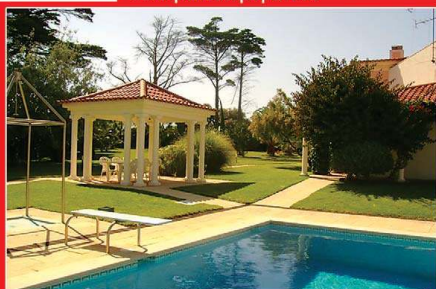
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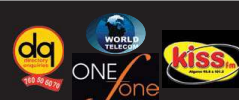
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## Basic Ingredients

Just like following any recipe successfully it's essential to get the basic ingredients right when whipping up a new look for a room.

Morocco's traditional style with its deep reds, yellows and blues, can be too overpowering in our hard Northern light. For a modern look choose more muted, subtle shades.

Choose a plain backdrop with walls in warm, golden colours - think ambers, rusts, soft browns which work well and allow you

the flexibility to add colourful accessories.

Add interest and another dimension to walls with a polished plaster finish - super practical for kitchens and bathrooms. It will also add gloss, shine and an extra feeling of light to a room.

Floors can be either wooden, perhaps floorboards stripped and stained a dark shade, or stone or mosaic tiles. The latter is characteristically Moroccan and can look stunning if used with discretion.

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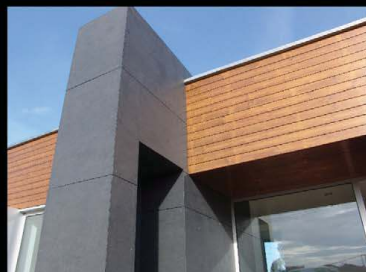
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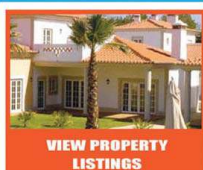
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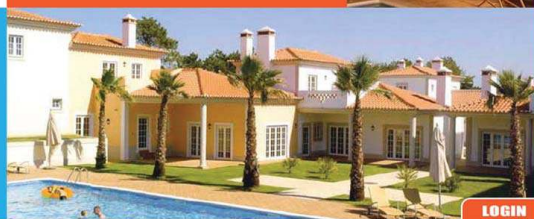
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You have to hand it to the economics team at Goldman Sachs. It was they who came up with the concept of the "BRICs": the four big economies, in Brazil, Russia, India and China, that were going to catch up with and then overtake the big economies of the developed world. More recently they added the "Next Eleven": middle-sized developing countries like Turkey, Indonesia and Mexico that will also grow fast enough to overtake their old-rich counterparts in the next generation.

Back in 2006, Goldman Sachs predicted that the Chinese economy would surpass that of the United States in the early 2040s, with the Indian economy not far behind. But now the Goldman Sachs team has put out a new set of forecasts.

The Chinese economy, they predict, will overtake the US economy around 2025, not in the 2040s, and will be twice as big by 2050. India's economy by 2050 will still be slightly smaller than that of the United States, but the economies of Brazil, Russia, Indonesia and Mexico will all be bigger than that of the next-largest old-rich country, Britain.

The changes in the pecking order are equally dramatic further down. Turkey's economy in 2050 will be bigger than Japan's, France's or Germany's, and both Nigeria and the Philippines will have larger economies than Canada and Italy. Korea, Iran and Saudi Arabia will all have bigger economies than Spain.

The predicted changes in per capita income by 2050 are less radical, though still impressive. The United States and the United Kingdom are neck-and-neck at the top, just as they are now, with Canada only slightly behind. Koreans are substantially richer than Japanese — \$80,000 per annum versus \$63,000 — and the Chinese still bring up the rear in East Asia with a mere \$50,000 a year.

But hang on a minute. \$50,000 a year is slightly higher than the present per capita income in the US or Britain. In 2050 there will be around one and a half billion Chinese, and if they have an average per capita income of \$50,000 a year then most of them will be leading a fairly lavish middle-class lifestyle. How is this compatible with what we know about the

world's resources of energy, food and other commodities, and about the likely course of climate change?

Goldman Sachs is providing surprise-free projections of current trends. This is a useful exercise, because it sets the larger framework in which the inevitable surprises will take place. But that is all it is, because no forty-year stretch of history is free of surprises.

In the past forty years we have seen the rise to great wealth of the oil-exporting states of the Arabian peninsula, but a crash in the predicted Iranian growth rate after the 1979 revolution. We have seen the disappointment of the high expectations most people held for newly independent African countries in the 1960s, and the sudden high growth rates of most Asian countries in the 1980s and 1990s. We have seen the collapse of the Soviet empire and the expansion of the European Union into Eastern Europe.

Few economic analysts in 1968 predicted any of this, any more than they foresaw globalisation, the internet or the rise of the euro. History does not run on rails, and none of those things was certain to happen (though some had a much higher probability of happening than others). The same applies to the relationship between the present and the future: Goldman Sachs is offering us a point of departure for thinking about the future, not a map of it.

So what are some of the things that could derail this simple picture of a richer future in which the gap between rich and poor has narrowed sharply except for Africa? A mere shortage of oil or other commodities wouldn't change the pecking order much, although it might lower everybody's average income (except in the commodity-exporting countries). Local political upheavals might knock specific countries out of the running, like Iran in the 1980s or Russia in the 1990s, but that wouldn't change the broader picture either.

The one "known unknown" that could do that is large-scale climate change, because it would strike some countries much harder than others, at least in the early phase. And the hardest-hit countries would include most of those that are now climbing rapidly in the rankings.

Countries in the tropics and the sub-tropics are likely to be hit early and hard by climate change, while most of those in

# Alternative Futures



A picture made available on 12 June 2008 shows North Rhine-Westphalia's Transport Minister Oliver Wittke (R) and Finance Minister Helmut Linssen inform the media on state-owned Landesentwicklungsgesellschaft (LEG) North Rhine-Westphalia (NRW) in Duesseldorf, Germany on 11 June 2008. According to media reports, Goldman's Whitehall and KQ property funds has purchased Northrhine-Westphalia's housing company LEG, which owns and manages 93,000 homes in Germany. (Photo: EPA / Roland Weihrauch / Lusa)

the temperate climate zone will suffer relatively little until a good deal later in the process. Countries like Turkey, Mexico, Indonesia, India and Iran will suffer diminished rainfall and declining

food production, and even China, although mostly in the temperate zone, will struggle as the glaciers on the Tibetan plateau that feed most of its major rivers melt away.

Since the countries that suf-

fer least, like the US, Canada, Britain, France, Germany, Russia and Japan, are also the ones that produced most of the greenhouse-gas emissions that have caused the current warming, this will probably

result in some very bitter exchanges between North and South. But it also means that the economic pecking order in 2050 may be less different from today's than Goldman Sachs predicts.

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Gwynne Dyer.

Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

His new book, "After Iraq", has just been published in London by Yale University Press.





## Aerial shot of Pulane

Photo is taken from a nearby mountain top. It was Grants Dads birthday and he wanted to phone him and wish him Happy Birthday. Dear Ntate Fusi, the local head of the Pulane Methodist Church and a man we work closely with, told Grant that if you climb that high mountain you will get a phone signal. He is young and energetic and off he went. Four hours later he returned, tired and without success. There is no phone signal here. The good news being that his folks have now lent us a satellite phone to use in emergency. Calls are expensive.

On the aerial shot you can see an area alongside the river, thick with tall trees. This is the site of the new Children's Centre. In the trees are several ruined houses, the remains of a Canadian agricultural project.

If you look closely you can also see a group of huts, centre picture. These are used as accommodation for some Dept of Agriculture workers and ourselves.

## An update on the lost kingdom



### Crossing the Quthing River

In early April, I moved with two co-workers Grant and Julius from Semonkong to Pulane in the foothills of southern Lesotho, near HaMakaoe (on the map). To reach Pulane, we ford the Quthing river. The

old road bridge was washed away in freak floods in 1987. Sadly, it has never been replaced. The river rises alarmingly after only a little rain. Maybe it is fed from the wetter high mountains. What happens

when our summer rains arrive in about November? I will stock up with food!

Here you see Grant fording the river in a landy that we borrowed for the move. It copes really well in the rugged countryside.

### Why do we move to Pulane?

Three local churches, the Methodists, Catholics and Evangelicals requested our help with the many orphans in this area. We plan to establish

a Pulane Children's Centre along the lines of our Semonkong Children's Centre.

My daughter Tara, son-in-

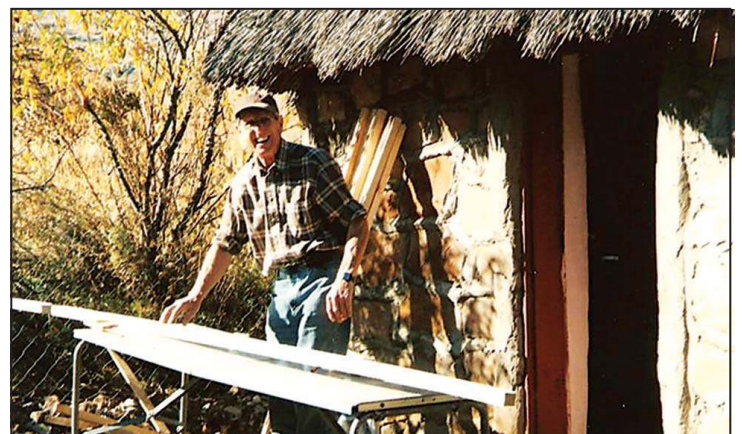
law Patrick and Melissa (13), Luke (9) and Joel (3) are now enjoying/directing our big family at Semonkong Children Centre.



John Rhodes is from Bensafrim in the Algarve. He spent a month helping us with many various odd jobs both at Pulane and Semonkong. We think he will be back next year. Here he is enjoying the winter sunshine and making good strong shelves for one of our huts. Thanks John for all your help.

I am enjoying living in an African hut. It is amazing what you can fit into a small space. But, the lack of a toilet caused me some stress! I could use the communal long drop with all the men! It was smelly, open and thoroughly not nice. Thank God for good friends who arrived with a Portaloo. I am eternally grateful! More church friends arrived and turned an entire hut into a wonderful bathroom/ store-room. It is right next-door to my hut. I prayed for one toilet and got two!

### John building shelves for one of our huts

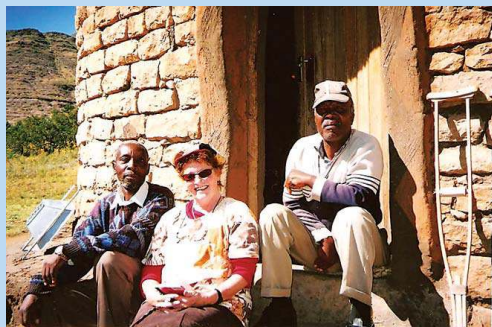


They also fitted our huts with running water. That is the good news. The bad news being

that my water supply was contaminated with leeches! Yek – they are disgusting wriggly

things. I am happy to report that this problem is now solved.





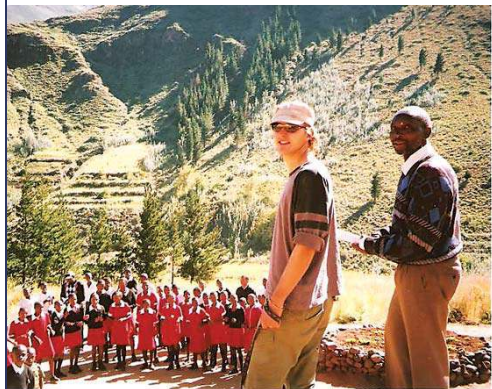
## Meeting the Chief of Pulane

Ntate Fusi took us to meet our Chief, Morena Lebesele. He called a 'pitso' a gathering of the village to meet us. Many people came and many questions were asked. We were made very welcome. Morena Lebesele suffered a stroke last year which has caused a speech impediment. He walks with the aid of crutches but he still gets on his horse and comes to visit us. He also attends our Children's services. With no Police force here, he is both the tribal and acting civil authority.

## Grant visits Pulane Christian Primary School

I interviewed several orphans at the school while Grant was entertained. Basotho children sing beautifully. The teacher tells us that several children have

dropped out of school after they are orphaned. They have no shoes! Normally this is the end of their education. Many of the boy orphans become shepherds.

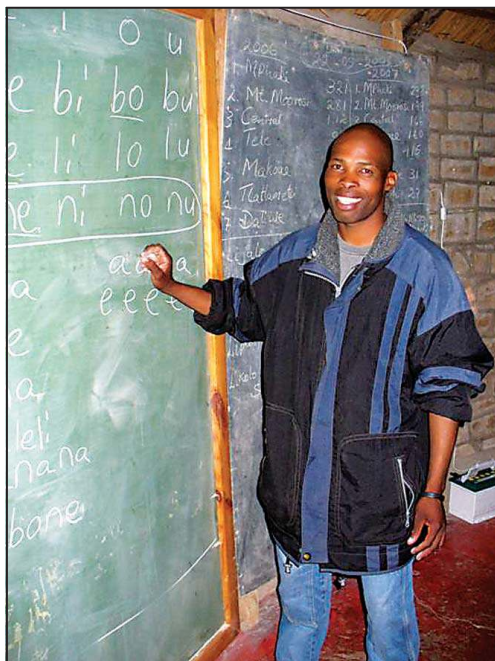


## Teacher Julius

Julius Majoro came with us from Semonkong, where he leads our Shepherds School. On the 15th April we opened a new Shepherds School on site with Julius directing everyone. He is not qualified but is a naturally gifted teacher with a passion for easing the plight of shepherds. He is in empathy having been a shepherd on the high mountains himself, after his own father died. He has returned to Semonkong. We

opened with 6 shepherds. At present there are 23 shepherds attending lessons 4 nights a week. Our youngest is 10, our oldest is 68! Out of 23 students, ten are young orphans.

One student arrived bound with ropes. He had been found guilty of a crime by the Chiefs Court. He was sentenced to learn better behaviour at the Shepherds School. We are happy to report that he is studying well.



## Shepherds receive blankets

Shepherds lead a tough and lonely life. They are poor. Their wage is a number of animals per year, depending on how big the flock is and how experienced is the shepherd. Most shepherds wear all they possess. If you see a shepherd beside clothes drying on a rock – never take his blanket off – he will probably be naked underneath it. When his clothes are dry, he puts them back on again. Some of their clothes are rags. They were thrilled to receive new blankets from us.



## Compassion for the Lesotho Aids orphans recap



Jill Kinsey is a missionary with a heart for the destitute, especially children.

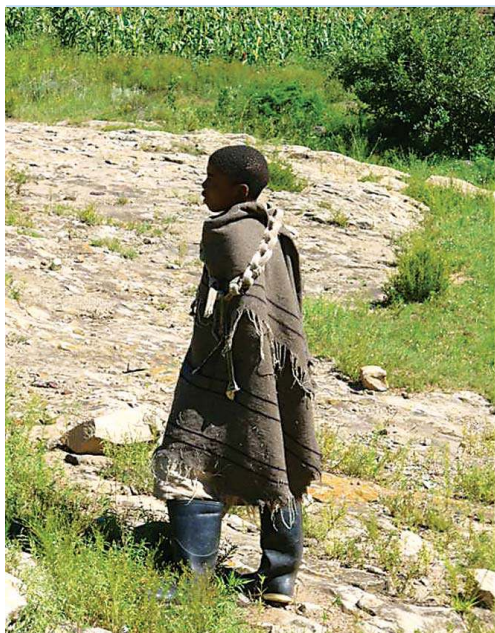
In February 2006, under the authority of the Lesotho Methodist Church, Jill officially opened a Children's Centre in Semonkong, to alleviate the suffering of the 2,000 AIDS orphans in the area.

Initially 21 of the most desperate orphans, between the ages of 6 and 14 years, were given a place to live. The centre currently has around 70 children living in. One is just a young baby, who we unfortunately

suspect to be HIV infected.

The Centre is growing in numbers, and is always in need

of help, and with the opening of the second centre at Pulane the situation is now more urgent.



## A local shepherd

There are more than 60,000 (sixty thousand) shepherds in Lesotho. Most are illiterate.

They are keen to learn but rarely have an opportunity. The Govt of Lesotho has been encouraging the establishment of evening schools for Shepherds. In some districts, they help with books and staff wages. Julius receives a small salary in Semonkong from the Govt. Quthing district is outside of this programme, so here in Pulane, we foot the bills. It is a privilege to work with these tough youngsters. We provide a hot meal for them each night. They are both hungry and grateful. They are taught the 3 Rs and Grant gives them Bible studies 2 nights a week. May they enjoy a brighter future with the advantage of some basic education. Can you imagine being 68 and not able to write your name!

**At Pulane we are totally reliant on gifts from family and friends to continue our work.**

If you would like to help the children of Lesotho, my Bank details are:

**Account holder:** Jill Kinsey.

**Account no:** 5-2009014-000-00/0634.

**Bank:** B.P.I. in Lagoa.

**Bank Address:** Rua Mouzinho Alburque 74, 8400-384, Lagoa. Algarve.

As I rarely receive a Bank statement, please let us know if you make a deposit – we would like to say 'God bless you and thank-you.' If you have no spare cash, then please **'Keep on praying for us...'**

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Children learn by building up ideas, developing orientation skills and, in particular, by making mistakes and starting all over again.



# Prepare for an art attack



A model wearing a creation by designers Basso And Brooke at the Louise T Blouin foundation, London. (Photo: Yui Mok / Press Association)

This season fashion has taken inspiration from the art world. We reveal how to look like a stylish masterpiece.

Forget galleries full of Monet, Picasso and Van Gogh masterpieces - this season, art is hanging in wardrobes rather than on walls.

Designers like Basso & Brooke, Chloe, Dolce & Gabbana and Marni all splashed paint-style prints across the catwalks, making artwork a key trend for spring/summer. Basso & Brooke even emphasised the trend by parading models down the runway with quirky art palette hats on their heads.

There's a gallery of different artsy patterns to peruse on the high street, from bold paint-effect splashes to muted watercolours. Coleen McLoughlin recently plumped for a painted floral Balenciaga work of art for a girly day at the races.

You don't need a qualification in fine art to appreciate this trend. Ditch the dull museums and peruse fashionable art prints on the high street and you'll be sure to look like a masterpiece this summer.

## Colour-splash Casual

Prints are all-important for this trend and just like art, it's all down to your individual taste.

Wish-washy watercolour



Love Label paint printed dress. (Photo: Press Association)

prints are perfect for chic day-time summer ensembles. Keep the colours to a pale and pastel palette for maximum romantic impact.

For an edgier look head for brighter, bolder prints in jersey; opt for cotton fabrics to keep the look dressed down.

## Brush-stroke Glamour

Dramatic dresses are really where the artistic trend hits a master stroke. Looking for a statement dress to turn heads? Art's where it's at.

From voluminous prom dresses to sleek silk shifts, the paint-style print works on any frock shape or length. On the catwalks, Chloe showed figure-hugging mini paint smear dresses, while as a contrast Zac Posen took on the trend with waterfall-like long flowing gowns.

## Arty Amateur

If you're not keen on dipping your fingers into the fashion art palette, you can still work the look with choice accessories. Keep your clothing to neutral colours like black and navy and just one statement art

accessory addition will make your outfit pop with colour.

## Artistic Licence

Don't make an exhibition of yourself. The arty trend is a busy one, so it's essential your look is styled the right way to avoid looking like an art attack mess. Follow these trend tips to create your own fashionable portrait.

A picture tells a thousand words. Avoid accessories like big jewellery, bags or hats and let your arty fashions do all the talking.

If you want the look to work for your A/W wardrobe, pick out bolder art prints in monochromes, hot pinks or midnight blues.

Dainty shoes won't cut it with bold statement dresses. Head for chunky platforms in a block colour.

Busy patterns like art prints are great for disguising lumps and bumps, so if you're feeling less than svelte, go for floor-length styles.

Whether you're a fan of romantic watercolour or modern graphic prints, keep your hair and make-up simple and understated to show off your arty masterpiece to the max.

Lisa Haynes

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## Ask The Expert

**Q:** I'm getting stressed by winter clothes hitting the shops. Should I be buying?

**A:** Yep, it may be scorching hot outside but the high street is shifting to A/W collections already. When window shopping, keep a fashionista 'buy now, wear later' policy in mind. If you see a winter coat you love, snap up it now to avoid disappointment when you actually need to start wrapping up and can't find a decent one for toffee! Limited editions especially won't hang around for long. Check out Betty Jackson.

## Fashion Duo

Catalogue fashion flicking to the ready. TV style duo Trinny and Susannah have launched their latest collection for Littlewoods Direct. For the first time, the new A/W clothing range also includes shoes.

"We are so excited about our autumn/winter range," Trinny and Susannah say. "Plum, berry and navy are great colours this season. It is hard to pick our favourites but we really love the black double breasted coat, tailored herringbone waistcoat and pencil skirt."

## Dark Diva

Cape fever is hitting the nation. No, not a new fashion trend but the furor surrounding new Batman film, Dark Knight. To celebrate the superhero's comeback to the big screen French Connection have launched four retro Batman and Joker tees.

# Don't get overheated - just cool it!



Beat the heat this summer with beauty's keep cool SOS products.

As summers go, 2008 has been far from a scorcher. So when temperatures do soar to the dizzy heights of 25C plus on the thermometer, it can result in a bit of a beauty meltdown.

Sweaty skin, sliding make-up and a red flustered face don't make for a pretty picture.

But it's not difficult to stay fresh and fabulous when the climate becomes too hot to bear. Thankfully, the beauty world has all the summer saviours you'll need to beat the heat, whether you're at home or abroad.

When others around you are getting hot and sweaty this summer, you'll be instantly refreshed - and smug.

So pray for more sunshine, because with these handy heat SOS essentials it's never been easier to keep your cool.

## Fresh Faced

Ditch the heavy make-up when the sunshine is blazing. Thick foundations will make you sweat and could leave you with unwelcome blocked pores and blackheads. Instead, turn to a tinted moisturiser with SPF and, for a hint of colour, stick to light powder bronzers or blushers rather than creams, which will lack staying power.

Heat-fighting essentials to keep handy in your handbag are blotting papers to soak up excess oil and shine and a face spritzer to freshen up your make-up and keep your skin hydrated.

During clammy evenings, give your face a hydrating boost with a freshening clear jelly mask. Leave in the fridge for a few hours first to bump up the cooling effect.

## Body Cooler

When temperatures are ultra sticky we can arrive at work in the morning looking like we've just run a marathon. Starting your day off with a tad-too-cold shower using a cooling shower gel should stop you from getting hot and flustered first thing in the morning.

Follow with a body lotion containing freshening mint or cucumber extracts to keep your skin refreshed for longer.

Anti-perspirant deodorant is a must to keep you smelling sweet but if you feel like you're going to sweat throughout the day, carry refreshing towelettes with you for an instant freshen-up.

Steer clear of musky, heavy perfumes in the heat too. Instead go for a 'just-stepped-out-of-the-shower' zingy fresh eau de toilette and apply using the 'cloud' method - spritz your fragrance in front of you and step through the mist to keep your whole body, hair and clothes smelling like a breath of fresh air.

## Sweat-free Feet

Ballet pump addict, trainer fan or deck-shoe diva? Chances are your feet are really going to feel the heat caged up in shoes during the summertime, meaning you may suffer from the sweat factor.

A cooling foot lotion smoothed on before stepping into your shoes should help keep your feet cool through the day.

Even those who give their feet freedom in flip-flops may feel like their tootsies are hot and swollen after hours of pounding the pavements in hot weather.

If your legs and feet really suffer when temperatures rise, carry a cooling tonic to make your pins and feet fresh as a daisy. And after a hard day stomping around in the heat, treat your feet to a cooling foot bath. If you can bear it, add a few ice cubes to really help calm down swollen feet.

Lisa Haynes



Starting your day off with a tad-too-cold shower using a cooling shower gel should stop you from getting hot and flustered first thing in the morning. (Photo: Press Association)

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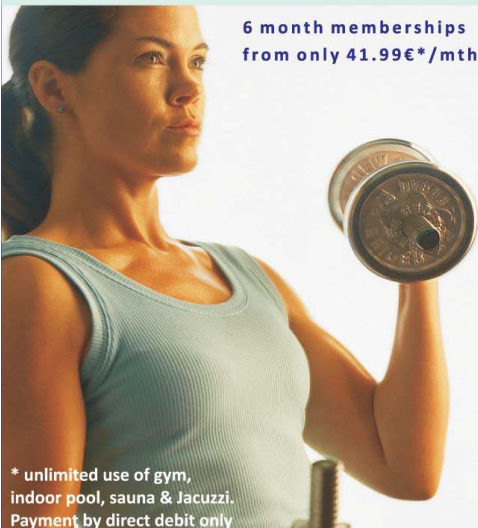
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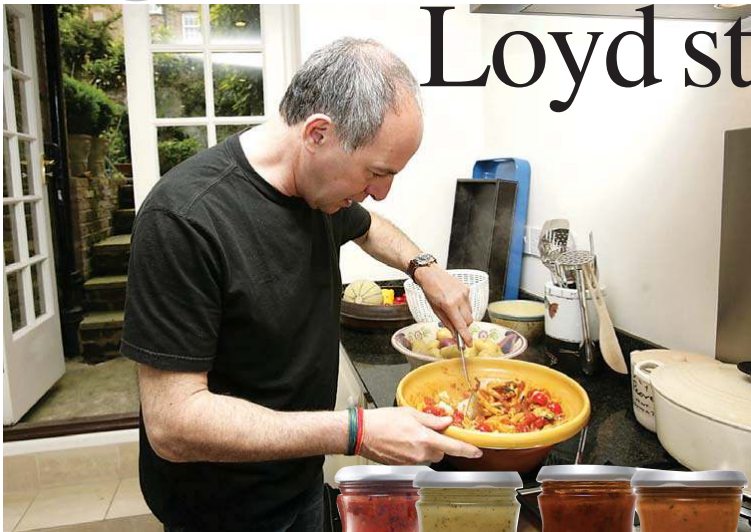
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# Lloyd steps up to the plate

Eighteen years after Masterchef began, Lloyd Grossman is back with his new BBC food series Step Up To The Plate. As amateur chefs and professionals gear up to battle it out, he explains why he was at the right place at the right time when his career began.

Drawing American presenter Lloyd Grossman seems to have mystical qualities. Since moving from Boston in the US to London in 1975, he has presented two of Britain's most enduring television formats, reality food programme Masterchef and celebrity spy show Through The Keyhole.

Both still on air, the shows have clocked up 36 broadcast years between them and Lloyd is still confident he knows what people want in the future.

"I do think I have a good sense of where things are going in terms of people's tastes," he says, adding with a laugh, "but I'm keeping quiet about what I think the next trends will be."

The celebrated presenter and chef is as commercially canny as he is prophetic. When Lloyd began presenting Masterchef in 1990, the nation's tastes were, quite literally, changing. As the age of popular reality television dawned so did the British people's desire to unplug their brand new microwaves, throw away the fondue set and stock their cupboards with real ingredients. And we as a nation discovered the sun-dried tomato, Lloyd was there, showing us that the British really did know how to cook.

"It was the first of the food shows which aimed also to be entertaining," he explains. "But the BBC were never really sure whether they actually wanted people to watch Masterchef. To begin with, they put us up against Coronation Street, which was almost like getting a death sentence. Even though it got huge ratings, every year it hung on by a thread."

In the face of fierce opposition Lloyd somehow managed to cogitate, digest and deliberate his way through ten years of competitive, amateur cooking. He also rejects the idea that because the show was popular, it couldn't be serious.

"All the great chefs in Britain

were on Masterchef from Raymond Blanc and Rick Stein to the Roux Brothers on the show," he says with exasperation. "But it was aimed at making people who were not self-proclaimed foodies interested in food. Then we did Junior Masterchef and the BBC absolutely hated it. One of the executives famously said to me, 'We don't want a family audience'."

Eighteen years later, Lloyd's career has gone full circle. In his new show Step Up To The Plate, amateur and professional chefs such as Aldo Zilli go head to head. And he says that this time the BBC are being a little more supportive.

"Judging by what we've filmed so far, it's going to be hard to tell the difference between what the amateurs produce and what the professionals cook - which will be great for the show. "I think the quality of cooking on the show says a lot about how knowledgeable we have become as a nation about food and how cooking and eating is now very firmly established as one of our major national pastimes."

When Lloyd came to London as a student in the mid 70s, he says there was only a handful of good restaurants. Landing a job writing for high-profile magazine Harpers and Queen, the young journalist admits to being in the right place at the right time.

"When I started in 1980 there were only three restaurant critics in the country - at Harpers, at Vogue and Fay Maschler. It was a very good period to be writing about food because things were stirring. Up until then restaurant's had been very staid and formal, and with the opening of new places like Langham's in Mayfair, suddenly the idea of a restaurant as a big social event captured people's imagination."

Grossman says that working for 'the world's super trendy glossy magazine' meant that TV producers were interested in his

skills. By 1983 he was presenting Through The Keyhole and a few years later along came Masterchef.

But although he has become one of Britain's foremost culinary authorities with his own line of food products, Grossman admits that he didn't learn to cook until he was 30.

"My parents weren't cooks but we went to lots of great restaurants. I only started to learn how to cook because I wanted to know more about food. The first thing I learned to make was a tomato sauce, using what now seems like a very complicated recipe from an American cook book and had lots of slightly odd ingredients in it."

Grossman has always had an attachment to Italian cuisine and since moving to Europe has spent many happy holidays touring the country.

"When I started spending more time there, I realised you couldn't go to Italy if you weren't as interested in food as you were with architecture and art. It's just part of the culture."

With the help of his Italian development chef Anthony Warner, he's enjoyed making his own-brand Italian sauces. But once again, Lloyd was way ahead of his time.

"When we started developing my range of food I didn't know anything about the food business," he says with a laugh. "I thought I would make something at home and then we would figure out how to make it on a large scale."

"But apparently that's not how it's done. I soon discovered that a lot of sauces are made with water and modified starches. I wanted to use ingredients you'd find in your cupboard, and not have people reading the side of the jars saying, 'What's this?'. These days my way of thinking is normal, but 13 years ago things were very different."

By Sarah O'Meara

## Lloyd's tips for Italian cooking

### • Keep it simple

"Italian restaurants that try and be like grand French restaurants go wrong," Lloyd says. "It's all about letting the ingredients speak for themselves and using assertive flavours. Most pasta sauces do not have more than six or seven ingredients. It's rustic, home cooking not haute cuisine."

### • Organisation

"It's all about organisation," Lloyd explains. "Because the timing flows from that. You can't just throw everything together. You've got to be able to think a certain way."

### • Ingredients

"Because you can't disguise anything, the better the ingredients the better result you're going to have," says Lloyd. "The hardest thing for people is getting good quality olive oil. Unfortunately it's a case of you get what you pay for. There's no question that spending another 30 pence on pasta will also make a world of difference."

## Tomato and basil sauce with mozzarella and aubergine

(Serves 2)

### Ingredients:

- 1 small jar of Lloyd Grossman Tomato and Basil Sauce
- 1 aubergine
- 1 whole mozzarella cheese (1 tub)
- 1 punnet of cherry tomatoes
- 200g penne pasta
- Extra virgin olive oil
- Black pepper

Cook the pasta until al dente (cooked without being soggy).

Slice off the outside skin of the aubergine all the way around, cutting down from top to bottom on all four sides about a quarter of an inch deep, then slice the skins into thin batons widthways. Cover the bottom of a non-stick pan with olive oil and when hot, shallow fry the aubergine batons until the pulp is soft and the skin begins to crisp.

Stir in a jar of Lloyd Grossman Tomato and Basil Sauce and heat until piping hot.

Dice the mozzarella, and wash and halve the cherry tomatoes add both to your serving bowl with some torn fresh basil leaves, dress the mixture with extra virgin olive oil and black pepper.

When your pasta is cooked to taste, drain and toss into the pan with the sauce. When pasta is fully coated add to the serving bowl and mix. Decorate with freshly torn basil leaves.



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# Know your first aid for kids

Give kids some time off and they'll always manage to get into scrapes! With the summer holidays upon us we've got a package of tips and advice for parents so they know what to do if youngsters get a minor or more serious injury or ailment.

Summertime and the holidays bring children outside to have fun in playgrounds and paddling pools, on beaches and at barbecues and parties.

But with so many outdoor ac-

tivities to enjoy, minor mishaps are bound to occur, and perhaps occasionally, a more serious accident.

Mike Hayes, project director of the charity, Child Accident

Prevention Trust, advises parents to "be aware of where children are playing if they've got time off school. Perhaps they're likely to play in the street - so are they aware of the danger of traf-

A happy family barbecue can turn to horror in a flash!



A hot, sunny day and cool, inviting water - a dangerous mix for a child left unattended.



If only a simple plaster could make everything better ...

fic and know the kerb drill?

"There may be a pond or lake nearby and on a hot day they'll suddenly decide to go to for a swim, but are unaware that a stretch of water is particularly deep. Do they know the rules for water safety and have they got lifesaving skills?"

A major factor in summer accidents is that parents and children are more often away from home visiting unfamiliar places or locations, according to Kerri Summers of The Parent Company, which offers first aid courses to parents.

She says: "Conscientious parents - and they're the majority - will generally make sure, for instance, that dangerous chemicals or cleaning fluids are locked safely away in their own homes. But problems can arise when

families visit relatives, go on outings or perhaps stay in a holiday home where there aren't the same safeguards.

"Also, other people may have completely different ideas about safety, or not be used to having children around and taking precautions. So granny may leave her prescription pills beside her bed, which are mistaken for sweets by a visiting child or the oven door in a holiday villa may get red hot unlike the oven at home."

Kerri, 43, who founded the company ten years ago after her baby son nearly died after choking on a grape, but was saved through her nanny's first aid skills, says: "I would always urge parents to take a first aid course so they've got the skills to help their children if an acci-

dent arises.

"It could not only help save their child's or another child's life in an emergency, but also it helps give parents more confidence so they can allow their children the freedom to enjoy their childhood.

"There will always be risks in childhood activities, whether it's climbing trees or swimming - but this way parents can face the fear and be equipped to deal with whatever happens rather than acting out of fear."

So, what are the things to look out for and how do you treat them if they arise?

Check out the package of tips and advice for parents from medical experts at The Parent Company so you're prepared for the summer:

Cont'd. over...

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#### GENERAL TIPS

:: Have a First Aid kit at home, handy in the car, in your luggage if you're travelling.

:: Always take a 'emergency kits' with you on days out, including plasters, antiseptic wipes for cleaning cuts and grazes, Calpol sachets, anti-histamines (great for insect bites, nettle stings, hayfever).

:: Try to think ahead and anticipate hazards that might arise, especially in a new location. For

instance, ensure kids wear beach shoes so they can avoid cuts from sharp stones or glass on beaches.

:: Don't assume other people have the same safety standards, or rely on other parents to ensure your child stays safe, especially if there's a large group of children on an activity, particularly in a pool.

:: **Be vigilant!** Children are naturally curious and adventurous and fascinated by water.

Supervise children in paddling

pools and empty them immediately after use, and don't rely on other adults who are looking out for their children to look out for yours.

The more children in the pool the harder it is to notice a problem.

#### BURNS AND SCALDS

Summer and barbecues go hand in hand. Unfortunately little hands and other body parts can get a burn from even the briefest brush up against a hot barbecue.

**WHAT TO DO:** Comfort the child, cool the area, assess the damage and keep it clean.

Remove clothing from the burnt area if possible and only if it is easy to do so. Cool the area by running under cool tap water for 10-20 minutes or until the pain eases.

Lightly cover the area with cling film, plastic bag or cold wet cloth (NO WRAPPING THOUGH!). Give them some pain relief medicine.

To a toddler these cleaning chemicals and equipment are a brightly coloured container full of interesting shapes, colours and textures.



If the burn is larger than palm size or remains red, take them to a doctor or attend the Accident & Emergency department of your nearest hospital.

#### WOUNDS - BIG AND SMALL

Scrapes and grazes seem to increase in the summer when running around, exploring and risk-taking is the order of the day.

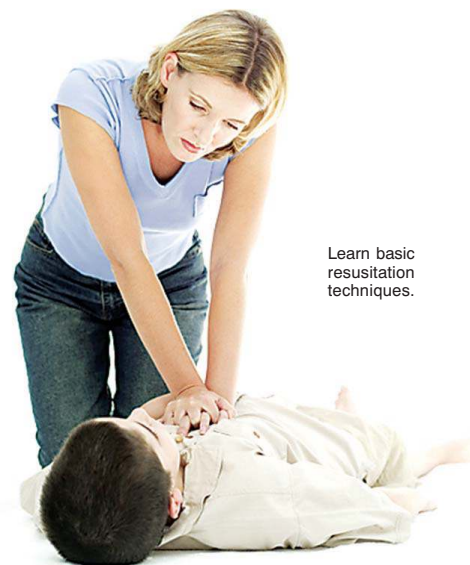
**WHAT TO DO:** Mostly these need a plaster and a 'kiss better'. If it looks like it needs a little bit more stop the bleeding, check the wound and keep it clean.

To stop bleeding apply gentle but firm pressure to the area using a clean cloth or dressing. Once the bleeding has stopped check the wound, if possible clean the wound with running water. Elevate the area.

For big wounds: Give them some pain relief medicine, keep applying pressure and take them to Accident & Emergency.

If there is something embedded in it DO NOT REMOVE IT.

For small wounds: If the



Learn basic resuscitation techniques.

wound has stopped bleeding and is not gaping use a steri-strip or apply a dressing. Keep it clean and dry. Watch and wait - if it keeps bleeding get it checked out.

#### LIMB INJURY

Climbing trees, playing outdoor games and making the most of the long hours of daylight in the playground mean that knowing what to do for an injury to a limb

is all important.

**WHAT TO DO:** First, make the child feel more comfortable and decide whether to go to hospital.

If it is obviously broken: Make them comfy. Support it in a sling (or maybe a tie, a neckerchief, or on a pillow). Give them pain medicine as it makes the journey easier. Go to casualty.

If you're unsure: Keep the



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Climbing trees is part of a carefree childhood - but not too young and not too high!

limb up - elevating it will help the swelling to go down. Encourage the child to rest. Adding some frozen peas in a tea towel will reduce the pain and swelling and wrapping up/supporting their sore arm/leg in a bandage can help.

If you've done all those things and they don't start to use it fully, get it checked out.

#### INSECT STINGS

Stings are far more likely to occur in the summer season.

**WHAT TO DO:** Make the child comfortable, remove the sting if possible and check for an allergic reaction. Signs include a rash, feeling warm or itchy, severe and sudden swelling, difficulty in breathing.

Scrape the sting off sideways with your thumb or a credit card and give the area a clean with

water. Cool water, ice packs (wrapped in a cloth) or a cool wet cloth will lessen the pain and reduce swelling. Administer anti-histamine medicine if it is itchy.

For wasp stings, bathe the affected area in vinegar. Bee stings respond well to bicarbonate of soda applied to the sting.

If your child swallows a sting give them a cold drink or an ice cube to suck on if old enough, and watch for signs of allergic reaction.

Should there be any swelling on their face or around the mouth, or strange breathing, call an ambulance and give anti-histamine medicine. Do not be tempted to drive to hospital with an allergic child. The key is to keep them still and calm, and wait for the paramedics.

#### NOSE BLEEDS

Nose bleeds are more common in the summer months when pollen levels are high and blood vessels dilate in the heat.

**WHAT TO DO:** Keep the child comfortable and stop the bleeding. Encourage them to sit forward, pinch the middle and lower (soft) part of their little nose.

Give them ice cool drinks to sip to help slow the bleeding down. Do not let them blow their nose if it's stopped bleeding.

Swallowing some of the blood can make children feel sick, reassure them and keep an eye on the vomiting. If the bleeding continues for more than 30 minutes take them to see a doctor.

#### EYE INJURIES

Walking into a tree branch and poking the eye, receiving a ball in the face, rubbing sand into the eye or even simply too much chlorine can lead to upset and distress in children.

**WHAT TO DO:** Try to wash the area and calm and reassure your child. Keep them still. If there is something in their eye leave it

there and go to hospital.

If something's been splashed/sprayed in to the eye: Read the information on the product's bottle, try to rinse the eye with sterile or clean water, run it from the side of the face across into the eye. Give some pain relief medicine.

Go to your nearest Accident & Emergency department, or an eye hospital if there is one nearby.

#### WATERSAFETY

Water safety is one area where awareness can make a huge difference. Every year around six young children drown in garden ponds, with children aged one or two at most risk, according to the Child Accident Prevention Trust.

When you are on holiday or visiting friends and family take the time to check out the environment for any water dangers, such as children being able to gain access to unfenced areas of water such as ponds or swimming pools.

Be vigilant as even shallow water can be dangerous and a child can drown in as little as 5cm

(2 inches) of water. Ponds should be drained or securely covered and swimming pools should be securely fenced and have child-proof self-locking gates.

Don't limit vigilance or supervision to pool hours as children could decide to visit the pool area at any time of the day or night.

Do not allow diving unless you are confident that the water is deep enough and the diver is competent and encourage a 'walk only' policy around a pool.

Check that toxic pool cleaning chemicals are locked up, out of view and reach of children. Learn the meaning of signs and flags at beaches and abide by the rules at



Begin teaching your child the 'Highway Code' as soon as they start to walk.

all times.

∴ The Child Accident Prevention Trust offers practical information on preventing accidents involving children and young people. Call 00 44 (0)20 7608 3828 or go to: [www.capt.org.uk](http://www.capt.org.uk)

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Nose bleeds are more common in summer when pollen levels are high and blood vessels dilate in the heat.

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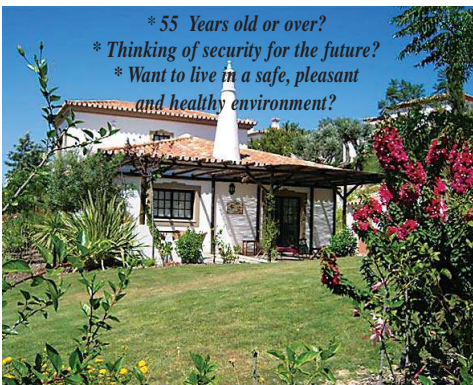
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# Magical Madeira in a moment

Three days, a ferry and a rent-a-car is all it takes to see the best, though not all, of what Madeira has to offer; but for anyone who thinks Madeira has little more to offer than bananas and flowers, think again. It is a culture-filled, laid-back destination for travellers of all ages, ideal for families, with lots to see and do and tropical temperatures all year round. Now, thanks to Naveira Armas' new weekly ferry route from Portimão, Algarve, to Funchal, and one-way tickets starting from as little as 75 Euros, it is a mini-break you can't afford to miss.

Ferries are not what they used to be and Naveira Armas' latest vessel, the Volcan de Tijarafe, connecting mainland Portugal to one of its most charismatic islands, is living proof. With on-board entertainment, spacious, clean cabins and a dip-pool on deck, it is more like a mini-cruise than a mere ferry.

Operating since 1942, Naveira Armas is one of the Canary Islands' most frequently used companies, comprising a large, modern fleet.

The Portugal News had the pleasure of travelling on-board the Volcan de Tijarafe as well as

exploring Madeira in a whirlwind two-day tour that was surprisingly relaxing.

Sunday morning, check-in at Portimão dock from 10h00 and at 12am on the dot the Volcan de Tijarafe sets sail, gliding out of Portimão marina and providing a privileged viewpoint as it goes.

Its maiden voyage, which took place on June 14th this year, was an historical event, being the first sea-connection to occur between mainland Portugal and Madeira in 30 years.

Passengers are welcomed on board with flower garlands, probably more fitting on a Caribbean

cruise-liner but a little gesture that sets the tone for the trip ahead.

Budget travellers have the option to make the 22-hour crossing in armchairs – pillows and blankets provided – whilst families or couples can choose a surprisingly spacious cabin for two or four persons, with private bathrooms.

A word of advice: just because it's summer, sunny and warm, and just because it's a relatively short crossing, don't expect the delightful, placid, on-land weather to continue at sea. Sometimes it won't. And in this case it



didn't. Ready-salted crisps are always good to settle un-settled tummies, but packing sea-sickness tablets may be the best bet... just in case...

As the crossing is weekly, those planning to take a vehicle to Madeira (which is essential to explore the island, though cars can be rented once there) will only be able to return by ferry the following Saturday, so a return ferry trip entails a minimum five-night stay. However, for travellers without vehicles, there are competitive prices on one-way flights between Madeira and mainland Portugal and easyJet

now operates a number of low-cost flights to and from the UK, so your trip can be as long or as short as you like.

The 22-hour crossing actually trundles by quite nicely as there is a fair amount to do and see on board.

Besides the dip pool and sun decks there are a number of bars and eateries, documentaries and films are shown, travel games are always a good idea to take on any trip, and on-board entertainment livens up the night with passen-

gers being encouraged to participate in an activity or two (learning to Salsa or Cha Cha Cha at high sea on rolling swells is highly amusing entertainment!)

The following morning Madeira and its uninhabited neighbouring isles are unveiled through dawn mists to reveal stunning sights.

Watching aircraft circle Funchal Airport and land on what was once one of the shortest runways in the world, measuring 1,600 metres before being ex-



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tended by 200 metres in 1985, is rather amazing. Actually landing at or taking off from Funchal, for the less enthusiastic flyer, is another story, but memorable nonetheless.

Alberto João Jardim, president of the regional government, has been criticised for straining ties with the mainland, though in fairness, he seems to be doing a pretty good job of keeping his island happy.

Impeccably clean and manicured, Madeira is like a basket bursting with fresh and exotic flowers, run like clockwork by a regime that strives to be perceived as independent. There are so many things to see and do in Madeira that planning ahead, if only going for a short break, is wise.

The first port of call has to be (and is, quite literally) Funchal.

Home to a stunning fruit and vegetable market the city spreads up and over the hills that embrace its vibrant centre, thousands of red roofs all looking newly tiled, quaint houses scaling the steep streets.

The best way to take in the city is undoubtedly from one of the cable cars that climb from the

old part of Funchal, to Monte, a 15 minute ride that offers all-round panoramic views and sets hearts racing. There are a number of alternatives to get back down from Monte – bus, returning by cable car, a considerable walk – but the most exciting way has to be the traditional wicker toboggans, plain old wood on tarmac.

With no breaks, no wheels and no steering equipment, the two-seater baskets are steered by two typically-clothed 'chauffeurs' down the steep streets with nothing between the baskets and the on-coming (or overtaking) traffic but years of experience. Reaching speeds of up to 20 kilometres an hour it is a unique and exhilarating way of getting down the mountain.

As the baskets stop halfway though (probably just as well as one similarity that Madeira does share with its big-brother mainland is the ambitious road skills portrayed by some drivers) a leisurely downhill stroll to the city centre takes around 40 minutes and means you can pop into one of the off-track grocery-store-come-bar establishments that serve chilled, homemade 'Poncha' – a lively (traditional



Pictured above: Funchal harbour as seen from the ferry on arrival; left: The traditional Basket Ride awaits you; below left: Farol Verde Bar, where they serve 'Nikitas' (inset), a wine, beer and vanilla ice-cream concoction, served in a pint-glass! Below right: You can see why Madeira is called 'the garden of Europe'. Opposite page - top: Clouds 'falling' over the mountains; bottom right: One of the island's sea-water lidos; and bottom right: The ferry Volcan de Tijarafe moored in Funchal harbour. (Photos: Carrie-Marie Bratley/The Portugal News)

and highly alcoholic) mixture of lemon juice, sugar cane liqueur and cinnamon that, true to its name, really does pack a punch.

Nearby town Camara de Lobos offers gastronomists an opportunity to try real Madeiran food and drink.

Estreito de Camara de Lobos, a strait in the mountains above the town, is home to restaurant Santo Antonio, renowned island-wide for its traditional hanging kebabs, made with cubes of local beef, marinated in bay-leaf and garlic and grilled on a wood fire, accompanied by fried corn-bread, homemade chips and salad.

Follow this with a 'Nikita', back down in main town Camara de Lobos (which is more like a fishing village and also offers excellent seafood), an interesting concoction of wine, beer and vanilla ice-cream, served in a pint-glass. No one can accuse the Madeirans of not being adventurous! And if you are adventurous then you will love exploring the island.

Twenty-seven man-made

tunnels make up Madeira's well-organised and well-structured road system, meaning it is possible to circumnavigate the whole island in one-day, by car – it does become a very long day with lots of driving involved – though well worth it as there are many breathtaking sights to be seen.

Heading east from Funchal are the towns of Machico, Caniço (once the crib of Madeira's booming whaling industry, now home to a whale museum) and the furthest most eastern point, Ponto de São Lourenço.

North of Funchal is Santana, with its typical triangular thatched houses, and São Vicente, from where stunning coastline scenes can be captured

on camera.

Porto Moniz is the furthest possible North-Western town on Madeira, a main attraction being its natural pools where for just €1.25, visitors can spend the whole day soaking up the sun and taking a refreshing swim in one of the sea-water filled rock formations.

Taking a cross-country-in-land route back to Funchal will lead through stunning mountain scenery, higher than the clouds where cows roam free and the temperatures are pleasantly cooler.

For those staying a little longer, hopping over to Porto Santo, a neighbouring island 40 kilometres North-East of Madeira, is just a 15 minute flight or

a short ferry trip away.

Madeira is as colourful and as interesting as its outspoken and somewhat controversial President, and, whilst not worthy of its image as a destination only for the more 'mature' traveller, it does have a class and sophistication that places it in a totally different league to other popular islands. It is a place that has remained true to its traditions, and whilst flora does play a big role in these traditions, you really don't have to be a botanist to have a ball in Madeira.

Carrie-Marie Bratley  
The Portugal News travelled to Madeira as a guest of Naveira Armas (see their website: [www.naviera-armas.com](http://www.naviera-armas.com))



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www.calico-park.com

### DOMUSIBERICA BURGAL

Property Development  
Praia da Luz  
Tel: +351 282 788 477/8  
info@domusiberica.com  
www.domusiberica.com

### EDWARD JONES LTD

Developers  
Bensafrim  
Tel: 918 866 644 / 963 945 211  
email: Julio Pires  
jpries@edwardjonescasas.com

### ELLY VAN HULST

Real Estate  
Between Loulé & S. Brás  
www.property-runner.com  
Tel: 289 842 992

### ERA ALVOR

Real Estate  
Rua Marques de Pombal,  
No 20 A, Alvor  
Tel: 282 402 440  
alvor@era.pt  
www.era.pt/alvor

### ERA PAREDE

Tel: 214 588 440  
paredede@era.pt  
www.paredede.pt/paredede

### ESTE ALGARVE

Real Estate  
Cevadeiras, Vila Nova de Cacela,  
8900 V. Real de Stº António.  
Tel: 281 951 165  
or Centro Comer., Av. 28 de Maio  
(Marginal) - 8800 Tavira.  
Tel: 281 370 277  
belosantospedras@hotmail.com  
www.estealgarve.com

### GARVETUR IMOB - PROP

Vilamoura  
Tel: 289 322 488  
vendas@garvetur.pt  
www.garvetur.pt

### HELENA DIAS REAL ESTATE

Estrada Sta Eulália, Bl. 10  
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Tel: 289 514 252  
info@helenadias.com  
www.helenadias.com

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Algarve Property  
Vilamoura  
sales@algarveproperty.com  
www.algarveproperty.com

### LAND & HOUSES

Yellow Homes  
Real Estate  
Rua Dr. José Pires Padinha 178,  
Tavira.  
Tel: 281 320 281.  
www.landandhousesalgarve.com

### NEWLYN

Property developers  
Tel: 289 320 180  
www.opomar.net

### OMG INTERNATIONAL

Investment Property Specialists  
Vale do Lobo  
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gcasey@omginternational.ie  
www.omginternational.ie

### PEACE OF MIND PROPERTY SERVICES

Tavira  
Mob: 967 015 960  
Tel: 281 495 836  
jokarl68@yahoo.com  
www.peaceofmindgb.com

### REMAX

Carla Gomes  
Tel: 961 518 152  
www.acrossthealgarve.com

### REMAX FLASH

Real Estate  
Alcantarilha  
Tel: 282 310 700  
Fax: 282 310 709  
Mobile: 968 484 298.  
flash@remax.pt

### REMAX LAGOS

Real Estate  
João Nunes  
Rua Garrett 19, Lagos  
Tel: 282 780 582  
Mob: 917 771 849  
email: joao.s.nunes@clix.pt

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Real Estate  
Lurdes Martins  
Mobile: 967 449 203  
email: mgmartins@remax.pt

### REMAX LAGOS

Real Estate  
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Rua Garrett 19, Lagos  
Tel: 282 780 588  
Mobile: 966 889 290  
email: akrujff@remax.pt

### REMAX VILAMOURA

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Vilamoura  
Mobile: 962 014 793  
email: ssantos@remax.pt  
www.remax.pt/ssantos

### SILVER HOLIDAYS

Real Estate  
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Vilamoura  
info@silverholidays.com  
www.silverholidays.com

### TO GO FOR HOMES

Algarve Property Specialists  
Alvor  
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Mob: 917 472 273  
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### VENDAVIDA - VILAMOURA

Real Estate  
Tel: 289 314 466  
Fax: 289 315 578  
vilagente@mail.telepac.pt  
www.vendavilla.com

### VIGIA ESTATES

Almádena  
Tel: 282 690 073  
sales@vigiasa.com  
www.vigiaestates.com

### VILLAS LUZ

Real Estate  
Av. 25 de Abril, Edifício Miramar,  
Loja B, Fuzeta.  
Tel: 289 798 099  
Fax: 289 798 101  
office\_villasluz@sapo.pt  
www.villasluz.com

## Property Management

### IPC MANAGEMENT

Villa Management &  
Pool Maintenance  
Tel: 282 356 284/5  
Fax: 282 356 280  
ipc.mam@mail.telepac.pt

## Property Services

### AMERICO SOARES

Bore holes, pumps, water treatment,  
repairs & assistance  
Mob: 966 387 338  
Tel: 289 823 748  
americosoares@portugalmail.pt

### ACTION COMPLETE PEST CONTROL

Moncarapacho  
Tel: 289 793 644  
Mob: 968 484 383  
actioncompletepestcontrol@iol.pt

### ALGARVE BOOK CELLAR

Carvoeiro  
Tel: 282 085 713  
raymond.compton@netvisão.pt

### DAVID ST FORD

Windows, doors etc  
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Tel: 282 697 730  
mobile 968 287 146  
davidstford@hotmail.com

### GFS METALWORK

Gates, grills etc  
Tel: 282 449 270  
Mobile: 933 402 261, 933 555 387  
www.gfs-metalworks.com  
info@gfs-metalworks.com

### GIANTS WINDOWS

Windows, doors, etc  
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Algarve only  
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email: m2mblinds@hotmail.com

### MESTRE CONSTRUTIVO

Construction  
289 422 525 or 938 669 215  
Fax 289 422 268.  
www.mestre-construtivo.com  
info@mestre-construtivo.com

### OZ SHADE

Shade sails and structures  
Tel: 282 968 322  
Mobile 914 950 111  
Email: info@oz-shade.com  
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Drain cleaning specialists  
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### STONE CARE SERVICES

Natural Stone, refurbishment &  
maintenance  
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Mobile: 966 001 922

### TOFTS

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Tel: 289 399 370

### TOTAL DRAIN SERVICES

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sales@totalservices.int

## Removals

### AIM

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info@aim.com.pt

### ALGARVE REMOVALS

Removals & Storage  
Tel UK: +44 (0) 1245 468 888  
Mobile UK: +44 (0) 7711 179842 or  
Tel: 289 513 851  
Mobile: 969 134 801  
sales@algarveremovals.com  
www.algarveremovals.com

### EMPRESA DE TRANSPORTS GALAMAS

Carcavelos  
Tel: 214 443 021  
luisa.ferreira@galamas.pt

### NEW CONCEPT INTERNATIONAL

Removals & Storage  
Tel: 289 395 105 Mob: 968 031 955  
(+44) 845 004 6827

### NEIL & EMILY RICHARDSON

Tavira  
Tel: 939 486 870 or 281 963 191  
email: neilandem@sapo.pt

### PPS TRANSPORTS

Removals & Deliveries Services  
UK, Spain, France & Holland  
Tel: 0044 142 781 0694  
UK mobile 077 919 0957  
www.ppstransport.com

### SA REMOVALS

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mudatudo@iol.pt  
www.removalsportugal.com

### 125 REMOVALS

Transport & storage  
Sítio da Mesquita, Edifício 1,  
Mexilhoira Grande, Portimão  
Tel: 282 968 900  
Fax 282 969 704  
Email: sales@125-removals.com

## Restaurants

### BISTRO DES Z'ARTES

International Menu  
Rua Calvario, 69  
Almancil  
Tel: 289 395 114  
Mob: 967 785 601

### FAJA LOBI

International & Surinam Cuisine  
Open Mon - Sat: 12:00 - late  
Sun: 12:00 - 3pm  
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Mob: 918 838 484

### MONTE'S

Fine & Gourmet dining & coffess  
lounge  
Road leading to Boavista Golf  
Resort, Lagos  
Rest: 12.00 - 15.00 & 18.00 - 22.00  
Lounge: 10.00 - 17.00  
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Freshly prepared International  
Cuisine  
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Barão de São João  
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Mob: 912 299 672

### RESTAURANTE FLORESTAL

Cosmopolitan menu  
Open: Tues-Sat. 12.00-2.30pm &  
7.00-10.00pm  
Sun. Special Brunch 12-3pm  
Barão de S. João, Nr. Luz  
Tel: 282 687 204

### SHANGHAI RESTAURANT

Delicious dishes from Shanghai,  
China  
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### THE CORNISH RANGE –

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The taste of Cornwall in the Algarve  
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### APOLONIA SUPERMARKETS

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Sítio Vale do Robelho, Guia,  
Albufeira  
Tel: 289 583 950

### BELLA SAPATOS

Shoes for kids & mums  
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Tel: 282 761 155  
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bella8@sapo.pt

### BLUE ROCK

Butcher  
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Carvoeiro.  
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Mobile 912 627 554.

### CENTRO COMERCIAL PORTIMÃO

Continente + 60 shops + 6 Cinemas +  
12 Restaurants  
Portimão  
Tel: 282 490 840  
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Quinta da Praia - Alvor  
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email: greening@sapo.pt

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Outdoor Chef  
The new BBQ culinary entertainer  
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Fashions  
Av do Rio, Ed. Almadraba,  
Loja B, Armazão de Pêra  
282 312 936

### GARDEUR DIRECT

Clothing  
Praia da Luz  
Tel: 282 788 630  
www.gardeurdirect.com

### KUROKAI

Young fashion - large sizes  
Rua Vincente Vas das Vacas, nº35  
Portimão  
Tel: 282 498 335

### MOVIESON

Algarves Finest Outdoor Furniture  
Store  
EN25 Chincinato, Lagos  
Tel: 282 798 101  
info@movison.com

### SHOES & CARDS 4U.

START-RITE stockist  
Av. 5 de Outubro, Blc. 4, R/c Esq.  
Almancil.  
Tel: 289 358 014  
Mob: 933 326 471

### THE ENGLISH BUTCHER

Butcher  
Almancil  
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Mobile: 965 864 682

### THOMAS GREEN

British Supermarket  
Lagos  
Tel: 282 799 023  
email: lagos@thomasgreen.pt

### THOMAS GREEN

British Supermarket  
Olhos de Água, Albufeira  
Tel: 289 541 119  
email: albufeira@thomasgreen.pt  
www.thomasgreen.pt

### ZONDA THE BBQ SHOP

EN125, close to the old Quatro  
Estradas junction  
289 356 233.  
www.zonda-thebbqshop.com

## www.the-news.net

## Sports & Activities

### TIFFANYS HORSE RIDING

Riding, lessons, training, livery etc.  
Almádena - Lagos  
Tel: 282 697 395  
www.teamtiffanys.com

### VALE DE MILHO GOLF

Carvoeiro  
Tel: 282 358 502  
valedemilhogolf@mail.telepac.pt  
www.valedemilhogolf.com

## Satellite systems

### DIGITAL SATELLITE

Satellite systems  
Albufeira  
Tel: 282 542 534 Fax 289 543 226  
digsat@hotmail.com

### MARC ELECTRÓNICA

Satellite, TV, Audio & Video  
Sítio do Poco Seco, Arm 5  
(behind the gas station)  
Portimão or  
Avenida Engenheiro Duarte, Nr. 51



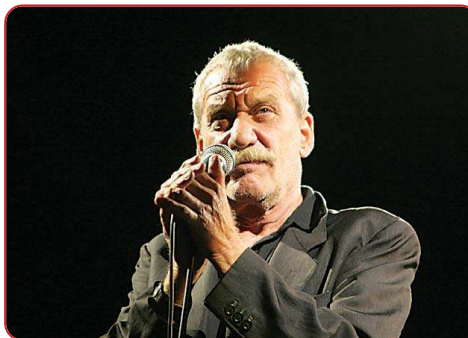
Events on these pages are published in good faith and in accordance with information given to us. We regret that we cannot accept responsibility for

## LIVE CONCERTS

**Julio Iglesias** – Portimão municipal stadium on August 5<sup>th</sup>. Tickets: from €45.



**Paolo Conte (Allgarve)** – Estádio da Restinga in Alvor on August 6<sup>th</sup>. Tickets: €30<sup>th</sup>.



**Vanessa da Mata (Allgarve)** – at the Lake Resort in Vilamoura on August 8<sup>th</sup>. Tickets: €30.



## LIVE MUSIC

**Brazilian Beats** – on August 2<sup>nd</sup> at Parchal at Largo do Cuco, as part of the Lagoa summer nights.

**Rastrelli Quartet** – four cellos – Kira Kraftzoff, Kirill Timofeev, Sergui Drabkine and Missa Degtiareff – on Wednesday, August 6<sup>th</sup> the patios of São Lourenço Cultural Centre from 8pm. Tickets: €25, including snacks and greeting drink. Call 289 395 475.

**Konono** – Congo band on Saturday, August 2<sup>nd</sup> at the Belém Cultural Centre from 10pm. Entrance is free.

**Rabih About-Khalil feat Ricardo Ribeiro** – Mixture of jazz and arabe music on Sunday, August 3<sup>rd</sup> at the Belém Cultural Centre from 10pm. Entrance is free.

**Eliades Ochoa** – Cuban music at the Belém Cultural Centre from 10pm. Entrance is free.

**Festa da Cerveja** – August 1<sup>st</sup> until August 3<sup>rd</sup>. August 1<sup>st</sup>: UHF. August 2<sup>nd</sup>: Off The Wall (Pink Floyd tribute band). August 3<sup>rd</sup>: Beto Kalalu. Tickets: €9 per person, including one beer mug and one drink.

**Folklore festival** – featuring one international folklore band and one Portuguese folklore band at Calvão in Carvoeiro on Friday, August 8<sup>th</sup>.

**Anti-Pop Music Festival** – until August 3<sup>rd</sup> at Viana do Castelo Forte S. Tiago da Barra. August 1<sup>st</sup>: Marc Houle; André Galuzzi; Ino & Grobas; Magazino; Miguel Rendeiro; Freshkitos; Modeselektor; Nuno F. August 2<sup>nd</sup>: Supermayer; Tiefschwarz; Mathew Jonson; Rui Vargas; Yen Sung; Ana Feel; Invaders. August 3<sup>rd</sup>: Sasse; Pedro Ricciardi. Tickets: €25 - €60.

**Paredes de Coura** – until August 3<sup>rd</sup> at Praia Fluvial do Tabuão. Tickets: €40 - €70. August 1<sup>st</sup>: Primal Scream; Editors; The Sounds; Two Gallants; The Rakes; These New Puritans; d3a; Layabouts; Jazz Resort Soundsystem. August 2<sup>nd</sup>: The Mars Volta; dEUS; Wraygunn; The Teenagers; Spiritual Front; Surkin; Woman In Panic; Dorian; Sean Riley & The Slowriders; Man-Drax. August 3<sup>rd</sup>: Thievery Corporation; The Lemonheads; Biffy Clyro; Rodrigo Leão & Pedro Oliveira & Bernardo Devlin & Nuno Gonçalves & João Eleutério (Joy Division tribute); Au Revoir Simone; Ra Ra Riot; Twin Turbo; Caribou; We Are Standart; Komodo Wagon; Trio de Afonso Pais. Tickets: €40 - €70.

**Sudoeste** – August 6<sup>th</sup> – 10<sup>th</sup> at Herdade da Casa Branca. August 6<sup>th</sup>: Bob Sinclair; Big Ali + Sexy Soundsystem; Malvado; J Tiefschwarz; Full Metal Funk; Pan Sorbe; Tiago Santos (Warm Up Night). August 7<sup>th</sup>: Balkan Beat Box; Tinariwen; Björk; Clá; Natiruts; Coldfinger; Roy Paci; Toumani Diabate; José James; Arnaldo Antunes; Roberta Sá; David Rodigan; Dub Incorporation; Souls of Fire; Bambule; Gui Boratto + Stereo Addiction; Zé Pedro Moura; Hugo Santana. August 8<sup>th</sup>: Dynamics; The Chemical Brothers; Goldfrapp; Tindersticks; Yael Naim; Rita Redshoes; Moinho; Tétine; Rosália de Sousa; Nneka; Cidinho & Doca; Zion Train; Beenie Man; Al Borosie; The Most Wanted; Rui Vargas; Sue Ellen; Magazino; Nuno Reis; Mary B. August 9<sup>th</sup>: Nitin Sawhney; Vanessa da Mata; David Fonseca; Melee; Brandi Carlile; Os Pontos Negros; Alexia Bonetempo; Deolinda; Camané; Tiago Bettencourt; NoJokeSound & BigBadaBoom; Richie Spice; Ziggi; Chaparro; Hedman; Kitten; Discotexas; Glam Slam Dance. August 10<sup>th</sup>: Xutos & Pontapés & The Rock n' Roll Big Band; Franz Ferdinand; Shout Out Louds; Jorge Palma + Tara Perdida; Led On (The Led Zeppelin Attitude Band); Fanfarlo; The Vicious Five; Junior Boys; Cut Copy; Jamie Lidell; PowPow Movement; Alpha Blondy; Luciano; Jah Vei; Booka Shade; Dezperados; João Maria; José Belo. Tickets: €40 - €75.

**Jazz in August** – featuring Eric Dolphy documentary from 6.30pm and live music by Satoko Fuji Min-Yoh ensemble on August 2<sup>nd</sup>. Tickets: €17,50. August 3<sup>rd</sup>: A Bookshelf on top of the sky from 3.30pm and live music by PAAP from 6.30pm. Tickets: €12,50. August 7<sup>th</sup>: film Misha Mengelberg Affijn from 6.30pm and live music by Taylor Ho Bynum sextet from 9.30pm. Tickets: €17,50. August 8<sup>th</sup>: film The Changing Scene from 3.30pm and live music by Memorize the Sky from 6.30pm. Tickets: €12,50. And Sylvie Courvoisier Lonelyville. Tickets: €17,50. August 9<sup>th</sup>: Fritz Hauser from 3.30pm. Tickets: €12,50. Pascal Contet / Barre Phillips from 6.30pm. Tickets: €12,50. Peter Brotznabb Chicago Tentet. Tickets: €20. Festival at Gulbenkian in Lisbon.

**Hip Hop and the Rhythm of Life** – B. Boys, B. Girls, 12 Macacos and 7<sup>th</sup> Attitude from August 7<sup>th</sup> until 10<sup>th</sup> at Belém Cultural Centre from 7pm. Entrance is free.

## FESTIVALS



## THEATRE

**Opera gala** – part of Tavira's summer activities on August 2<sup>nd</sup> at Praça da República in Tavira from 10pm.

**Night Mother** – originally written by Pulitzer winner Marsha Norman, play in Portuguese performed by well-known Portuguese actresses Sofia Alves and Manuela Maria at Teatro das Figuras in Faro on Saturday, August 2<sup>nd</sup>. Tickets: €15.

**William Shakespeare in 97'** – 37 plays in 97 minutes, fast-paced romp through the Bard's plays is praised by critics as "the funniest show you are likely to see in your entire life" at Teatro das Figuras in Faro on Friday, August 8<sup>th</sup> and Saturday, August 9<sup>th</sup> from 10pm. Tickets: €15.

# MUSIC EVENTS COMING SOON

Your weekly guide to the best summer festivals coming your way...

## Music Festivals

### AUGUST

**Sudoeste** – August 6<sup>th</sup> – 10<sup>th</sup> at Herdade da Casa Branca. August 6<sup>th</sup>: Tiefschwarz; Full Metal Funk; Pan Sorbe; Tiago Santos. August 7<sup>th</sup>: Björk; Dub Incorporation; Tinariwen; Clá; Roy Paci & Aretuska; Balkan Beat Box; Sam Sparro; José James; Bambule; Souls of Fire; Dub Inc; David Rodigan; La Fura Dels Baus; Stereo Addiction; Gui Boratto; Zé Pedro Moura; Hugo Santana. August 8<sup>th</sup>: The Chemical Brothers; Goldfrapp; Tindersticks; The Dynamics; Yael Naim; Camané;

Rita Redshoes; The Most Wanted; Al Borosie; Bennie Man; Zion Train Sound System; La Fura Dels Baus; Rui Vargas; Sue Ellen; Magazino; Mary B. August 9<sup>th</sup>: Nitin Sawhney; David Fonseca; Vanessa da Mata; Make Model; Melee; Tiago Bettencourt; Deolinda; Chaparro; Ziggi; Ritchie Spice; NoJokeSound; Along Side BigBadaBoom; La Fura Dels Baus; Kitten; Hedman; Moulinex & Xinobi. August 10<sup>th</sup>: Franz Ferdinand; Fanfarlo; Junior Boys; Cut Copy; Xutos & Pontapés & Orquestra de Metais do Hot Club; Jorge Palma; The Vicious

Five; Tara Perdida; Led On (The Led Zeppelin Attitude Band); Jah Vei; Luciano; Alpha Blondy; Pow Pow Movement; La Fura Dels Baus; Dezperados; Booka Shade; João Maria; Zé Belo. Tickets: €40 - €75.

**Surf Fest** – August 14<sup>th</sup> – 15<sup>th</sup> in Sagres. August 14<sup>th</sup>: Massive Attack; Morgan Heritage; ASA; Dub Pistols; Mani3stos. August 15<sup>th</sup>: Emir Kusturica & The No Smoking Orchestra; Groundation; Jahcouth & Dubios Neighborhood; José Gonzalez; Triplet; Docas Cariocas. Tickets: €25 - €40.

**Noites Ritual Rock** – August 29<sup>th</sup> – 30<sup>th</sup> at Jardim do Palácio de Cristal in Oporto. August 29<sup>th</sup>: Sam The Kid; Tiago Bettencourt & Mantha; Micro Audio Waves. August 30<sup>th</sup>: Buraka Som Sistema; Linda Martini; Rita Redshoes. Entrance is free.

**SEPTEMBER**  
**Festa do Avante!** – September 5<sup>th</sup> – 7<sup>th</sup> at Seixal (Amora) Quinta da Atalaia. Acts yet TBA.

**Caos Emergente** – September 12<sup>th</sup> – 14<sup>th</sup> at Paredes (Recarei).

## Live Concerts

### AUGUST

**You Should Go Ahead** – August 9<sup>th</sup> at Guia Fnac from 9.30pm. Entrance is free.

**Orishas** – August 10<sup>th</sup> at Portimão riverside, at the sardine festival. Entrance is free.

**Jorge Palma** – August 10<sup>th</sup> at Portimão riverside, at the sardine festival. Entrance is free.

**Waterboys (Allgarve)** – August 11<sup>th</sup> at Quarteira Rugby site. Tickets: €30.

**Camané** – August 11<sup>th</sup> at Portimão riverside, at the sardine festival. Entrance is free.

**João Pedro Pais & Ricardo Azevedo** – August 12<sup>th</sup> at Portimão riverside, at the sardine festival. Tickets: €3.50.

**Jorge Palma** – August 13<sup>th</sup> at Portimão riverside, at the sardine festival. Tickets: €3.50.

**Da Weasel** – August 14<sup>th</sup> at Portimão riverside, at the sardine festival. Tickets: €3.50.

**Mafalda Viega** – August 15<sup>th</sup> at Portimão riverside, at the sardine festival. Tickets: €3.50.

**Martinho da Vila** – August 16<sup>th</sup> at Portimão riverside, at the sardine festival. Tickets: €3.50.

**Camané, Mário Laginha & David Fonseca (Allgarve)** – August 16<sup>th</sup> at Hotel Tivoli Almoarsor, Carvoeiro. Tickets: €25.  
**Just Girls** – August 17<sup>th</sup> at Portimão riverside, at the sardine festival. Tickets: €3.50.

**Rui Reininho** – August 23<sup>rd</sup> in Jardim do Alto in Loulé. Tickets: €20.

**Mariza & Convidados (Allgarve)** – August 29<sup>th</sup> at Loulé, Vale do Lobo. Tickets: €30.

**SEPTEMBER**  
**Madonna** – September 14<sup>th</sup> at Lisbon ela Vista Park. Tickets: €60.

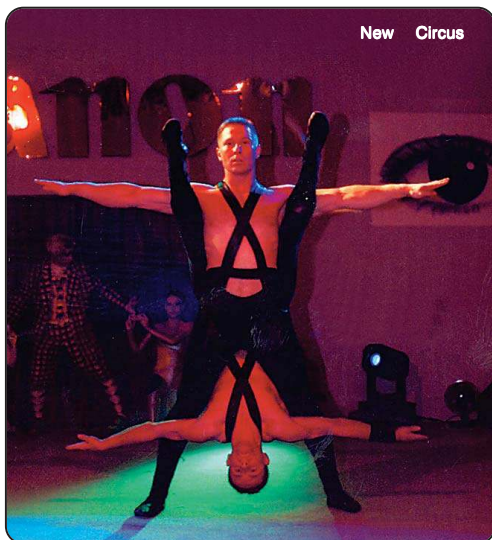
**DECEMBER**  
**Gogol Bordello** – December 10<sup>th</sup> at Lisbon Praça de Touros do Campo Pequeno.

**TICKETS** Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: Ticketline 707 234 324



events which are cancelled, delayed or fail to live up to their billing. Send us your events to copy@the-news.net by Tuesday before publication.

## JUST FOR FUN



New Circus

## FOR A GOOD CAUSE

**Olympic Rings of Fire** - This is a unique opportunity to add your individual voice to millions against the Beijing Olympics. A minimum of 49 people are needed, organised in groups of (7 x 7), first by as contact and communication circles to organise and publicise the event, and then as contributors to run the sit in meditation to form the Olympic Circles of Light an area is drawn up on the ground with the Olympic Circles (within a 10m x 10m square) 5 circles of seven people sit in fixed positions (5 x 7 = 35 people). Meditate for as long as you want - 30 minutes to the end (24 hours). When one person leaves the circle someone else takes their place. A candle and incense is kept burning in front of each meditator. Circle rules: sitting cross legged or kneeling, silence in the circle, mindful movement, mettābhavana. Bands are also needed to take part in this event, so if anyone would like to perform (free of charge) is asked to get in contact with organisers on 913 315 092. The event will take place from August 8th and 10th in Lagos. On the first day local events are hosted to get people involved in forming the rings and witnessing the event. From 12 noon on Saturday 9th to 12 noon on Sunday 10th the 24 hour Olympic sit in Meditation events take place (locally and around the world). The event is also supported by the Roscoe foundation.

**Sasha Summer Sessions** – August 2<sup>nd</sup>: Summer Party – 15 years TVI with DJ Chus. August 3<sup>rd</sup>: MTV Kuduro Set with Buraka Som Sistema. August 4<sup>th</sup>: Vega Records Night with Little Louie Vega. August 5<sup>th</sup>: Optimus Summer Spirit with

Axwell. August 6<sup>th</sup>: Buddha Lx Jamaican Party with Youth Culture Soundstem ft Guigs Souls of Fire. August 7<sup>th</sup>: Feed Your Senses with Dubfire Deep Dish Part 2. August 8<sup>th</sup>: Feel Fashion Vogue with Dennis Ferrer, Mdusa.

**Open air cinema** – fun filled family nights with films projected on the fisherman's beach in Albufeira from August 3<sup>rd</sup> until August 7<sup>th</sup>.

**New Circus** – Lisbon casino new circus for August will feature Andrzej and Tomasz pre-

sending Hand To Hand free of charge until the end of the month. Call 214 667 700.

**Kaleidoscope** – show on until September 6th from 11pm at Monte Gordo Casino. Call 289 310 000 for more information.



Sasha Summer Sessions

## SPORT

**Vale do Lobo Grand champions** – August 5<sup>th</sup> to August 8<sup>th</sup> at Vale do Lobo tennis academy.



## DANCE

**Ballet Assia Kya** – by the Republic of Komi from Russia, known for their extraordinary beauty and agility. August 2<sup>nd</sup> at Portimão municipal auditorium from 10pm. Tickets: €12,50.

## Something to sing about!

The May International Algarve Fair at Fatacil Lagoa was the most successful to date.

Among many tributes received, Lagoa's Mayor said it was "extremely well organised and dynamic" and was a "good blend of various communities of different nationalities".

In the completed surveys, visitors told us they most enjoyed the entertainment and variety of activities, the little circus and music. They loved the variety of stands, the



show gardens, choice of restaurants and the 'kid's stuff'.

They enjoyed the cars, bikes, pet shop and various beauty treatments. Most said they just enjoyed everything and there were many comments about the atmosphere, the friendliness and warmth of the people.

Exhibitors were also asked to complete surveys and a massive 86.8% voted the fair a total success.

Even greater things are being planned for the next fair - Make sure YOUR company is represented!

BOOK NOW, FOR THE BEST STANDS



20th & 21st September  
Fatacil, LAGOA  
Hotline: 282 380 317  
algarvefair.com

Organised by:

THE PORTUGAL News

Supported by:



## ON GOING EXHIBITIONS

### ALGARVE

Until August 3<sup>rd</sup> - Paintings by **Henri Lallemand** at Capela das Artes in Alcantarilha. Call 282 320 200.  
Until August 10<sup>th</sup> - **World Press Photo exhibition**, at Portimão museum.  
Until August 10<sup>th</sup> - **Algarve Artists Network** paintings by Jessica Dunn, Charlie Holt, Hilary Holt, Adérila Nada Mandelbaum, Brigitte Von Humboldt and Claudia Brito at Praça do Mar in Quarteira.  
Until August 17<sup>th</sup> - **Marine life** painted on tiles at Vila do Bispo Cultural centre.  
Until August 26<sup>th</sup> - 'O Selo e Tempo' by **Teresa Cena** and **Ricardo do Vale** at Escola das Artes in Lagoa.

Until September 15<sup>th</sup> - Contemporary plastic art by **João Pedro Vale** at Cerro da Vila museum in Vilamoura.  
Until August 23<sup>rd</sup> - **Another Time Another Place** with Jessica Dunn and Pedro at Corte-Real Gallery in Boliqueime.

Until September 1<sup>st</sup> - **Butterfly** exhibition at Slave market in Lagos.

**LISBON**  
Until August 30<sup>th</sup> - **Anna Taratiel** 'in between' exhibition at Zaum projects Contemporary Art gallery in Lisbon. Call 913 176 005.  
Until August 31<sup>st</sup> - 'A Arte da Terra' is featuring an exhibition on the cockerels of Barcelos gallery located on Rua de Augusto Rosa, nº 40. Call 212 745 975.  
Until August 31<sup>st</sup> - **A Três Mãos** at

Hotel Villa Albatroz in Cascais. Call 214 863 410.

Until September 7<sup>th</sup> - **Los Silencios de Colón** sculptures at Estoril Casino. Call 214 667 700.

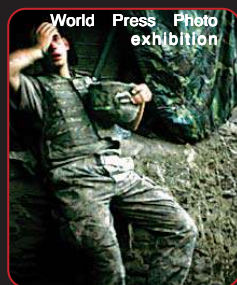
**OPORTO**  
Until October 12<sup>th</sup> - **David Goldblatt**, Intersections intersected at Museum Serralves in Oporto. Call 226 156 500.

Until November 2<sup>nd</sup> - **Todas as Histórias** film exhibition at Museu Serralves in Oporto. Call 226 156 500.

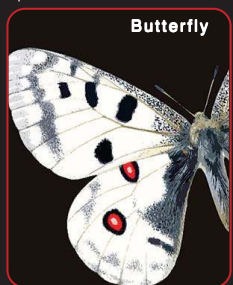
Until November 2<sup>nd</sup> - Cinematic photography by **Manoel de Oliveira** at Museu Serralves in Oporto. Call 226 156 500.



Henri Lallemand



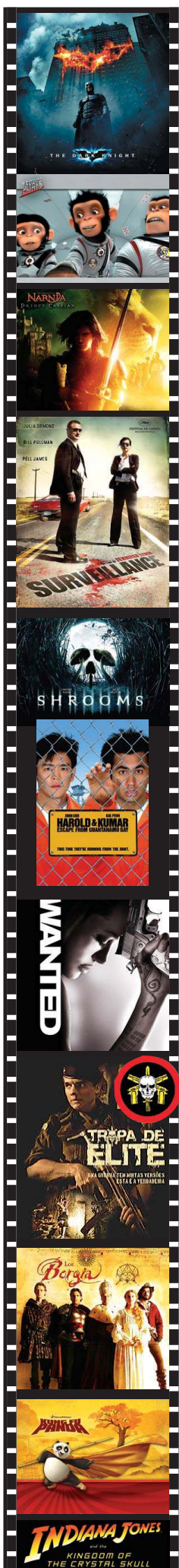
World Press Photo exhibition



Butterfly

Send your exhibition listing to copy the-news.net with dates, name of the artists and exhibition location by Tuesday before publication.





## ALGARVE

**SBC**  
**FORUM ALGARVE**  
**TEL: 289 887 212**  
**31 JUL-6 AUG**



**1 Tropa de Elite**  
Wagner Moura, André Ramiro  
14.05-16.40-19.150-21.50-00.25

**2 Shrooms**  
Lindsey Haun, Jack Huston  
23.55

**Kung Fu Panda**  
Animation  
PV: (11.10 Sat & Sun) 15.25-19.40  
OV: 13.15-17.30-21.45

**3 The Chronicles of Narnia: Prince Caspian OV**  
Bem Barnes, William Moseley  
PV: (12.15 Sat & Sun) 15.20-18.25  
OV: 21.30

**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn  
00.40

**4 Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
(12.30 Sat & Sun) 15.50-19.10-22.30

**5 The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
14.00-16.30-19.00-21.55-00.20

**6 Hancock**  
Will Smith, Jason Bateman  
(12.35 Sat & Sun) 15.30-17.35-19.50-22.00-00.30

**7 Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
(11.00 Sat & Sun) 14.20-17.40-21.00-00.15

**8 The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
21.10

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
23.30

**Space Chimps**  
Animation  
(11.25 Sat & Sun) 13.25-15.20-17.20-19.20

**9 Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn  
(12.10 Sat & Sun) 17.05

**Wanted**  
James McAvoy, Angelina Jolie  
22.10-00.40

**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf  
14.25-19.25

**LUSOMUNDO VILAMOURA**  
**TEL: 289 302 277**  
**31 JUL-6 AUG**

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
15.00-18.00-21.00

**CASTELLO LOPES CINEMAS ALGARVESHOPPING**  
**TEL: 707 220 220**  
**31 JUL-6 AUG**

**1 The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
13.20-16.20-19.10-21.35-00.05

**2 The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
13.20-16.20-19.10-21.35-00.05

**3 Wanted**  
James McAvoy, Angelina Jolie  
13.10-16.00-18.40-21.40-00.20

**4 The Chronicles of Narnia: Prince Caspian**  
Bem Barnes, William Moseley  
12.55-15.45-18.35-21.25-00.15

**5 Hancock**  
Will Smith, Jason Bateman  
13.40-16.10-19.00-21.30-23.50

**6 Kung Fu Panda - Animation PV**  
13.00-15.05-17.10-19.15-21.20

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
14.00-17.30-21.10-00.10

**7 Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
14.00-17.30-21.10-00.10

**8 Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
12.50-15.50-18.50-21.50

**9 Space Chimps**  
Animation PV  
13.00-15.25-17.25-19.20-21.15

**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn - 23.30

**CASTELLO LOPES CINEMAS PORTIMÃO**  
**TEL: 707 220 220**  
**31 JUL-6 AUG**

**1 The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
13.30-15.55-18.15-21.30-00.20

**2 The Chronicles of Narnia: Prince Caspian**  
Bem Barnes, William Moseley  
12.50-15.35-18.25-21.10-00.00

**3 Wanted**  
James McAvoy, Angelina Jolie  
13.20-15.45-18.05-21.00-00.10

**4 Kung Fu Panda**  
Animation PV  
13.00-15.00-17.10-19.15

**Hancock**  
Will Smith, Jason Bateman  
21.50-23.50

**5 Space Chimps**  
Animation PV  
13.10-15.10-17.00-19.00-21.00

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
23.40

**6 Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
12.45-15.40-18.40-21.40

**CENTRE**  
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**31 JUL-6 AUG**

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**LUSOMUNDO ALMADA FORUM**  
**TEL: 707 246362**  
**31 JUL-6 AUG**

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Wanted**  
James McAvoy, Angelina Jolie

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Kung Fu Panda - Animation OV&PV**  
**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn

**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley

**Hancock**  
Will Smith, Jason Bateman

**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf

**Space Chimps - Animation PV**  
**The Happening**  
Mark Wahlberg, Zoëy Deschanel

**Tropa de Elite**  
Wagner Moura, André Ramiro

**LUSOMUNDO ALVALÁXIA**  
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**31 JUL-6 AUG**

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Wanted**  
James McAvoy, Angelina Jolie

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley

**Kung Fu Panda - Animation OV&PV**  
**Tropa de Elite**  
Wagner Moura, André Ramiro

**Hancock**  
Will Smith, Jason Bateman

**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn

**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf

**Space Chimps - Animation PV**  
**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall

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**31 JUL-6 AUG**

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Kung Fu Panda - Animation PV**  
**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall

**LUSOMUNDO CASCAISHOPPING**  
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**31 JUL-6 AUG**

**Kung Fu Panda - Animation OV&PV**  
**Tropa de Elite**  
Wagner Moura, André Ramiro

**The Chronicles of Narnia: Prince Caspian**  
Bem Barnes, William Moseley

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Space Chimps - Animation PV**  
**Hancock**  
Will Smith, Jason Bateman

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Shrooms**  
Lindsey Haun, Jack Huston

**Wanted**  
James McAvoy, Angelina Jolie

**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn

**Kung Fu Panda - Animation PV**

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**31 JUL-6 AUG**

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**The Chronicles of Narnia: Prince Caspian OV**  
Bem Barnes, William Moseley

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Kung Fu Panda - Animation PV**  
**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall

**UCI CINEMAS EL CORTE INGLÉS**  
**TEL: 707 23 22 21**  
**31 JUL-6 AUG**

**Space Chimps - Animation PV**  
**Joy Division**  
Documentary

**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf

**Made of Honor**  
Patrick Dempsey, Michelle Monaghan

**Hancock**  
Will Smith, Jason Bateman

**Riparo / Abrigo / Shelter**  
Mária de Medeiros, Antonia Liskova

**Chapter 27**  
Jared Leto, Lindsay Lohan

**Wanted**  
James McAvoy, Angelina Jolie

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn

**Surveillance**  
Bill Pullman, Julia Ormond

**I Served the King of England**  
Ivan Barnev, Oldrich Kaiser

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall

**Kung Fu Panda - Animation OV&PV**  
**The Chronicles of Narnia: Prince Caspian**  
Bem Barnes, William Moseley

**Tropa de Elite**  
Wagner Moura, André Ramiro

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf

**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall

**Funny Games**  
Naomi Watts, Tim Roth

**Space Chimps - Animation**  
**88 Minutes**  
Al Pacino, Amy Brenneman

**Hancock**  
Will Smith, Jason Bateman

**Made of Honor**  
Patrick Dempsey, Michelle Monaghan

**LUSOMUNDO ODIVELAS PARQUE**  
**TEL: 707 246362**  
**31 JUL-6 AUG**

**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**The Chronicles of Narnia: Prince Caspian OV**  
Bem Barnes, William Moseley

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Kung Fu Panda - Animation PV**  
**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kal Penn

**Hancock**  
Will Smith, Jason Bateman

**Space Chimps - Animation PV**  
**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf

**Wanted**  
James McAvoy, Angelina Jolie

**LUSOMUNDO OEIRAS PARQUE**  
**TEL: 707 246362**  
**31 JUL-6 AUG**

**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Space Chimps - Animation PV**  
**Hancock**  
Will Smith, Jason Bateman

**The Chronicles of Narnia: Prince Caspian OV**  
Bem Barnes, William Moseley

**Wanted**  
James McAvoy, Angelina Jolie

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**LUSOMUNDO VASCO DA GAMA**  
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**31 JUL-6 AUG**

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger

**Space Chimps - Animation PV**  
**Wanted**  
James McAvoy, Angelina Jolie

**Kung Fu Panda - Animation PV**  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li

**The Chronicles of Narnia: Prince Caspian OV**  
Bem Barnes, William Moseley





The blockbuster global *Mummy* franchise takes a spellbinding turn as the action shifts to Asia for the next chapter in the adventure series, *The Mummy: Tomb of the Dragon Emperor*. Brendan Fraser returns as explorer Rick O'Connell to combat the resurrected Han Emperor (Jet Li) in an epic that races from the catacombs of ancient China high into the frigid Himalayas. Rick is joined in this all-new adventure by son Alex (Luke Ford), wife Evelyn (Maria Bello) and her brother, Jonathan (John Hannah). And this time, the O'Connells must stop a mummy awoken from a 2,000-year-old curse who threatens to plunge the world into his merciless, unending service.

Doomed by a double-crossing sorceress (Michelle Yeoh) to spend eternity in suspended animation, China's ruthless Dragon Emperor and his 10,000 warriors have laid forgotten for eons, entombed in clay as a vast, silent terracotta army.

But when dashing adventurer Alex O'Connell is tricked into awakening the ruler from eternal slumber, the reckless young archaeologist must seek the help of the only people who know more than he does about taking down the undead: his parents.

As the monarch roars back to life, our heroes find his quest for world domination has only intensified over the millennia. Striding the Far East with unimaginable supernatural powers, the Emperor Mummy will rouse his legion as an unstoppable, otherworldly force...unless the O'Connells can stop him first.

Now, in *The Mummy: Tomb of the Dragon Emperor*, the trademark thrills and visually spectacular action of the *Mummy* series will again be redefined.



Jared Leto, 60 pounds heavier for the role, bears an uncanny physical resemblance to the real Chapman, who to this day, is incarcerated in Attica Prison, on a guilty plea. Aside from a Larry King interview in 1992, he has not spoken with the media. However, Chapman did reveal the mechanics of his unravelling during

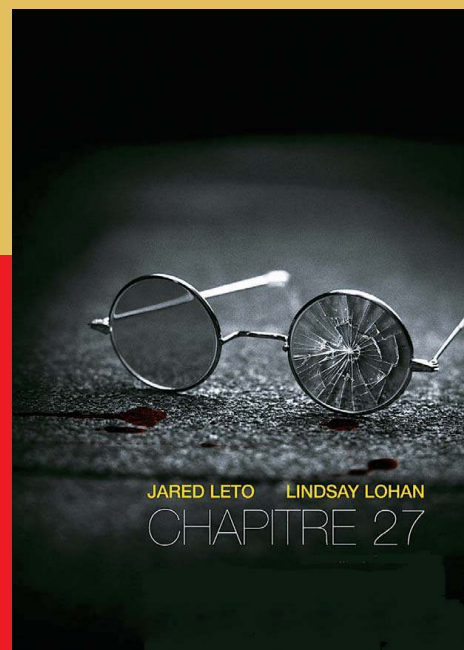
On December 8, 1980 Mark David Chapman shocked the world by murdering the beloved purveyor of peace, 40-year old musician and activist, John Lennon, outside The Dakota, his New York apartment building. Chapman's motives were fabricated from pure delusion, fuelled by an obsession with the fictional character Holden Caulfield and his similar misadventures in J.D. Salinger's *Catcher in the Rye*. In one instant, an anonymous, mentally unstable 25-year old, socially awkward Beatles fan who had fluctuated between idealizing Lennon and being overcome with a desire to kill him – altered the course of history.

those three fateful days in New York City, to crime journalist Jack Jones. The interviews were published in 1992 as *Let Me Take You Down: Inside the Mind of Mark David Chapman*, a book of Chapman's recollections of his unthinkable act of violence. From this text, the film *Chap-*



*ter 27* is based. The film takes its title from the idea that through his actions in New York, Chapman was attempting to "write" his own additional, 27th chapter to *Catcher in the Rye* (which ends with chapter 26).

From his lies to cab drivers (identifying himself as the Beatles sound engineer) to his socially unacceptable behaviour around Jude (Lindsay Lohan) a young fan he meets outside the Dakota - to his argument with paparazzi photographer Paul (Judah Friedlander), Leto's Chapman keeps the psychoses bubbling below the surface as his grasp on reality deteriorates into a completely misguided rage.





## CELEB NEWS

New Batman movie *The Dark Knight* has stormed the U.S. box office chart, bringing in \$158 million in its opening weekend. The Dark Knight was set for a record-breaking weekend, raking in a massive \$66.4 million on its opening day in U.S. theatres. And the franchise film, starring **Christian Bale** as its winged superhero and late actor **Heath Ledger** as movie villain The Joker, smashed the all-time opening weekend record of \$151.1 million, formerly held by 2007's *Spider-Man 3*. The movie also set a record for the biggest single-day gross for a movie (\$67.9 million), the biggest midnight preview (\$18.5 million), the biggest IMAX opening (\$6.21 million) and the most opening theatres (4,366). Other U.S. box office top spots were held by **Meryl Streep**'s movie-musical *Mamma Mia!*, which took the second spot this weekend, earning \$27.8 million, and **Will Smith**'s superhero blockbuster *Hancock*. Smith's film slipped to number three this weekend, but managed to add \$14 million to its three-week total of \$192 million. Nearly overlooked was the fact that *Mamma Mia!*, also set a record for the biggest weekend gross for a musical. Rounding out the top five are **Brendan Fraser**'s *Journey to the Center of the Earth*, which took in \$12.3 million in fourth place, and *Hellboy II: The Golden Army*, which slipped from the top spot but earned an additional \$10 million. «»» **Johnny Depp** is boosting his green credentials by making his private island completely eco-friendly. The environmentally-conscious actor has reportedly invested in a \$500,000 grid-independent solar hydrogen system to power the 40-acre isle in the Bahamas, which he purchased in 2005 for \$3 million. The state-of-the-art technology will harness the sun's rays to provide unlimited energy to the Depp household. «»» *The Dark Knight* director **Christopher Nolan** has told reporters in Tokyo that he has no idea why his Batman movie is breaking box-office records. "I would not be able to point to exactly what it is," he said. "If I knew that all my films would have been successful." Final weekend figures confirmed that the movie has broken yet another record - best second-week performance of any film. The movie earned \$75.6 million, which brought its 10-day total to more than \$314 million. The film is now taking aim at *Titanic*'s record of \$600.8 million in ticket sales - by far the top money maker of all time. «»» **Heath Ledger** deserves all the credit for *The Dark Knight*'s massive box office haul, according to the movie's director **Christopher Nolan**. Ledger plays The Joker in the movie, the last full film role he completed before his death in January from an accidental prescription drug overdose. And Nolan insists Ledger made the movie a hit. Speaking at *The Dark Knight*'s Japanese premiere, the British filmmaker said, "(He was) what The Joker in our film would need to be. (We were) looking for an actor with the fierceness, excitement and teeth to do our version of the Joker". **Christian Bale**, who plays Batman in the record-breaking film, also found time to praise Ledger, telling a press conference, "It's satisfying to see people celebrating the incredible talent of Heath. I just want him to be recognised". «»» **Will Smith** is to revive his role in futuristic action movie *I Am Legend* for a prequel. Director **Francis Lawrence** has confirmed he is working on a follow-up to the hit 2007 film and Smith's character Dr. Robert Neville will return to complete the beginning of the story. Lawrence says, "Absolutely (there will be a prequel), we're actually trying to crack that. We're trying to figure out some ideas for it, but yes, it would be a prequel". And the moviemaker insists that filming the follow-up will be much easier than working on the original, because the crew will not have to shut off large areas of New York City again - a move that sparked chaos among commuters and city workers. He adds, "The first time you go out there and shut down 6th Avenue, it's like, 'How are we going to do this day after day after day?' But by the end, it's just like you know how to do it. 'You got the PAs (personal assistants) who know how to shut it down, how to let the traffic through in between set-ups and you just sort of get the routine down, so that's not the issue'". «»» **Johnny Depp** is set for a trip to Wonderland, courtesy of director pal **Tim Burton**. The actor is to play the Mad Hatter in a new version of *Alice in Wonderland*, according to new reports. The movie, which will hit cinema screens in 2010, will be directed by Burton. It will mark the seventh time he and Depp have worked together. Their past successes have included *Sweeney Todd: The Demon Barber of Fleet Street*, *Sleepy Hollow* and *Edward Scissorhands*. «»»

## NORTH

**UCI CINEMAS**  
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**31 JUL-6 AUG**



**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley  
**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**Chapter 27**  
Jared Leto, Lindsay Lohan  
**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall  
**I Served the King of England**  
Ivan Barnev, Oldrich Kaiser  
**Made of Honor**  
Patrick Dempsey, Michelle Monaghan  
**Indiana Jones and the Kingdom of the Crystal Skull**  
Harrison Ford, Shia LaBeouf  
**Hancock**  
Will Smith, Jason Bateman  
**Kung Fu Panda - Animation OV & PV**  
**Tropa de Elite**  
Wagner Moura, André Ramiro  
**Wanted**  
James McAvoy, Angelina Jolie  
**Hancock**  
Will Smith, Jason Bateman  
**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kai Penn  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
**The Happening**  
Mark Wahlberg, Zoëy Deschanel  
**Surveillance**  
Bill Pullman, Julia Ormond  
**Space Chimps - Animation PV**  
**Riparo / Abrigo / Shelter**  
Maria de Medeiros, Antonia Liskova

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**Space Chimps - Animation PV**  
**El Orfanato**  
Belén Rueda, Fernando Cayo  
**Kung Fu Panda**  
Animation OV & PV  
**Sex and the City: The Movie**  
Sarah Jessica Parker, Kim Cattrall  
**Hancock**  
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Christian Bale, Heath Ledger

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Christian Bale, Heath Ledger  
**Kung Fu Panda**  
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**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
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James McAvoy, Angelina Jolie

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Animation Digital PV  
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Christian Bale, Heath Ledger  
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Will Smith, Jason Bateman  
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Bem Barnes, William Moseley  
**Kung Fu Panda - Animation PV**  
**El Orfanato**  
Belén Rueda, Fernando Cayo  
**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**Made of Honor**  
Patrick Dempsey, Michelle Monaghan



OV = Original Version  
PV = Portuguese Version

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Brendan Fraser, Jet Li  
**Hancock**  
Will Smith, Jason Bateman  
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Bem Barnes, William Moseley  
**The Flood**  
Richard Gere, Claire Danes  
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Animation PV  
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Christian Bale, Heath Ledger

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Christian Bale, Heath Ledger  
**Kung Fu Panda - Animation PV**  
**The Chronicles of Narnia: Prince Caspian**  
Bem Barnes, William Moseley  
**Hancock**  
Will Smith, Jason Bateman

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**Space Chimps - Animation**  
**Funny Games**  
Naomi Watts, Tim Roth  
**Hancock**  
Will Smith, Jason Bateman  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
**Wanted**  
James McAvoy, Angelina Jolie  
**Kung Fu Panda**  
Animation Digital PV  
**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**Tropa de Elite**  
Wagner Moura, André Ramiro  
**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley

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Brendan Fraser, Jet Li  
**Wanted**  
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**Kung Fu Panda**  
Animation Digital PV  
**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**The Chronicles of Narnia: Prince Caspian OV & PV**  
Bem Barnes, William Moseley  
**Tropa de Elite**  
Wagner Moura, André Ramiro  
**Hancock**  
Will Smith, Jason Bateman

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**Kung Fu Panda - Animation PV**  
**Hancock**  
Will Smith, Jason Bateman  
**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**Wanted**  
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Wagner Moura, André Ramiro  
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Christian Bale, Heath Ledger  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
**Wanted**  
James McAvoy, Angelina Jolie  
**The Chronicles of Narnia: Prince Caspian OV**  
Bem Barnes, William Moseley  
**Space Chimps - Animation PV**  
**Hancock**  
Will Smith, Jason Bateman  
**Kung Fu Panda**  
Animation OV & PV

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Harrison Ford, Shia LaBeouf  
**Kung Fu Panda**  
Animation OV & PV  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**Wanted**  
James McAvoy, Angelina Jolie  
**Harold & Kumar: Escape from Guantanamo Bay**  
John Cho, Kai Penn  
**Hancock**  
Will Smith, Jason Bateman

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**31 JUL-6 AUG**

**Batman: The Dark Knight**  
Christian Bale, Heath Ledger  
**Wanted**  
James McAvoy, Angelina Jolie  
**The Mummy: Tomb of the Dragon Emperor**  
Brendan Fraser, Jet Li  
**Kung Fu Panda**  
Animation OV & PV  
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Animation PV  
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Mark Wahlberg, Zoëy Deschanel  
**El Orfanato**  
Belén Rueda, Fernando Cayo

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## BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen Best Bites. (T) 11.30 Take on the Takeaway. (R) (T) 12.00 BBC News: Weather. (T) 12.10 Cash in the Attic. (R) (T) 12.40 Diagnosis Murder. (R) (T) 1.25 Live Golf: Women's British Open. Day three at Sunningdale Golf Club. (T)

6.10 BBC News: Regional News; Weather. (T)  
6.30 Last Choir Standing. In the last of three studio heats, the final five remaining choirs compete for a place in the live shows by performing two songs each. Tenor Russell Watson, actress and singer Sharon D Clarke and conductor and musician Suzi Digby push the groups to their limits before making their judgements. Nick Knowles and Mylene Klass present. The results show can be seen tomorrow at 7.35pm. (T)

7.35 The National Lottery: This Time Tomorrow. Tess Daly hosts the general knowledge quiz show in which 10 contestants vie for the chance to win a range of trips. Whoever claims the top prize will jet off on the holiday of a lifetime to a city that has previously hosted the Olympic Games. Singer Duncan James presides over the Thunderball, Dream Number and Lotto draws, with guest gold medal-winning pentathlete Mary Peters. (T)

8.25 Casualty. Maggie faces the end of her career as the court case begins, with Marilyn forcing both Simon and Zoe to lie under oath - but Charlie spots a weakness in their case. Big Mac impresses Kelsey with a surprising skill, and Toby's mother visits the department with a journalist in tow. (T)

9.20 FILM: Bridget Jones's Diary (2001). A single woman begins a new year by resolving to find love and achieve tranquility. But fate seems certain to stop her. Glorious romantic comedy, starring Renee Zellweger. (T)

10.50 BBC News: Weather; (T) National Lottery Update. (T)

11.10 FILM: Kevin and Perry Go Large (2000). Comedy, starring Harry Enfield. (T)

12.25 FILM: Carry On Don't Lose Your Head (1966). Ribald comedy, starring Sid James; (T) Weatherwise. (T) 2.00 BBC News. (T)

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## BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.25 Tikkabilla; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Watch My Chops. (R) (T) 7.15 Trollz. (R) (T) 7.35 Zombie Hotel. (R) (T) 8.00 Only in America. (R) (T) 8.30 The Secret Show. (R) (T) Bernard. (R) (T) 9.00 Help! Teach Is Coming to Stay. (T) 10.00 50/50. (R) (T) 10.30 The Slammer; (R) (T) Prank Patrol Pocketsize. (T) 11.00 The Story of Tracy Beaker. (R) (T) 11.30 Elliot Kid. (R) (T) 11.45 Sportsround. (T) 12.00 FILM: Ride Lonesome (1959). Western, starring Randolph Scott. (T) 1.10 FILM: Julius Caesar (2002). Epic drama, starring Jeremy Sisto. (T) 4.00 Coast. (R) (T) 5.00 FILM: Dad's Army (1971). Military comedy, starring Arthur Lowe. (T) 6.30 BBC Proms 2008. (T) 8.00 Dad's Army: Jimmy Perry's Favourite Episode. The show's co-writer chooses his favourite episode of the classic sitcom. (R) (T) 8.35 Don't Panic! The Dad's Army Story. Victoria Wood pays tribute to the timeless humour of Dad's Army, introducing classic moments from the long-running series. Contributors include stars Clive Dunn and Ian Lavender. (R) (T) 9.30 Dad's Army: David Croft's Favourite Episode. The show's other writer selects his favourite episode of the classic sitcom. (R) (T) 10.10 Reputations: Arthur Lowe. (R) (T) 11.00 Mock the Week. (R) (T) 11.30 Comedy Connections. (R) (T) 12.10 FILM: The King of Comedy (1983). Black comedy, starring Robert De Niro. (T) 1.55 Arrested Development. (R) (T) 2.15 Arrested Development. (R) (T) 2.40 Close. (T)

## Pick of the Day

## Supernanny USA (C4, 5.10pm)

What's the difference between Oasis, Robbie Williams, the former Soviet Union and Jo Frost? Only the latter has managed to conquer the USA. Jo Frost has quickly become a lifesaver to parents with unruly children — and not just in the UK. Supernanny transferred to America in 2005, and was an instant success, gaining an audience of more than 7.5million. As anybody who's caught previous editions of the US show will tell you, she hasn't needed to tamper with her approach to discipline or dealing with youngsters and their mums and dads either. "Kids riding roughshod over their parents is a global phenomenon," says executive producer Nick Powell. "That's why the series works in both places. Today, parents need all the help they can get." Jo agrees, saying: "Children are children and parents are parents the world over. What I did notice is the Americans have a very high regard for the British nanny, and the standards and etiquette we have. That's very much respected over there, added to which, of course, they love the accent." Thankfully, Channel 4 are continuing to broadcast Jo's latest Stateside series. Here's a chance to see her getting to grips with yet another troublesome clan.

## C4

6.05 Making It. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.55 T4: Transmission. (R) (T) 9.25 T4: The Mummy 3: T4 Movie Special. (T) 9.55 T4: Big Brother. (R) (T) 11.00 T4: Big Brother. (R) (T) 11.30 T4: Friends. (R) (T) 11.55 T4: Shipwrecked 2008: The Reunion Finale. (R) (T) 1.00 T4: Scrubs. New series. JD is a week away from becoming a doctor. (T) 1.30 T4: Scrubs. (T) 2.00 Channel 4 Racing from Glorious Goodwood and Newmarket. Including the 3.50 bluesquare.com Stewards' Cup (H'cap) (6f). (T) 4.10 The TV Show. (T) 4.40 A Place in the Sun. (R) (T) 5.10 Supernanny USA. (T) 6.05 Gok's Fashion Fix. (R) (T) 7.05 Channel 4 News. (T) 7.30 We Are Together. Documentary by first-time film-makers telling the story of a children's choir at an orphanage in South Africa as they attempt to get to London for a series of concerts. (T) 9.20 Big Brother. Highlights from the housemates' past 24 hours inside the Big Brother compound. (T) 10.20 FILM: America's Sweethearts (2001). Publicist Billy Crystal faces disaster when Tinseltown's golden couple break up. Entertaining romantic comedy, with John Cusack, Julia Roberts and Catherine Zeta-Jones. (T) 12.15 4Music: Live from Abbey Road. (T) 1.15 4Music: 4Play: Ida Maria. (R) (T) 1.30 Coming Up: A Man in a Box. (R) (T) 2.00 Big Brother Live. 4.25 Salvage Squad. (R) (T) 5.20 St Elsewhere. (R) (T)

## FIVE

6.00 Sunrise. 7.00 Milkshake!: Harry and His Bucket Full of Dinosaurs. (R) (T) 7.15 Little Princess. (R) (T) 7.35 The Beeps. (R) (T) 7.50 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.10 The Save-Ums! (R) (T) 8.25 Miss Spider's Sunny Patch Friends. (R) (T) 8.40 The Mr Men Show. (R) (T) 8.55 The Mr Men Show. (R) (T) 9.10 Rupert Bear. (R) (T) 9.25 Animal Families. (R) (T) 9.40 The Secret of Eel Island. (R) (T) 10.00 Britain's Strongest Man. (R) (T) 11.00 Warship. (R) (T) 12.00 Megastructures. (R) (T) 12.50 FILM: Clockmaker (1998). Adventure, starring Anthony Medwetz. (T) 2.35 FILM: Indian Uprising (1951). Western, starring George Montgomery. (T) 3.55 FILM: The Devil's Brigade (1968). Action adventure, starring William Holden. (T) 6.15 Superstars. (R) (T) 7.15 Cricket on five. England v South Africa. Mark Nicholas presents action from the fourth and penultimate day of the Third Test at Edgbaston. (T) 8.00 five news and sport. (T) 8.20 NCIS. Gibbs comes out of retirement against his better judgment to help Fornell and his daughter by reopening the case of an escaped convict who is putting their lives in danger. (R) (T) 9.20 CSI: Crime Scene Investigation. The team search for the abducted Sara. (R) (T) 10.20 Law & Order: Criminal Intent. (R) (T) 11.20 FBI Files. (R) (T) 12.20 Quiz Call. 4.30 Lemur Island. (R) (T) 5.10 Everybody Hates Chris. (R) (T) 5.35 Everybody Hates Chris. (R) (T)

## ITV1

5.00 CITV: Jim Jam & Sunny. (T) 5.10 Jim Jam & Sunny. (T) 5.20 Jim Jam & Sunny. (T) 5.35 Jim Jam & Sunny. (T) 5.45 Jim Jam & Sunny. (T) 6.00 GMTV. 9.25 CITV: Jim Jam & Sunny. (T) 9.40 Captain Mack. (R) 9.55 Captain Mack. (T) 10.10 Supernormal. (R) (T) 10.25 Drake & Josh. (R) (T) 10.55 Finger Tips. (R) (T) 11.10 Art Attack. (R) (T) 11.35 Prove It! (R) (T) 12.00 ITV News and Weather. (T) 12.05 London Today; Weather. (T) 12.10 F1: Hungarian Grand Prix Qualifying. The battle for pole position at the Hungaroring. (T) 2.45 Midsomer Murders. (R) (T) 4.50 Creature Comforts. (R) (T)

5.05 London Tonight; Weather. (T)  
5.25 ITV News and Weather. (T)  
5.45 FILM: The Scorpion King (2002). Sword-and-sorcery adventure, starring Dwayne Johnson. (T)

7.20 Athletes Do the Funniest Things. Video clips of unusual games and stories from the world of sport. Including Britain's oldest football referee and a boxing pensioner. Plus, upside-down underwater ice hockey and skyscraper soccer. Stephen Mulhern presents. Who Dares Sing! Denise Van Outen and Ben Shephard host the karaoke challenge in which members of the audience take the stage to perform a pop song. A potential cash prize of #50,000 awaits the singer who can make it through to the grand final - judged by a purpose-built piece of software capable of detecting who's hitting the high notes and who can't hold a tune to save their life. (T) Foyle's War. American GIs arrive in Hastings to a mixed welcome and Foyle is called on to calm the locals. But his attempts at soothing relations are jeopardised when a barmaid's involvement with a visiting soldier leads to murder, leading the detective to defy orders to keep the peace and solve the case. Wartime crime drama, starring Michael Kitchen, Anthony Howell, Honeysuckle Weeks and Keith Barron. (R) (T)

11.20 ITV News and Weather; Weather. (T)  
11.35 Benidorm. Wendy Richard guest stars as Kelly's mother Sylvia, who arrives to sort out Mateo but ends up involved in an unseemly slanging match when Madge accuses her of poaching her man. (R) (T)

12.05 Benidorm. (R) (T) 12.35 Bingo Night Live. 1.40 Nightwatch with Steve Scott: Crime; (R) (T) ITV News Headlines. 2.35 FILM: Long Time Dead (2001). Horror, starring Joe Absolom. (T) 4.05 ITV Nightscreen.

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

## LOCAL

## Best of the Rest

**RTP1**  
0630 Childrens TV 0655 Brinca Comigo 0800 Bom dia Portugal 1100 Mudar de Vida 1130 A Ilha Prodígios 1230 Contra 1300 News 1415 Top + 1545 Dança Comigo 1700 Capas Negras, film 2000 News 0000 Film TBA 0400 Miracle in the Lane Two 0500 Top + 0615 Euro News

**RTP2**  
0700 Euronews 0730 África 7 Dias 0800 Universidade Aberta 1000 A Alma e a Gente 1030 Próxima Paragem 1115 Encontros Imediatos 1145 Bastidores 1215 Reclame 1300 Tokio Hotel Live 1400 Parlamento 1500 Sport 2 1730 Zig Zag 1900 Kaboom 2030 Arte & emoção 2100 Hora lá Excelência 2145 A Hora da Sorte 2200 News 2240 Nos Passos de Magalhães 2300 Film TBA 0115 A Alma e a Gente 0145 Sport 0545 Euronews

**SIC**  
0600 Etnias 0645 Sic Kids 0830 Disney Kids 1030 Chiquititas 1200 Our World 1300 News 2000 News 2130 Football: Sporting CP v Blackburns Rover 2230 Desejo Proibido 2330 Duas Caras 0030 CSI Miami 0400 Film TBA

**TVI**  
0700 Children TV 0930 Smackdown Wrestling 1100 Delux 1215 Operação Portugal 1300 Jornal da Uma 1400 10 Thing I hate About you, film 1715 Mermaid in Love, film 1800 The Perfect Cut, film 2000 News 2230 Fascínios 2230 Deixa-me Amar 0100 Film TBA 0330 Film TBA

## Best of the Rest

**BBC3**  
7.00 Greek 7.45 The Real Hustle 8.15 Top Gear 9.20 Summer Heights High 9.50 Summer Heights High 10.20 Summer Heights High 10.50 Summer Heights High 11.20 Summer Heights High 11.50 Summer Heights High 12.20 Summer Heights High 12.50 Summer Heights High 1.15 Touch Me, I'm Karen Taylor 1.45 Britain's Missing Top Model 2.40 Jamella: Whose Hair Is It Anyway? 3.40 The Real Hustle 4.10 Touch Me, I'm Karen Taylor 4.40 Close

**BBC4**  
7.00 Pop Go the Sixties 7.05 Another Flip for Dominic 8.30 Metroland 9.20 Arena - Underground 10.20 40 Minutes: Heart of the Angel 11.00 Design Classics 11.25 Under Night Streets 11.45 Arena - Underground 12.45 The Martians and Us 1.45 The Martians and Us 2.45 The Martians and Us 3.45 Close

**ITV2**  
1.20 Holiday Airport: Cyprus 2.20 Nanny 911 3.15 All Star Family Fortunes 4.00 Britain Does the Funniest Things 5.00 America's Got Talent 6.20 ABBA: The Mamma Mia! Story 7.20 Homes from Hell 2008 8.20 Film: What's Eating Gilbert Grape? 12 (1993) 10.25 Film: Die Hard 2 18 (1990) 12.50 America's Got Talent 2.10 Latitude 2008 3.05 Emmerdale 5.30 Teleshopping

**Sky One**  
1.00 Don't Forget the Lyrics 2.00 Don't Forget the Lyrics 3.00 Don't Forget the Lyrics

## Best of the Rest

4.00 Malcolm in the Middle 4.30 Malcolm in the Middle 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Gladiators 7.00 Malcolm in the Middle 7.30 Malcolm in the Middle 8.00 The Simpsons 8.30 The Simpsons 9.00 Road Wars 10.00 Road Wars 11.00 Film: The Hunt for Red October PG (1990) 1.35 The Championship Gaming Series 2.55 The Championship Gaming Series 4.15 Caribbean Uncovered 5.10 Guilty!

**UKTV Gold**  
1.55 When Were We Funniest? 4.00 Blackadder Goes Forth 4.40 2point4 Children 5.20 My Family 6.00 Only Fools and Horses 7.10 The Vicar of Dibley 8.20 Blackadder Goes Forth 9.00 Film: Muriel's Wedding 15 (1994) 11.00 The Royle Family 11.40 Blackadder II 12.20 Murder, She Wrote 1.20 Doctor Who 2.10 Doctor Who 2.50 Hamish Macbeth 3.40 Dallas 4.25 Baywatch

**TCM**  
1.00 Roberta U (1935) 3.00 Silk Stockings U (1957) 5.05 Mrs Brown, You've Got a Lovely Daughter U (1968) 6.50 The Year of Living Dangerously PG (1982) 9.00 Stardust 15 (1974) 11.05 Blow-Up 15 (1966) 1.05 Clash of the Titans PG (1981) 3.05 Somewhere in Time PG (1992) 5.00 The Adventures of Huckleberry Finn U (1939)

**The Disney Channel**  
Kids' programmes from 7am, except: 6.00 Film: Cow Belles U (2006) Disney drama, starring Alyson and Amanda Michalka.

## MOVIES

## Sky Movies Drama

7.05 Ice Bound PG (2003) 8.35 Diana: The Final Journey 12 (2007) 10.15 Take the Lead 12 (2006) 12.15 Yesterday's Children 12 (2000) With Jane Seymour. 2.00 If Only 15 (2004) With Jennifer Love Hewitt. 3.45 Flags of Our Fathers 15 (2006) With Ryan Phillippe. 6.00 Becoming Jane PG (2006) With Anne Hathaway. 8.00 Titanic 12 (1997) With Leonardo DiCaprio. 11.15 Breaking and Entering 15 (2006) With Jude Law. 1.15 Good Night, and Good Luck PG (2005) With David Strathairn. 3.00 He Got Game 15 (1998) With Denzel Washington. 5.20 The Patron Saint of Liars PG (1997)

## Sky Movies Comedy

6.50 Good Burger PG (1997) 8.30 Christmas Do-Over PG (2006) 10.05 Bring It On: In It to Win It 12 (2007) 11.40 My Best Friend's Wedding 12 (1997) With Julia Roberts. 1.30 Hot Shots! PG (1991) With Charlie Sheen. 3.00 Hot Shots! Part Deux PG (1993) With Charlie Sheen. 4.30 Bring It On: In It to Win It 12 (2007) With

Ashley Benson. 6.05 Three Men and a Baby PG (1987) With Tom Selleck. 8.00 Hot Shots! PG (1991) With Charlie Sheen. 9.30 Hot Shots! Part Deux PG (1993) With Charlie Sheen. 11.00 Eddie Murphy: Raw 18 (1997) No-holds-barred stand-up. 12.35 My Best Friend's Wedding 12 (1997) With Julia Roberts. 2.30 Three Men and a Baby PG (1987) With Tom Selleck. 4.25 Christmas Do-Over PG (2006)

## Sky Movies Action

6.30 The Edge 15 (1997) 8.40 David Duchovny Q&A 9.10 The X Files 15 (1998) 11.20 Passenger 57 15 (1992) With Wesley Snipes. 1.00 Diplomatic Siege 15 (1999) With Tom Berenger. 2.50 The Temp 15 (1993) With Lara Flynn Boyle. 4.40 The Edge 15 (1997) With Anthony Hopkins. 6.50 The Gingerbread Man 15 (1997) With Kenneth Branagh. 9.00 The X Files 15 (1998) With David Duchovny. 11.10 The General's Daughter 18 (1999) With John Travolta. 1.15 The Gingerbread Man 15 (1997) With Kenneth Branagh. 3.20 Breathtaking 18 (2000) 5.20 Back in Business PG (2007)

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## SPORT

## Sky Sports 1

6.00 Aerobics Q&A 6.30 FIFA Futbol Mundial 7.00 Football 9.00 Cricket AM 10.30 Live Test Cricket. England v South Africa. 7.00 Live Super League. Warrington Wolves v Leeds Rhinos (Kick-off 7.30pm). 9.30 Emirates Cup Football 11.30 Test Cricket 1.30 Emirates Cup Football 3.30 Premier League Years 5.30 Sports Adventure

## Sky Sports 2

6.00 Spirit of Yachting 6.30 Rugby Union 8.30 Live International Rugby Union. New Zealand v Australia (Kick-off 8.35am). 10.30 Max Power 11.30 Football 1.30 Live Emirates Cup Football. Real Madrid v Hamburg SV (Kick-off 2.00pm). 4.00 Live Emirates Cup Football. Arsenal v Juventus (Kick-off 4.15pm). 6.30 Live World Golf Championship. The Bridgestone Invitational. 11.00 US Senior Open Golf 1.00 Super League 3.00 Test Cricket 5.00 Pipeline Adventures 5.30 FIFA Futbol Mundial

## Sky Sports 3

6.00 Tight Lines 7.00 Premier League Years 9.00 NFL: America's Game 10.00 WWE: Smackdown 12.00 WWE: Bottom Line 1.00 NFL: Total Access 2.00 Live Rugby Union. Wildeklawer Griquas v The Sharks (Kick-off 2.00pm). 4.00 Live Rugby Union. Golden Lions v Western Province (Kick-off 4.05pm). 6.00 Live Speedway. The Czech Republic Grand Prix. 9.00 Test Cricket 11.00

## SPORT

Extreme 12.00 Championship Wrestling 12.00 WWE: Late Night - Smackdown 2.00 WWE Special: Saturday Night Main Event 3.00 International Rugby Union 5.30 FEI Equestrian World

## British Equestrian

7.30 World Rally Championship 8.00 Ski Jumping 9.00 Live Beach Volleyball. The women's A1 Klagenfurt Grand Slam semifinals. 11.00 Ski Jumping 12.30 Athletics 2.00 Live Beach Volleyball. The women's A1 Klagenfurt Grand Slam final. 3.00 World Superbikes 4.00 Live World Superbikes. Coverage of the Superpole session at Brands Hatch. 5.00 F1: The Factory 5.30 Live Rallying. The second day of the Intercontinental Rally Challenge from Portugal. 6.00 Show Jumping 7.15 WTA Tennis 8.00 Live WTA Tennis. Coverage of the semi-finals of the Rogers Cup. 10.00 World Rally Championship 10.30 World Superbikes 11.30 World Rally Championship 12.00 Poker 1.00 Close

## Sky Sports Xtra

6.00 Race World 7.00 World Golf Championship 9.00 US Senior Open Golf 11.00 World Sport 11.30 Racing News 12.00 World Golf Championship 2.00 US Senior Open Golf 4.00 Masters Tennis 6.00 Live Masters Tennis. The opening Cincinnati Masters semi-final. 8.00 International Rugby Union 10.30 World Sport 11.00 NFL: Total Access 12.00 Live Masters Tennis. The second Cincinnati Masters semi-final. 2.00 Speedway 5.00 World Sport 5.30 Spirit of Yachting

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3 AUG

## BBC1

6.00 Breakfast. (T) 9.00 The Andrew Marr Show. (T) 10.00 Sunday Life. (T) 11.00 Countryfile. (T) 12.00 BBC News. (T) 12.05 Cash in the Attic. (R) (T) 1.00 FILM: Mouse Hunt (1997). Slapstick comedy, starring Lee Evans. (T) 2.35 EastEnders. (T) 4.30 'Allo 'Allo! (R) (T)

5.00 Keeping Up Appearances. Hyacinth plans an extravagant riverside picnic and invites all and sundry, including the vicar and his wife, to what proves to be a wash-out. (R) (T)

5.30 Songs of Praise. A visit to Chester Cathedral, and highlights from the series. (T)

6.05 Last of the Summer Wine. Barry discovers that his neighbour is desperately lonely, and attempts to set him up with a new girlfriend. Long-running sitcom, starring Mike Grady and Tyler Butterworth. (T)

6.35 BBC News; Regional News: Weather. (T) 7.00

Jonathan Ross Salutes Dad's Army. A celebration to mark the 40th anniversary of the classic sitcom with cast members Ian Lavender, Clive Dunn, Bill Pertwee, Frank Williams and Pamela Candell and writers Jimmy Perry and David Croft. Also joining Jonathan Ross are celebrity fans Ronnie Corbett, Jon Culshaw, John Thomson and Dan Snow in a re-creation of the hapless platoon's home base of Walmington-on-Sea church hall. (T)

8.00 FILM: Miss Potter (2006). Premiere. Renee Zellweger stars as Beatrix Potter, the writer who, on her quest to get her book published, stumbles across love. Biographical period drama, also with Ewan McGregor. (T)

9.30 Last Choir Standing. Judges Russell Watson, Sharon D Clarke and Suzi Digby provide three of this week's unsuccessful groups with another chance to step into limelight for a place in the knockout rounds. Plus, former G4 tenor Jonathan Ansell takes part in a special performance. (T)

10.00 BBC News; Weather. (T) 10.20

Commercial Breakdown with Jimmy Carr. In this edition it's love at first sight when a giant robot and a monster run away together to start a family, producing a beautiful baby car. Also included is a vintage advert in which a favour of teenagers shun booze in favour of partying the night away with a glass of cold milk. Last in series. (T)

11.00 FILM: Dragon: The Bruce Lee Story (1993). Biopic, starring Jason Scott Lee. (T) 12.55 The Sky at Night; (T) Weatherwise. (T) 1.15 Sign Zone: Ray Mears Goes Walkabout. (R) (T) 2.15 Sign Zone: Holby City. (R) (T) 3.15 Sign Zone: Celebrity MasterChef. (R) (T) 4.15 BBC News. (T)



## BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.25 Tikkabilla; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Legend of the Dragon. (R) (T) 7.25 Watch My Chops. (R) (T) 7.35 The Batman; (R) (T) Bernard. (R) (T) 8.00 Best of Friends. (R) (T) 8.30 Raven: The Secret Temple. (R) (T) 9.00 Smart. (T) 10.00 Something for the Weekend. (T) 11.30 Rachel's Favourite Food at Home. (R) (T) 12.00 Animal Park. (R) (T) 1.00 Fred Dibnah's World of Steam, Steel and Stone. (R) (T) 1.30 Live Golf: Women's British Open. Day four at Sunningdale Golf Club. (T) 6.00 Earth: The Power of the Planet. (R) (T) 7.00 Dragons' Den. More entrepreneurs pitch to the millionaires, with proposals including an innovative roller skate, a range of crime-prevention products and an idea to get children away from the TV. (R) (T) 8.00 Top Gear. Highlights from the 10th series, including the team's attempt at crossing the Channel in amphibious cars, and Jeremy Clarkson's tour of BBC Television Centre in a tiny Peel car. (T) 9.00 Long Way Round. The travelling duo take a tour of Ulan Bator's famous sewers. (T) 10.00 Sprint. Four young athletes hope for glory at the 2012 Olympics. (T) 11.30 FILM: The Big Kahuna (1999). Drama, starring Kevin Spacey. (T) 12.55 BBC News. 0.55 Click. 1.00 BBC News. 1.30 Your News. 2.00 BBC News. 2.30 Dateline London. 3.00 BBC News. 3.30 The Record Europe. 4.00 BBC News. (T) 4.20 The Super League Show. (T) 5.15 Close.

## Pick of the Day

Agatha Christie's Marple (ITV1 Granada, 8pm)

Believe it or not, some people didn't think Geraldine McEwan was the right choice to play Miss Marple. "Too tough," or "not vulnerable enough," they said. Oh, how they've been forced to eat their words. Ms McEwan has proved to be a formidable, twin-setted presence, and when she bows out soon, she'll be a great loss. The latest instalment in the series, based on Agatha Christie's novel Towards Zero, is her penultimate case, with Nemesis to come later in the year. The action takes place in Devon, where the formidable but fading Lady Tressilian is holding a house party at her impressive estate. Unfortunately, because her health is in decline, she's hardly the perfect host, and needs constant help from her old friends Miss Marple and Treves to help her cope with the weekend's trials and tribulations. Miss Marple notices how much tension there is among the younger members of the party as they 'enjoy' a trip to the beach. She's also intrigued by Treves's story of a child murderer who was never caught. Before long, two suspicious deaths have taken place and Miss Marple must help hapless local copper Superintendent Mallard find out whodunnit. The all-star cast also includes Tom Baker, Greg Wise, Alan Davies, Saffron Burrows, Paul Nicholls, Eileen Atkins, Julie Graham, Julian Sands and, believe it or not, real-life former tennis player Greg Rusedski.

## C4

6.10 The Hoobs. (R) (T) 6.35 Transworld Sport. (T) 7.30 Freesports on 4. (T) 8.25 Freesports on 4. (T) 8.50 T4: The Feeling's 24 Hour Challenge. (T) 9.20 T4: Hollyoaks. (T) 11.50 T4: Friends. A power cut exposes Chandler to temptation. (R) (T) 12.20 T4: Big Brother's Little Brother. (T) 1.20 T4: Big Brother's Diary Room Uncut. (T) 2.25 T4: T4 on the Beach. (T) 3.15 T4: The Simpsons. (R) (T) 3.45 T4: The Simpsons. (R) (T) 4.15 Red Bull Air Race 2008. (T) 5.45 Scrapheap Challenge. (T) 6.45 Channel 4 News. (T) 7.00 Car Bomb. Former CIA agent Robert Baer concludes his two-part documentary by heading to Belfast to speak to one-time members of the IRA responsible for manufacturing devastating explosives. (T) 8.00 I Am the Elephant Man: A Bodysock Special. Huang Chuncai's struggle with neurofibromatosis. (R) (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 The VI Guide to Brothels. Investigative journalist Nicky Taylor teams up with the Hampshire Women's Institute to explore possible initiatives that could reduce the vulnerability of sex workers. (T) 11.05 The Charlotte Church Show. (R) (T) 11.55 Back to You. (T) 12.25 4Music: Global Gathering. (T) 12.50 4Music: Mark Ronson v Duran Duran at the Smirnoff Experience Paris. (R) (T) 1.35 Big Brother Live. 4.20 Car Bomb. (R) (T) 5.20 St Elsewhere. (R) (T)

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## FIVE

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 Bird Bath. (R) (T) 6.10 Softies. (R) (T) 6.15 Sailor Sid. (R) (T) 6.20 Aussie Antics. (R) (T) 6.25 Angels of Jarm. (T) 6.30 Elmo's World. (R) (T) 6.50 Harry and His Bucket Full of Dinosaurs. (R) (T) 7.00 Hana's Helpline. (R) (T) 7.10 Little Princess. (R) (T) 7.25 The Beeps. (R) (T) 7.40 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.55 The Save-Ums! (R) (T) 8.05 Miss Spider's Sunny Patch Friends. (R) (T) 8.20 Little Lodgers. (R) (T) 8.25 The Mr Men Show. (R) (T) 8.40 The Mr Men Show. (R) (T) 8.55 Rupert Bear. (R) (T) 9.10 Animal Families. (R) (T) 9.25 George Shrinks. (R) (T) 10.00 The Gadget Show. (R) (T) 11.00 Monster Moves. (R) (T) 12.00 Ice Road Truckers. (R) (T) 1.00 Fifth Gear Shortcuts. (T) 1.15 FILM: Breathing Lessons (1994). Sentimental drama, starring James Garner. (T) 3.15 FILM: Grumpier Old Men (1995). Comedy sequel, starring Walter Matthau. (T) 5.05 FILM: Are We There Yet? (2005). Premiere. Comedy, starring Ice Cube. (T) 7.00 five news and sport. (T) 7.15 Cricket on five. England v South Africa. Mark Nicholas presents action from the fifth and final day of the Third Test at Edgbaston in Birmingham. (T) 8.00 FILM: A Bridge Too Far (1977). Richard Attenborough's bleak, fact-based drama recreating the World War Two battle for Arnhem. The all-star cast includes Dirk Bogarde, Robert Redford, Anthony Hopkins and Michael Caine. (T) 11.20 Banged Up. (R) (T) 12.25 Urban Legends. (R) (T) 12.55 Major League Baseball. 4.20 Athletics. (R) 5.10 Everybody Hates Chris. (R) (T) 5.35 Everybody Hates Chris. (R) (T)

## ITV1

5.00 CITV: Jim Jam & Sunny. (T) 5.10 Jim Jam & Sunny. (T) 5.25 Jim Jam & Sunny. (T) 5.35 Jim Jam & Sunny. (T) 5.45 Jim Jam & Sunny. (T) 6.00 GMTV. (T) 9.25 CITV: Meg & Mog. (R) (T) 9.35 Coronation Street. (T) 11.50 ITV News and Weather. (T) 11.55 London Today: Weather. (T) 12.00 F1: Hungarian Grand Prix Live. Round 11 from the Hungaroring (Start-time 1.00pm). (T) 3.05 FILM: Octopussy (1983). James Bond adventure, starring Roger Moore.

5.30 The Unforgettable Leonard Rossiter. Profile of the much-missed actor. (R) (T)

6.00 The Way We Were. A nostalgic look at teenage years, including boys on motorbikes and the youngest pilot in Britain. Plus, Unit Four Plus Two top the pop charts. (T)

6.25 London Tonight: Weather. (T)

6.40 ITV News and Weather. (T)

7.00 Heartbeat. The plight of two young girls is brought to the attention of Carol, who discovers them home alone. Joe confronts their parents who are out drinking, but finds stepfather Brian unremorseful and reluctant to leave the pub. Gina is distracted from her worries about her unborn baby by preparations for the imminent arrival of Phil's niece Dawn. But when David goes to meet the girl from the station she's nowhere to be seen. Nikki Sanderson joins the cast. (T)

8.00 Agatha Christie's Marple. A gathering at Lady Tressilian's Devon estate leads to murder when the eccentric Mr Treves tells the story of an unconvicted child killer. Miss Marple is on hand to assist Susi Mallard of the local constabulary, but not before a second victim is claimed. Mystery, starring Geraldine McEwan, Eileen Atkins and Tom Baker, with a cameo appearance by real-life tennis star Greg Rusedski. (T)

10.00 ITV News and Weather; Weather. (T)

10.15 All New TV's Naughtiest Blunders. Neil Morrissey presents more outrageous outtakes from the small screen, including presenters Ant and Dec, Philip Schofield and Fern Britton, and actor John Barrowman. (T)

10.45 F1: Hungarian Grand Prix Highlights. Steve Frier introduces action from the 11th race of the season, held at the Hungaroring in Budapest, where Lewis Hamilton recorded the third victory of his career when he prevailed last year. The McLaren driver made the most of pole position to stay ahead of second-placed Kimi Raikkonen of Finland and claim maximum points, becoming the second successive British winner here following Jensen Button's win in 2006. Commentary by James Allen and Damon Hill. (T)

11.45 A Match Made in Heaven. Tim's first date goes well. (T)

12.15 Vicars' Wives. (R) (T) 12.45 60 Minute Makeover; (R) (T) ITV News Headlines. 1.35 Vanessa's Real Lives. (R) (T) 2.30 Fat Chance. (R) 2.55 Fat Chance. (R) 3.20 ITV Newscreen.

## LOCAL

**RTP1**  
0630 Brinca Comigo 0900 Eucarista Dominical 1000 Especial Dia da Criança 1300 News 1415 Especial dia da Criança 1645 Batman and Robin, film 1915 Vila Faia 2000 News 2100 As Escolas de Marcelo Rebelo de Sousa 0000 Film TBA 0230 Film TBA 0400 Sexta À Noite 0605 Nôs

**RTP2**  
0700 Euronews 0730 África Global 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nôs 1045 Da Terra Ao Mar 1115 Consigo 1200 Vida por Vida 1230 Zig Zag 1445 A Voz do Cidadão 1500 Sport 1900 Encontros Imediatos 1930 A Alma e a Gente 2000 Próxima Paragem 2030 Bombordo 2100 Desafio Verde 2200 News 2230 Câma Clara 0050 Onida Curta 0115 Sport 0515 Euronews

**SIC**  
0645 Sic Kids 0830 Disney Kids 1030 Chiquititas 1200 Life in Cold Blood 1300 News 1415 Fame 1515 O Melhor do Mundo 1800 Film TBA 2000 News 2145 O Melhor do Mundo 2130 Football: Benfica V Sporting CP 0015 AQUI não há Quem Viva 0115 A Lei do Mais Forte 0215 A Vedeta 0245 Quando o Telefone Toca 0445 Amazônia

0645 Children's TV 1000 Missa 1300 News 1400 Crimes in Paradise, film 1545 Welcome to the Jungle, film 1830 Date Movie 2000 News 2130 A outra 2230 Casos da 0045 Film TBA 0300 Sempre a Sonhar 0400 Eureka 0500 Telesales

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## Best of the Rest

**BBC3**  
7.00 Gaffes Galore 7.10 Doctor Who 8.00 Doctor Who 9.00 Britain's Missing Top Model 10.00 Family Guy 10.25 Family Guy 10.50 Trex and Flipside 11.20 Trex and Flipside 11.50 Touch Me, I'm Karen Taylor 12.20 Britain's Missing Top Model 1.20 Addicted to Boob Jobs 2.20 Trex and Flipside 2.50 Trex and Flipside 3.20 Touch Me, I'm Karen Taylor 3.50 Make My Body Younger 4.50 Close

**BBC4**  
7.00 Coal House 7.30 BBC Proms 2008 9.40 The Thirties in Colour 10.40 The Thirties in Colour 11.40 The Thirties in Colour 12.40 Glastonbury 2008 1.40 Born to Be Wild 2.10 BBC Proms 2008 4.20 Close

**ITV2**  
2.35 Film: What's Eating Gilbert Grape? 12 (1993) 4.40 Coronation Street 7.00 America's Got Talent 8.20 PFA Awards 8.50 Johnny Vegas: The Hot Desk 9.00 Film: Die Hard 2 18 (1990) 11.20 Film: Coyote Ugly 12 (2000) 1.15 Divas: Gone Bad 1.45 Teleshopping 4.45 ITV2 Nightscreen

**Sky One**  
1.00 Futurama 1.30 Futurama 2.00 The Championship Gaming Series 3.00 Don't Forget the Lyrics 4.00 Futurama 4.30 Futurama 5.00 Futurama 5.30 The Simpsons 6.00 The Simpsons 6.30 The Simpsons

7.00 Gladiators 8.00 The Simpsons 8.30 The Simpsons 9.00 Film: The Hunt for Red October PG (1990) 11.35 Gladiators 12.35 Road Wars 1.35 The Championship Gaming Series 2.50 Road Wars 3.15 Mile High 4.10 Caribbean Uncovered 5.05 Guilty!

**UKTV Gold**  
1.10 Open All Hours 1.50 The Vicar of Dibley 3.05 Only Fools and Horses 3.45 2point4 Children 4.25 My Hero 5.05 The Vicar of Dibley 5.45 My Family 6.25 Open All Hours 7.05 The Vicar of Dibley 8.20 Only Fools and Horses 9.00 The Royle Family 9.40 Blackadder II 10.20 Family Towers 11.00 The Worst Week of My Life 11.40 My Hero 12.15 Fawty Towers 1.00 The Worst Week of My Life 1.40 Doctor Who 2.30 Doctor Who 3.15 Doctor Who 4.00 Dallas 4.45 Hamish Macbeth 5.35 Neighbours

**TCM**  
1.00 Mrs Soffel PG (1984) 3.00 High Society U (1956) 4.55 The Unsinkable Molly Brown U (1964) 7.15 Code Name: Emerald PG (1985) 9.00 The Elephant Man PG (1980) 11.15 Pink Floyd: The Wall 15 (1982) 1.00 The Subterraneans 15 (1960) 2.55 The Green Years PG (1946) 5.00 Never Let Me Go U (1953)

**The Disney Channel**  
Kids' programmes from 7am, except: 6.00 Film: Cadet Kelly U (2002) Comedy, starring Hilary Duff.

### Sky Movies Drama

6.55 Marilyn and Me PG (1991) 8.35 Above and Beyond 15 (2001) 10.15 Colombo Undercover PG (1994) 11.55 Malpractice PG (2001) With Gabrielle Carteris. 1.35 Rent 12 (2005) With Rosario Dawson. 3.55 Stepping Out PG (1991) With Liza Minnelli. 5.55 Marie Antoinette 12 (2005) With Kirsten Dunst. 8.00 Up Close and Personal 15 (1996) With Michelle Pfeiffer. 10.10 Boys Don't Cry 18 (1999) With Hilary Swank. 12.10 Ask the Dust 15 (2006) With Salma Hayek. 2.10 Casino 18 (1995) With Robert De Niro. 5.10 The End of Eden PG (1996)

### Sky Movies Comedy

6.00 Expiration Date 12 (2006) 7.35 Confetti 15 (2006) 9.20 Comedy Close Up 9.50 Rookie of the Year PG (1993) 11.35 Drop Dead Fred 12 (1991) With Rik Mayall. 8.00 Scary Movie 4 15 (2006) With Anna Faris. 2.50 Epic Movie 12 (2007) With Karl Penn. 4.25 Rookie of the Year PG (1993) With Thomas Ian Nicholas. 6.15 Drop Dead Fred 12 (1991) With Rik Mayall. 8.00 Scary Movie 4 15 (2006) With Anna Faris. 9.30 Epic Movie 12 (2007) With Karl Penn.

### Sky Movies Action

6.55 David Duchovny Q&A 7.25 Uncommon Valor 15 (1983) 9.30 187 15 (1997) 11.50 Stormbreaker PG (2006) With Alex Pettyfer. 1.45 Deja Vu 12 (2006) With Denzel Washington. 4.05 The Avengers 12 (1998) With Ralph Fiennes. 5.50 David Duchovny Q&A 6.20 The Da Vinci Code 12 (2006) With Tom Hanks. 9.00 Deja Vu 12 (2006) With Denzel Washington. 11.15 Blow Out 18 (1981) With John Travolta. 1.10 Fear 18 (1996) With Mark Wahlberg. 2.55 The Big Hit 18 (1998) With Mark Wahlberg. 4.35 Stormbreaker PG (2006)



## SPORT

### Sky Sports 1

6.00 Aerobics Oz Style 6.30 World Sport 7.00 Where Are They Now? 7.30 Emirates Cup Football 9.30 Cricket Writers on TV 10.30 Live Test Cricket: England v South Africa. Coverage continues on Sky Sports 3. 4.30 Live Football: Tottenham Hotspur v Borussia Dortmund (Kick-off 4.45pm). 6.45 Live Football: Feyenoord v Celtic (Kick-off 7.00pm). 9.00 Emirates Cup Football 10.00 Test Cricket 12.00 Football 1.30 Emirates Cup Football 2.30 Premier League Years 4.30 Where Are They Now? 5.00 Max Power

### Sky Sports 2

6.00 Max Power 7.00 Test Cricket 9.00 Wild Spirits 9.30 Emirates Cup Football 11.30 Masters Tennis 1.30 Live Emirates Cup Football. Juventus v Hamburg SV (Kick-off 2.00pm). 4.00 Live Emirates Cup Football. Arsenal v Real Madrid (Kick-off 4.15pm). 6.30 Live World Golf Championship. The Bridgestone Invitational. 11.00 US Senior Open Golf 1.00 Live NFL: Washington Redskins v Indianapolis Colts (Kick-off 1.00am). 4.30 Close

### Sky Sports 3

6.00 Watersports World 7.00 Premier League Years 9.00 WWE: Afterburn 10.00 WWE Special: Saturday Night Main Event 11.00 Wild Spirits 11.30 Racing News 12.00 Where Are They Now? 12.30 World Golf Championship 2.30 US

Senior Open Golf 4.30 Live Test Cricket. England v South Africa. 6.00 Sailing 6.30 Wild Spirits 7.00 Live NASCAR. The Pennsylvania 500. 11.30 WWE: Late Night - Afterburn 12.30 WWE Vintage Collection 1.30 Test Cricket 3.30 Close

### British Eurosport

7.30 World Rally Championship 8.00 F1: The Factory 8.30 Beach Volleyball 9.00 Live Beach Volleyball. The men's A1 Klagenfurt Grand Slam final. 10.00 Athletics 10.45 Live Porsche Super Cup. Coverage of the Hungarian Grand Prix. 11.30 Live World Superbikes. Coverage from Brands Hatch. 5.00 Motocross 6.00 WTA Tennis 6.45 Live WTA Tennis. The Rogers Cup final. 8.30 World Superbikes 10.15 World Rally Championship 10.45 Motorsports Weekend 11.15 Beach Volleyball 12.00 Motorsports Weekend 12.30 Close

### Sky Sports Xtra

6.00 Cross Country Motorcycling 7.00 World Golf Championship 9.00 US Senior Open Golf 11.00 Speedway 2.00 NFL: America's Game 3.00 Cross Country Motorcycling 4.00 WWE Special: Saturday Night Main Event 5.00 WWE: Experience 6.00 Masters Tennis 8.00 Live Masters Tennis. The Cincinnati Masters final. 10.30 Sailing 11.00 NFL: America's Game 12.00 Cross Country Motorcycling 1.00 Masters Tennis 3.00 Close

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### BBC1

6.00 Breakfast. (T) 9.15 Heir Hunters. (R) (T) 10.00 Escape to the Country. (R) (T) BBC News: Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Step Up to the Plate. (T) 3.00 BBC News: Weather. Regional News. (T) 3.05 CBBC: Jakks! (R) (T) 3.25 Time Warp Trio. (R) (T) 3.50 Skunk Fu! (R) (T) 4.05 Roar. (R) (T) Thumbs Wrestling Federation: TWFF. (R) (T) 4.35 Grange Hill. (T) 5.00 Newsround. (T)

5.15 Weakest Link. General knowledge quiz, with Anne Robinson, as members of the public try to outdo each other to win a cash prize. (R) (T) BBC News: Weather. (T)

6.00 BBC News: Weather. (T)

6.30 Regional News Programmes; Weather. (T)

7.00 The ONE Show. (T)

7.30 After You've Gone. Jimmy allows the kids to throw a party while he takes his disapproving mother-in-law out to dinner to keep her away from the house. However, it soon becomes clear Diana has also been sneaking around behind everyone's backs. Comedy, starring Nicholas Lyndhurst and Celia Innie. (R) (T) BBC News: Regional News. (T)

8.00 EastEnders. Peggy's plans for a happy family life hit some obstacles in the shape of Phil and Ronnie, and lead her to make a dramatic decision. Shirley is increasingly irritated by Suzy's presence, but Minty is smitten. Ben fails to impress his dad, and Peter has a proposition for Tamwar. Clare confides in Garry. (T)

8.30 Panorama. Journalist John Sweeney travels across China to discover whether the Communist Party has kept its promise to allow foreign journalists to report freely in the run-up to the Olympics. He follows the famous torch on what the authorities claim is 'the journey of harmony'. Presented by Jeremy Vine. (T)

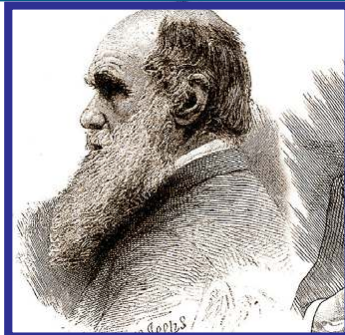
9.00 New Tricks. The team re-open a case originally worked by a corrupt colleague of Pullman's father, leading the detective to seek the truth about her family's shady past in a decision which puts pressure on the relationship with her mother. Brian investigates a suspicious death at a brewery, while Gerry and Jack take the time to enjoy its fruits. (T)

10.00 BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 River Police. The diving team of Thames River Police retrieve evidence of a robbery from the docks and the river unit is alerted when a man evades arrest by swimming to an island. (T) FILM: When a Man Loves a Woman (1994). Drama, starring Meg Ryan. (T) Weatherview. (T)

11.00 Sign Zone: Olympic Dreams. (R) (T) 1.55 Sign Zone: House of Saddam. (R) (T) 2.55 Sign Zone: Dr Alice Roberts: Don't Die Young. (R) (T) 3.25 Sign Zone: Dr Alice Roberts: Don't Die Young. (R) (T) 3.55 BBC News. (T)



### BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Bob the Builder. (R) (T) 7.10 Lunar Jim. (R) (T) 7.20 Little Robots. (R) (T) 7.30 Louie. (R) (T) 7.40 Ping. (R) 7.45 Sesame Tree. (T) 8.00 CBBC: The Secret Show. (R) (T) 8.15 What's New Scooby-Doo? (R) (T) 8.35 Freefonix. (R) (T) 9.00 Raven. (R) (T) MySay. (R) (T) 9.30 Adventure Florida. (R) (T) 10.00 Get 100. (R) (T) 10.30 The Flintstones. (R) (T) 10.55 The Flintstones. (R) (T) 11.20 FILM: The Cat from Outer Space (1978). Disney comedy, starring Roddy McDowall. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Britain's Dream Homes. (R) (T) 2.30 Castle in the Country. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (T) 4.30 Put Your Money Where Your Mouth Is. (R) (T) 5.15 Cash in the Celebrity Attic. (T) 6.00 Battle of the Brains. (T) 6.30 Eggheads. (R) (T) 7.00 The Culture Show Goes to China. Miranda Sawyer and Tom Dyckhoff visit Shanghai and Beijing. (T) 8.00 University Challenge. Queen's College, Cambridge, take on St George's, London. (T) 8.30 Chinese Food Made Easy. Chilli tiger prawns and fragrant pork with rice. (T) 9.00 Dragons' Den. Featuring a pitch for an adventure park. (T) 10.00 Would I Lie to You? Michael Aspel and Davina McCall guest. (R) (T) 10.30 Newsnight. (T) 11.20 The Biggest Chinese Restaurant in the World: BBC Four on BBC Two. (T) 12.20 Ellery Queen. (R) (T) 1.10 BBC News. (T) 3.55 Close.

### Pick of the Day

**The Genius of Charles Darwin (C4, 8pm)**

It's now nearly 150 years since Charles Darwin published his masterpiece On the Origin of the Species, but his theory of evolution is still causing controversy and debate. Some people claim it represents just one possibility of how humans came to walk the Earth, and some faith schools refuse to even teach it. However, the person who is a firm believer in Darwin's theories is Richard Dawkins. He's paying tribute to the pioneering scientist with this three-part series, which argues that natural selection may be the most important idea in the history of humanity and has profoundly changed the way we view ourselves and the world around us. Along the way, he hopes to shed new light on Darwin the man, looking at how he came to develop his theories. As you might expect from the high-profile atheist behind books including The God Delusion, Dawkins isn't one to shy away from an argument, so don't pin your hopes on him showing much sympathy for the creationists' point of view. His mission is to do what even Darwin couldn't quite manage and convince the doubters that: "Evolution is a fact, backed by undeniable evidence".

### C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 T4: Friends. (R) (T) 9.30 T4: Friends. (R) (T) 10.00 T4: Alphabet's Postcard From T4 on the Beach. (T) 10.10 T4: T4 On the Beach 2008: Buried Treasures. (R) (T) 11.00 T4: Big Brother's Diary Room Uncut. (T) 12.00 News at Noon. (T) 12.30 The Class. (T) 12.55 Will & Grace. (R) (T) 1.20 Will & Grace. (R) (T) 1.50 Desperate Housewives. (R) (T) 2.40 Desperate Housewives. (R) (T) 3.30 A Place by the Sea. (T) 4.30 Come Dine with Me. (R) (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bright New Wonders. New series. Showcasing new creative talent. (T) 8.00 The Genius of Charles Darwin. New three-part series, celebrating the life and work of the scientist. (T) 9.00 Can't Read, Can't Write. Teacher Phil Beadle enters the class for adult literacy tests in a bid to prove to the students that they can reverse a history of failure and pass an exam. Last in series. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 Tonight. (T) 11.40 FILM: Scream 2 (1997). Stalk-and-slash sequel, starring Neve Campbell. (T) 1.45 Big Brother Live. 4.20 St Elsewhere. A news helicopter crashes during a storm. (R) (T) 5.10 Richard & Judy. (R)

### FIVE

6.00 Milkshake! The Beeps. (R) (T) 6.10 Pocoyo. (R) (T) 6.20 Franny's Feet. (R) (T) 6.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.45 Big School. (R) (T) 6.55 The Milkshake! Show. (R) (T) 7.20 The Mr Men Show. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Sailor Sid. (R) (T) 8.05 Filz and the Flowerbots. (R) (T) 8.15 Little Lodgers. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 Roobarb and Custard Too. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 Jaguar Adventure with Nigel Marven. (R) (T) 12.30 five news. (T) 12.45 House. (R) (T) 1.45 Neighbours. (T) 2.15 Medical Investigation. (T) 3.10 FILM: Robin Cook's Terminal (1996). Medical thriller, starring Doug Savant. (T) 5.00 five news with Natasha Kaplinsky. (T) 5.30 Neighbours. (R) (T) 6.00 Vets in Action. (T) 7.00 five news with Natasha Kaplinsky. (T) 7.30 How Do They Do It? The technology behind the Thames Barrier. (R) (T) 7.30 five news update. (T) 8.00 The Gadget Show. The team test a range of rugged backpacks. Last in series; (T) 8.00 five news at 9.00 Greatest TV Comedy Moments. Richard Wilson presents a countdown of the 50 funniest moments in British TV history, including scenes from Monty Python's Flying Circus, The Young Ones and The Office. (R) (T) 11.05 FILM: Thunderbolt and Lightfoot (1974). Light-hearted crime caper, starring Clint Eastwood. (T) 1.15 Disorderly Conduct. 2.15 NASCAR. 3.05 US PGA Golf. 3.55 Seniors Golf. 4.45 Boxing: Fight of the Week. 5.10 Everybody Hates Chris. (R) (T) 5.35 Neighbours. (R) (T)

### ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Dickinson's Real Deal. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59 London Weather. (T) 4.00 Inspector Morse. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls before making the final choice of whether to share the jackpot or try to keep it for themselves. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Debbie struggles to find the cash to pay her mortgage and worries Carl is going to claim her garage, so she asks her family to repay the money she lent them for Belle's school fees. Sam is delighted when Jo hugs him, and Jimmy complains about his love life - unaware Matthew has arranged a date for him. (T)

7.30 Coronation Street. Disaster strikes when Audrey is the only member of the group sober enough to drive the booze cruisers home. Dev feels on top of the world after spending a night with Nina, and David resolves to hack into Tina's e-mail account, convinced she is up to no good. Clarissa continues to goad Liz. (T)

8.00 The Tourist Trap: Tonight. (T)

8.30 Coronation Street. Audrey suffers badly after the accident, but her relationship with Bill is upheld in her mind. David is thrilled to read Tina's comments about him, and resolves to become the perfect boyfriend. Dev proudly introduces Nina to an unimpressed Amber, and Harry takes the wind out of Clarissa's sails. (T)

9.00 Police, Camera, Action! Alastair Stewart investigates motorists' love of in-car gadgets and Adrian Simpson reveals which of the 21st-century accessories has the worst effect on driving. Plus, the technological advances that help officers keep pace with dangerous road-users, and more high-octane footage from the programme's archive. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.40 FILM: Green Street (2004). Premiere. Violent drama, starring Elijah Wood. (T) 12.40 Heist. (R) (T) 1.30 Nightwatch with Steve Scott. (R) (T) ITV News Headlines. 2.20 Loose Women. (R) 3.10 Moving Day. (R) (T) 3.35 Moving Day. (R) (T) 4.00 ITV Nightscreen.

### LOCAL

**RTPI**  
0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1415 Prova de Amor 1530  
Portugal no Coração 1800  
Portugal Em Directo 1905 O  
Preço Certo 2000 News 2100  
Nitas Soltas 2130 Quem Quer  
Ser Milionário 2230 Prós e  
Contras 0130 Film TBA 0315  
Euronews 0400 Portugal no  
Coração 0605 Nôs

**RTPI2**  
0700 Euronews 0715 Zig Zag  
1300 Entre Pratos 1400  
Sociedade Civil 1530 Consigo  
1600 National Geographic 1700  
Zig Zag 1830 A Fé Dos Homens  
1905 Eurodeputados 1945 Zig  
Zag 2045 Friends 2115 National  
Geographic 2150 A Hora da  
Sorte 2200 News 2240 Erva  
2310 Californication 2340  
Bastidores 0030 Noites da 2  
0115 Universidades 0145 Diga  
lá Excelência 0230  
Eurodeputados 0300  
Sociedade Civil 0430  
Euronews

**SIC**  
0700 Sic Notícias 0830 Sic  
Kids 0915 Floribella 1000  
Fátima 1300 News 1415 Terra  
Nostra 1545 Contacto 1800  
Beleza Pura 1900 Sete  
Pecados 2000 News 2130 Clube  
Portugal 2200 Ciranda de Pedra  
2245 Desejo Proibido 2330 Duas  
Caras 0030 CSI Las Vegas  
0130 CSI Miami 0230 Quando  
O Telefone Toca

**TVI**  
0700 Diário da Manhã 1000  
Você na TV 1300 News 1400  
As Tardes da Jureia 1700 Quem  
Quer Ganhar 1800 Morangos  
com Açúcar 1900 News 2200  
Fascinios 2300 Deixa-me 0200  
Toca a Ganhar 0345 Film TBA  
0530 Telesales

### Best of the Rest

**BBC3**  
7.00 Doctor Who 8.15 Doctor  
Who Confidential 9.00 I'm  
Kylie's Body Double 10.10  
EastEnders 10.30 Little Britain  
11.00 Family Guy 11.25 Family  
Guy 11.50 I'm Kylie's Body  
Double 12.45 Make My Body  
Younger 1.45 When Beauty  
Goes Wrong 2.40 Doctor Who  
Confidential 3.25 Jamelia:  
Whose Hair Is It Anyway? 4.25  
Close

**BBC4**  
7.00 World News Today 7.00  
Weather 7.30 Proms on Four  
2008 9.00 Children of the  
Chinese Circus: Storyville  
10.20 The Underground: Arena  
11.20 Travellers' Century  
Show 12.20 The Man Who Walked  
Across the World 1.20 Children  
of the Chinese Circus:  
Storyville 2.40 Proms on Four  
2008 4.10 Close

**ITV2**  
1.00 Emmerdale 1.30 The  
Jeremy Kyle Show 2.35 The  
Jeremy Kyle Show 3.45 Ricki  
Lake 4.30 Sally Jessy Raphael  
5.20 The Mental Williams Show  
6.05 Judy Judy 7.00 Smallville  
8.00 Airline 8.30 The Planet's  
Favourite Animals 9.00 Film:  
Coyote Ugly 12 (2000) 11.00  
Coronation Street 11.30  
Coronation Street 12.00 Film:  
The Hand That Rocks the  
Cradle 15 (1991) 2.10  
Teleshopping 5.10 ITV2  
Nightscreen

**Sky One**  
1.00 Relic Hunter 2.00 Stargate  
SG-1 3.00 Stargate SG-1 4.00  
Stargate Atlantis 5.00  
Gladiators 6.00 Malcolm in  
the Middle 6.30 Futurama 7.00  
The Simpsons 7.30 The Simpsons  
8.00 The Simpsons 8.30 The  
Simpsons 9.00 Road Wars

10.00 Inside: Alaska's  
Toughest Prison 11.00 Film:  
Mask of the Ninja 12 (2008)  
12.40 Street Wars 1.40 Weeds  
2.15 Uncut! Reps in Ibiza 3.10  
Rescue Me 4.05 Bite Size  
Brainiac 4.20 Brainiac:  
Science Abuse 5.10 Guilty!

**UKTV Gold**  
1.20 Last of the Summer Wine  
2.00 My Family 2.40 My Hero  
3.20 As Time Goes By 4.00  
Doctor Who 5.00 Open All Hours  
5.40 My Family 6.20 Last of  
the Summer Wine 7.00 Last of  
the Summer Wine 7.40 Keeping  
Up Appearances 8.20 My  
Family 9.00 Only Fools and  
Horses 10.05 Men Behaving  
Badly 10.45 The Catherine Tate  
Show 11.25 The New  
Adventures of Old Christine  
11.55 Men Behaving Badly  
12.35 The Catherine Tate Show  
1.15 Baywatch 2.05 Baywatch  
2.50 Baywatch 3.35 Alistair  
McGowan's Big Impression  
3.55 The Bill 4.40 EastEnders  
5.10 Neighbours 5.35  
Neighbours

**TCM**  
1.00 The Mayor of Casterbridge  
2.00 The Mayor of Casterbridge  
3.00 Film Paradiso PG (1966)  
4.45 Northwest Passage PG  
(1940) 7.05 Welcome to Hard  
Times PG (1967) 9.00 The Right  
Stuff 15 (1983) 12.25 The  
Fearless Vampire Killers 12  
(1967) 2.25 Sergeant York U  
(1941) 5.00 The Tall Target U  
(1951)

**The Disney Channel**  
Kids' programmes from 7am,  
except: 6.00 Film: Mulan U  
(1998) Disney adventure, with  
the voice of Eddie Murphy.  
10.00 Film: Mulan U (1998)  
Disney adventure, with the  
voice of Eddie Murphy.

### Sky Movies Drama

6.50 A Time to Decide PG  
(2000) 8.25 Gideon PG  
(1999) 10.10 Tristan and  
Isolde 12 (2005) 12.25 The  
Neighbor 12 (2008) With  
Matthew Modine. 2.10 Holy  
Man PG (1998) With Eddie  
Murphy. 4.10 Rumble Film  
18 (1983) With Matt Dillon.  
5.55 Eldest Below PG (2005)  
With Paul Walker. 8.00 Rain  
Man 15 (1988) With Dustin  
Hoffman. 10.15 Foxfire 18  
(1996) With Hedy Burress.  
12.00 Disclosure 18 (1994)  
With Michael Douglas. 2.10  
In the Line of Duty: Blaze of  
Glory 15 (1996) With Lori  
Loughlin. 3.45 A Mother's  
Testimony 15 (2000) 5.30  
Redemption of the Ghost PG  
(2001)

### Sky Movies Comedy

6.00 Up 'n' Under 12 (1998)  
7.40 Maverick PG (1994)  
9.50 35MM 10.20 Farce of  
the Penguins 15 (2006)  
11.50 The Devil Wears Prada  
PG (2006) With Meryl  
Streep. 1.50 The Top 10  
Show 2.05 10 Things I Hate  
About You 12 (1999) With  
Heath Ledger. 3.50 The  
Break-Up 15 (2006) With  
Jennifer Aniston. 5.50  
Maverick PG (1994) With Mel  
Gibson. 8.00 The Devil  
Wears Prada PG (2006) With  
Meryl Streep. 9.55 10 Things  
I Hate About You 12 (1999)  
With Heath Ledger. 11.35  
The Break-Up 15 (2006) With  
Jennifer Aniston. 1.25 Farce  
of the Penguins 15 (2006)  
With Samuel L Jackson. 2.50  
Up 'n' Under 12 (1998) With

Samantha Janus. 4.30  
Racing Ace PG (2005)

### Sky Movies Action

6.20 Desperate Justice PG  
(1993) 8.05 Above Suspicion  
15 (2000) 10.00 The Ice  
Harvest 15 (2005) 11.45 The  
Fast and the Furious: Tokyo  
Drift 12 (2006) With Lucas  
Black. 1.45 A Sound of  
Thunder PG (2005) With Ben  
Kingsley. 3.40 When a  
Stranger Calls 15 (2006) With  
Camilla Belle. 5.20 The Ice  
Harvest 15 (2005) With John  
Cusack. 7.00 The Fast and  
the Furious: Tokyo Drift 12  
(2006) With Lucas Black.  
9.00 The Departed 18 (2006)  
With Jack Nicholson. 11.40  
Magnum Force 18 (1973)  
With Clint Eastwood. 1.50  
To Live and Die in LA 18  
(1985) With William Dafoe.  
4.00 Desperate Justice PG  
(1993)

(R) - repeat programme;

(T) - programme with

teletext subtitles;

(S) - programme broad-

casting stereo;

(bw) - black and white.

### SPORT

#### Sky Sports 1

6.00 Good Morning Sports Fans  
9.00 Premier League Years  
11.00 Soccer AM: The Best  
Bits 12.00 Football 1.30  
Emirates Cup Football 2.30  
Where Are They Now? 3.00  
Overcoming the Majors: The  
Masters 3.30 Overcoming the  
Majors: The US Open 4.00 Live  
Cricket. Middlesex Crusaders  
v Somerset Sabres. 9.30  
Overcoming the Majors: The  
Masters 10.00 Overcoming the  
Majors: The US Open 10.30  
Speedway 12.30 Soccer AM:  
The Best Bits 1.30 Premier  
League Years 3.30 Where Are  
They Now? 4.00 Soccer AM:  
The Best Bits 5.00 Where Are  
They Now? 5.30 Pipeline  
Adventures

#### Sky Sports 2

6.00 Aerobics Oz Style 6.30  
World Golf Championship 8.30  
US Senior Open Golf 10.30  
Pipeline Adventures 11.00  
World Golf Championship 1.00  
US Senior Open Golf 3.00  
Premier League Years 5.00  
Football 6.30 Emirates Cup  
Football 7.30 Live Speedway.  
Lakeside Hammers v  
Eastbourne Eagles. 9.30 Wild  
Spirits 10.00 Thinking Tackle  
11.00 World Motor Sport 1.30  
Overcoming the Majors: The  
Masters 2.00 Overcoming the  
Majors: The US Open 2.30  
Thinking Tackle 3.30 Close

#### Sky Sports 3

6.00 Test Cricket 8.00 WWE:  
Bottom Line 9.00 Masters  
Tennis 11.00 Aerobics Oz Style  
11.30 Racing News 12.00 NFL

2.00 Cross Country  
Motorcycling 3.00 Masters  
Tennis 5.00 WWE: Raw 7.00  
Overcoming the Majors: The  
Masters 7.30 Overcoming the  
Majors: The US Open 8.00 NFL  
10.00 WWE: Late Night - Bottom  
Line 11.00 WWE: Late Night -  
Afterburn 12.00 Extreme  
Championship Wrestling 1.00  
WWE Vintage Collection 2.00  
Live WWE: Late Night - Raw.  
Wrestling action from the  
States. 4.15 Close

#### British Eurosport

7.30 World Superbikes 8.30  
World Rally Championship 9.00  
Athletics 11.00 World  
Superbikes 1.00 World Rally  
Championship 1.30 WTA Tennis  
2.30 Artistic Gymnastics 4.00  
Olympic Flash 4.15 World  
Superbikes 5.15 F1: The  
Factory 5.45 Strongest Man  
6.45 Olympic Flash 7.00 Ski  
Jumping 8.00 Live Ski Jumping.  
The Four Nations Grand Prix.  
9.00 World Superbikes 11.00  
Olympic Flash 11.15 Ski  
Jumping 12.15 Olympic Flash  
12.30 Close

#### Sky Sports Xtra

6.00 Pipeline Adventures 6.30  
Football 8.00 Emirates Cup  
Football 9.00 NASCAR 11.30  
Test Cricket 1.30 NASCAR 4.00  
Pipeline Adventures 4.30  
Aerobics Oz Style 5.00 World  
Spirits 5.30 Max Power 6.30  
Thinking Tackle 7.30 World  
Motor Sport 10.00 Max Power  
11.00 Pipeline Adventures  
11.30 Wild Spirits 12.00  
Thinking Tackle 1.00 Pipeline  
Adventures 1.30 Wild Spirits  
2.00 Max Power 3.00 Close

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For more information contact our authorised intermediary

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email: [info@lloydwhyteintl.com](mailto:info@lloydwhyteintl.com)

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## TUE

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## 5 AUG

### BBC1

6.00 Breakfast. (T) 9.15 Heir Hunters. (R) (T) 10.00 Escape to the Country; (R) (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Step Up to the Plate. (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBBC: Jakers! (R) (T) 3.25 Time Warp Trio. (R) (T) 3.50 Skunk Fu! (R) (T) 4.05 The Story of Tracy Beaker. (R) (T) 4.35 Roman Mysteries. (T) 5.00 Newsround. (T)

5.15 Weakest Link. Anne Robinson oversees the backstabbing general knowledge quiz, as contestants try to weed out the weaklings and walk off with a cash prize. (R) (T)

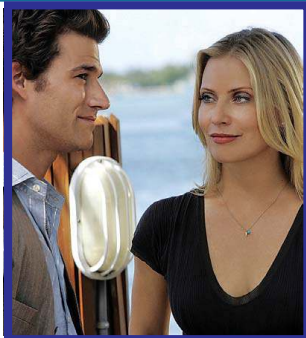
6.00 BBC News; Weather. (T)  
6.30 Regional News Programmes; Weather. (T)  
7.00 The ONE Show. (T)  
7.30 EastEnders. Archie suggests one last family meal in the hope of healing the rifts, but neither Ronnie nor Ben is in the mood to cooperate. Ian discovers that Peter has been helping Tamwar, and Minty tells Shirley and Heather they must leave the flat. Suzy finds somewhere to hide her mysterious handbag contents. (T) BBC News; Regional News. (T)

8.00 Holby City. Abra checks himself into a psychiatric hospital when his flashbacks from the Congo become too much. Daisha discovers she is pregnant, and Ric finds an unlikely ally in his fight for the director of surgery position. Mrs Tan safely gives birth to her conjoined twins, but at the same time a journalist poses as a patient to gather information about the family. (T)

9.00 Bonekickers. A British World War One tank containing the burned remains of six soldiers is uncovered in France. Evidence of a war crime emerges from the site, causing tension between Gillian and her German counterpart, while the French official struggles to remain neutral. Archaeological drama, with Julie Graham, guest-starring Gabrielle Schmitzky. (T)

10.00 BBC News. (T)  
10.25 Regional News; Weather. (T)  
10.35 Olympic Dreams. Teenage diver Tom Daley, heptathlete Jessica Ennis and the crew of GB's coxless four rowing team share insights into the fight to make it to Beijing. Their training becomes more intense as the Games approach, but as they push their bodies to the limit they face the real danger of injury destroying their dreams. Last in series. (T)  
11.25 FILM: Underclassman (2005). Premiere. Comedy, starring Nick Cannon; (T) Weatherview. (T)

1.00 Sign Zone: Springwatch People. (R) (T) 2.00 Sign Zone: Jimmy Doherty's Farming Heroes. (R) (T) 3.00 Sign Zone: Celebrity MasterChef. (R) (T) 4.00 BBC News. (T)



### BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Bob the Builder. (R) (T) 7.10 Lunar Jim. (R) (T) 7.20 Little Robots. (R) (T) 7.30 Louie. (R) (T) Pingu. (R) 7.45 Sesame Tree. (T) 8.00 CBBC: The Secret Show. (R) (T) 8.15 What's New Scooby-Doo? (R) (T) 8.35 Freefonix. (R) (T) 9.00 Raven; (R) (T) MySay. (R) (T) 9.30 Adventure Florida. (R) (T) 10.00 Get 100. (R) (T) 10.30 The Flintstones. (R) (T) 10.55 The Flintstones. (R) (T) 11.20 FILM: Never Cry Wolf (1983). Wildlife drama, starring Charles Martin Smith. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Britain's Dream Homes. (R) (T) 2.30 Castle in the Country. (T) 2.30 Murder, She Wrote. (R) (T) 3.45 Flog It! (T) 4.30 Put Your Money Where Your Mouth Is. (R) (T) 5.15 Cash in the Celebrity Attic. (T) 6.00 Battle of the Brains. (T) 6.30 Eggheads. (R) (T) 7.00 Return to Health Farm. Part one of two. Looking back to the 1998 docu-soap. (T) 7.30 Return to Health Farm. Part two of two. The recollections of some of the celebrities who came to stay. (T) 8.00 Dr Alice Roberts: Don't Die Young. (T) 8.30 Dr Alice Roberts: Don't Die Young. A guide to the stomach and intestines. (T) 9.00 Jimmy Doherty's Farming Heroes. Farmers in Northern Ireland who are putting a new twist on traditional methods. (T) 10.00 The Culture Show. Metallica's tour of Norway, and Florence's Vasari Corridor. (T) 10.30 Newsnight; Weather. (T) 11.20 Equator. (R) (T) 12.20 BBC News. (T) 3.50 Close.

### Pick of the Day

**CSI: Miami (five, 9pm)**

It's amazing to think anyone dares commit a crime in sun-drenched Miami, given Horatio Caine's clean-up rate. Thankfully for fans of this gripping drama, the bad guys just won't learn, and so it's back with a bang for a new series. The opener sees the CSIs called to a seafloor property, where parole officer Andrew Bennett has just met a sticky end, falling from the building. However, the man was shot dead before he plummeted, leaving Horatio and his team keen to trace his final movements. A stroke of luck comes their way when Delko finds the victim's BlackBerry, and the last message leads the team to young hoodlum Kyle. Horatio contacts his former sister-in-law Yelina, asking her to find out more about the lad, who denies murdering his parole officer. However, the case takes a twist when the youngster kidnaps the wife of a prison guard, before prising off his electronic tag and doing the proverbial runner. As the CSIs race to tie up the loose ends and find out who pulled the trigger, Horatio gets alarming news from Yelina. Meanwhile, Boa Vista encounters former colleague Ryan Wolfe working at a firing range. Matters become even more complicated when his prints are found on one of the bullets fired by Bennett's killer. Has he gone over to the dark side?

### C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.25 Big Brother's Little Brother. (T) 7.55 Big Brother. (R) (T) 9.00 T4: Friends. (R) (T) 9.30 T4: Friends. (R) (T) 10.00 T4: Robyn's Postcard from T4 on the Beach. (T) 10.15 T4: T4 on the Beach. (R) (T) 11.00 T4: Beauty & the Geek. (T) 12.00 News at Noon. (T) 12.30 The Class. (T) 12.55 Will & Grace. (R) (T) 1.20 Will & Grace. (R) (T) 1.50 Desperate Housewives. (R) (T) 2.40 Desperate Housewives. (R) (T) 3.30 A Place by the Sea. (T) 4.30 Come Dine with Me. (R) (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bright New Wonders. Showcasing new presenting voices. (T) 8.00 10 Years Younger. The team revisit Jeni Ingram, whose stressful job and dental problems added years to her appearance, to see how she has changed more than two years since she was given the expert treatment. Last in series. (T) 9.00 The Secret Millionaire. New series. An entrepreneur returns to his roots on Moss Side, Manchester. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 Tonight. (T) 11.40 Reaper. (T) 12.40 Bullrun. (R) (T) 1.05 KOTV. (T) 1.30 Big Brother Live. 3.50 FIVB Beach Volleyball. (T) 4.40 Red Bull Air Race 2008. (R) (T)

### FIVE

6.00 Milkshake!: The Beeps. (R) (T) 6.10 Pocoyo. (R) (T) 6.20 Franny's Feet. (R) (T) 6.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.45 Big School. (R) (T) 6.55 The Milkshake! Show. (R) (T) 7.20 The Men Show. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Sailor Sid. (R) (T) 8.05 Fifi and the Flowerbuds. (R) (T) 8.15 Little Lodgers. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 Roobarb and Custard Too. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 Vets in Action. (R) (T) 12.30 five news. (T) 12.45 House. (R) (T) 1.45 Neighbours. (T) 2.15 Medical Investigation. (T) 3.10 FILM: Two Against Time (2002). Drama, starring Mario Thomas. (T) 5.00 five news with Natasha Kaplinsky. (T) 5.30 Neighbours. (R) (T) 6.00 Vets in Action. (T) 7.00 five news with Natasha Kaplinsky. (T) 7.30 Highland Emergency. New series. The work of the emergency services in the Highlands; (T) 7.30 five news update. (T) 8.00 The Ghosts of the Mary Rose: Revealed. The sinking of Henry VIII's favourite warship in 1545; (T) 8.00 five news at 9.00 CSI: Miami. New series. Horatio learns a murder suspect's shocking identity. (T) 10.00 CSI: NY. The team link two seemingly unconnected murders. (R) (T) five news update. (T) 11.00 Law & Order: Special Victims Unit. (R) (T) 12.00 FBI Files. (R) (T) 1.00 European Drag Racing. 1.25 IndyCar Racing. 2.15 Grand American Racing. 3.05 Race and Rally UK. 3.30 Motorsport Mundial. 3.55 NHRA Drag Racing. 5.10 Everybody Hates Chris. (R) (T) 5.35 Neighbours. (R) (T)

### ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Dickinson's Real Deal. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59 London Weather. (T) 4.00 Inspector Morse. (R) (T)

5.00 Golden Balls. Game show, hosted by Jasper Carrott. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale: Behind Closed Doors. Andy returns home and loses his temper with Jo and Sam, giving them both a severe beating. Jake has a money-making scheme for Debbie, and the Kings try to find their stolen van. (T)

8.00 Send in the Dogs. A focus on the work of the police canine unit in West Yorkshire, featuring sniffer dog Bella and a hunt for a car thief. Plus, Alsatian Beth takes a trip to the vet. Last in series. (T)

9.00 Doc Martin. Mark has an unusual idea for a stag night, which involves camping under the stars rather than going to the pub. However, the jaunt ends in disaster when he becomes lost in the woods and is bitten by a snake, leaving Martin with the task of locating the clueless copper and saving his marriage before it has begun. Meanwhile, the teenagers of Portwennn provoke the doctor's wrath by inventing a deadly game that threatens one boy's life. Martin Clunes stars. (R) (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.40 Kingdom. Peter is forced to hide his brother Simon, but fears for the integrity of the business if the Market Shipborough gossips get wind of the fugitive. Elsewhere, at Aunt Auriel's nursing home, a woman suspects her elderly father's attractive nurse may be after his money, but no amount of persuasion prevents the man from making a will in her favour. Stephen Fry stars, with guests Lucy Benjamin and Richard Briers. (R) (T)

11.40 Dara O'Brian's Tough Gig. The comedian joins fantasy role players who spend their weekends getting dressed up as Elvis, Orcs and Warriors and staging full-scale battles from The Lord of the Rings. His challenge is to understand what makes them tick so he can put on a gig guaranteed to tickle the hobbiting Hobbits' funnybones - without the aid of magic, spells or fireballs. (R) (T)

12.10 Bingo Night Live. 1.15 Heist; (R) (T) ITV News Headlines. 2.00 Loose Women. (R) 2.50 The Jeremy Kyle Show. (R) (T) 3.45 ITV Nightscreen.

### LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1415 Prova de Amor 1530  
Portugal No Coração 1800  
Portugal em Directo 1905 O  
Prego Certo 2000 News 2100  
30 Minutos 2130 Telerural  
2200 Quem Quer Ser  
Millionário 2300 Sentido do  
Gosto 0100 Film TBA 0400  
Portugal no Coração 0605  
Nôs

**RTP2**  
0700 Euronews 0715 Zig Zag  
1300 Entre Pratos 1400  
Sociedade Civil 1530  
Consigno 1600 National  
Geographic 1700 Zig Zag  
1830 A Fé dos Homens 1900  
2010 1945 zig Zag 2045  
Feinds 2110 National  
Geographic 2200 News 2240  
Greys Anatomy 2300  
Mozartmania 0030 Noites da  
2 0115 Universidades 0145  
Câmara Clara 0250 2010  
0330 Sociedade Civil 0500  
Euronews

**SIC**  
0600 Sic Noticias 0900 Dia  
Em Grande 1000 Fátimas  
1300 News 1415 Terra  
Nostra 1545 Contacto 1800  
Lezenda Oura 1900 Sete  
Pecados 2000 News 2205  
Ciranda de Pedra 2240  
Desejo Proibido 2330 Duas  
Caras 0030 CSI Las Vegas  
0130 CSI Miami 0230 Quando  
o Telefone Toca

**TVI**  
0700 Diário Da Manhã 1000  
Você na TV 1300 News 1400  
As Tardes da Júlia 1700  
Quem Quer Ganhar 1800  
Morangos com Açúcar 1900  
News 2215 Doce Fugitiva  
0015 Film TBA

### Best of the Rest

**BBC3**  
7.00 Trexx and Flipside 7.30 Trexx  
and Flipside 8.00 The Real Hustle  
8.30 The Real Hustle 9.00 Britain's  
Missing Top Model 10.00  
EastEnders 10.30 Little Britain  
11.00 Family Guy 11.25 Family  
Guy 11.50 Britain's Missing Top  
Model 12.45 I'm Kylie's Body  
Double 1.45 The Real Hustle 2.15  
The Real Hustle 2.40 Trexx and  
Flipside 3.10 Trexx and Flipside  
3.40 Addicted to Boob Jobs 4.40  
Close

**BBC4**  
7.00 World News Today 7.00  
Weather 7.30 Pop Go the Sixties  
7.35 Batman 8.00 The Sky at  
Night 8.30 The Cult of Sunday  
Night 9.00 Voyages of Discovery  
10.00 The Armstrong & Miller  
Show 10.30 A Waste of Shame  
11.55 The Man Who Walked  
Across the World 12.55 The Sky  
at Night 1.25 A Waste of Shame  
2.55 Voyages of Discovery 3.55  
Close

**ITV2**  
1.00 Emmerdale 1.30 The Jeremy  
Kyle Show 2.35 The Jeremy Kyle  
Show 3.45 Ricki Lake 4.30 Sally  
Jessy Raphael 5.20 The Montel  
Williams Show 6.05 Judge Judy  
7.00 Smallville 8.00 Britain's  
Biggest Babies 9.00 Film: The  
Hand That Rocks the Cradle 15  
(1991) 11.10 Film: Unbreakable  
12 (2000) 1.15 The Black  
Donnellies 2.05 Teleshopping 5.05  
ITV2 Nightscreen

**Sky One**  
1.00 Relic Hunter 2.00 Stargate  
SG-1 3.00 Stargate SG-1 4.00  
Stargate Atlantis 5.00 Malcolm in  
the Middle 5.30 Malcolm in the  
Middle 6.00 Malcolm in the Middle  
6.30 Futurama 7.00 The Simpsons  
7.30 The Simpsons 8.00 Film:

Stargate - Ark of Truth 12 (2008)  
10.00 Top 50 Celebrity Meltdowns  
12.00 Road Wars 1.00 Street  
Wars 1.55 Weeds 2.30 Uncut!  
Reps in Ibiza 3.25 Road Wars  
3.50 America's Dumbest Criminals  
4.15 Brainiac: Science Abuse  
5.10 Guilty!

**UKTV Gold**  
1.15 Last of the Summer Wine  
1.55 Only Fools and Horses 3.00  
The Two Ronnies 4.00 Doctor  
Who 5.00 Open All Hours 5.40 My  
Family 6.20 Last of the Summer  
Wine 7.00 Last of the Summer  
Wine 7.40 Keeping Up  
Appearances 8.20 My Family 9.00  
Only Fools and Horses 10.00 The  
Royale Family 10.40 The Catherine  
Tate Show 11.15 The Two Ronnies  
12.00 The New Adventures of Old  
Christie 12.50 The Royale Family  
1.30 The Catherine Tate Show  
2.00 Baywatch 2.45 Baywatch  
3.00 Inconn 3.35 Close Up 3.45  
The Bill 4.40 EastEnders 5.10  
Neighbours 5.35 Neighbours

**TCM**  
1.00 The Mayor of Casterbridge  
1.55 The Mayor of Casterbridge  
2.45 Off Set 3.00 The Treasure  
of the Sierra Madre PG (1948) 5.15  
The Red Badge of Courage U  
(1951) 6.45 Off Set 7.10 In This  
Our Life PG (1942) 9.00 Wise  
Guys 15 (1986) 10.40 Alex in  
Wonderland 15 (1970) 12.45  
Zabriske Point 15 (1970) 2.45  
The Fixer 15 (1968) 5.00 The  
Cabin in the Cotton U (1992)

**The Disney Channel**  
Kids' programmes from 7am,  
except: 6.00 Film: Snow Dogs PG  
(2002) Family comedy, starring  
Cuba Gooding Jr. 10.00 Film:  
Snow Dogs PG (2002) Family  
comedy, starring Cuba Gooding  
Jr.

### Sky Movies Drama

7.30 Shadow Makers PG  
(1989) 9.40 Tom Horn 15  
(1978) 11.25 Mayday 12  
(2005) With Aidan Quinn 12.55  
Midnight in the Garden of Good  
and Evil 15 (1997) With John  
Cusack. 3.40 La Bamba 15  
(1987) With Lou Diamond  
Phillips. 5.40 The White  
Countess PG (2005) With  
Ralph Fiennes. 8.00 A Good  
Year 12 (2006) With Russell  
Crowe. 10.00 Perfume: The  
Story of a Murderer 15 (2006)  
With Ben Whishaw. 12.30 All  
the President's Men 15 (1976)  
With Robert Redford. 2.50  
Killer: A Journal of Murder 18  
(1995) With James Woods.  
4.25 The Simple Life of Noah  
Darborn PG (1999)

### Sky Movies Comedy

6.10 The Most Fertile Man in  
Ireland 15 (1999) 7.50 The  
Duke U (1999) 9.20 Girl's Best  
Friend PG (2008) 11.00  
Teenage Mutant Ninja Turtles  
II: The Secret of the Ooze PG  
(1991) With Paige Turco. 12.30  
35MM 1.00 Norbit 12 (2007)  
With Eddie Murphy. 2.45  
School for Scoundrels 12  
(2006) With Billy Bob Thornton.  
3.40 Stick It PG (2006) With  
Missy Peregrym. 6.15  
Because I Said So 12 (2007)  
With Diane Keaton. 8.00 Norbit  
12 (2007) With Eddie Murphy.  
9.45 School for Scoundrels  
12 (2006) With Billy Bob  
Thornton. 11.30 Stick It PG  
(2006) With Missy Peregrym.  
12.10 Because I Said So 12  
(2007) With Diane Keaton.  
3.05 The Most Fertile Man in

Ireland 15 (1999) 4.50 Girl's  
Best Friend PG (2008)

### Sky Movies Action

6.00 Warriors of Virtue PG  
(1997) 8.00 Waist Deep 15  
(2006) 9.50 Ultraviolet 15  
(2006) 11.40 Los Locos:  
Posse Riders Again 15 (1997)  
With Mario Van Peebles. 1.35  
Eddie Macdon's Run 15 (1983)  
With John Schneider. 3.25  
Waist Deep 15 (2006) With  
Tyrese Gibson. 5.15  
Ultraviolet 15 (2006) With Milla  
Jovovich. 7.05 Legionnaire  
15 (1998) With Jean-Claude  
Van Damme. 9.00 Lock, Stock  
and Two Smoking Barrels 18  
(1998) With Nick Moran.  
10.50 300 15 (2006) With  
Gerard Butler. 1.05 Soldier  
Blue 18 (1970) With Candice  
Bergen. 3.10 The Top 10  
Show 3.30 Warriors of Virtue  
PG (1997) 5.30 David  
Duchovny Q&A

(R) - repeat  
programme;  
(T) - programme  
with teletext  
subtitles;  
(S) - programme  
broadcast in stereo;  
(bw) - black and  
white.

### SPORT

#### Sky Sports 1

6.00 Good Morning Sports Fans  
9.00 Premier League Years 11.00  
Thinking Tackle 12.00 Overcoming  
the Majors: The Masters 12.30  
Overcoming the Majors: The Open  
Championship 1.00 Sailing 1.30  
Speedway 3.30 Overcoming the  
Majors: The Open Championship  
4.00 Overcoming the Majors: The  
PGA Championship 4.30 Live  
Cricket: Essex Eagles v Surrey  
Brown Caps. 10.00 Overcoming  
the Majors: The Open Championship  
10.30 Overcoming the Majors: The  
PGA Championship 11.00  
European Challenge Tour Golf 12.00  
Premier League Years 2.00 Football  
Asia 2.30 World Motor Sport 5.00  
Motor Racing 5.30 Football Asia

#### Sky Sports 2

6.00 Aerobics Oz Style 6.30 Pipeline  
Adventures 7.00 WWE: Afterburn  
8.00 Thinking Tackle 9.00 Pipeline  
Adventures 9.30 Wild Spirits 10.00  
World Motor Sport 12.30 Premier  
League Years 2.30 World Motor  
Sport 5.00 NFL: Total Access 6.00  
Athletics 6.30 Ernie Els: The Real  
Big Easy 7.00 Motor Racing 7.30  
Live Greyhound Racing. The Puppy  
Derby. 10.00 Poker 11.00 NFL:  
Total Access 12.00 Premier League  
Bowls 1.00 Premier League Bowls  
2.00 Athletics 2.30 Overcoming the  
Majors: The Open Championship  
3.00 Overcoming the Majors: The  
PGA Championship 3.30 Rally Fever  
4.30 Close

#### Sky Sports 3

7.00 Overcoming the Majors: The  
Masters 7.30 Overcoming the  
Majors: The US Open 8.00 Cross  
Country Motorcycling 9.00 Premier  
League Bowls 10.00 Premier League

Bowls 11.00 Aerobics Oz Style  
11.30 Racing News 12.00 Pipeline  
Adventures 12.30 Wild Spirits 1.00  
NFL: Total Access 2.00 Pipeline  
Adventures 2.30 Wild Spirits 3.00  
Premier League Bowls 4.00 Premier  
League Bowls 5.00 WWE:  
Smackdown 7.00 Overcoming the  
Majors: The US Open 7.30  
Overcoming the Majors: The PGA  
Championship 8.00 Golf 9.30 Ernie  
Els: The Real Big Easy 10.00 Sports  
Unlimited 11.00 Pop 12.00 Golf  
1.30 European Challenge Tour Golf  
2.30 Powerboating 3.30 Golf 5.00  
Ernie Els: The Real Big Easy

#### British Eurosport

7.30 Yoz Magazine 8.00 Beach  
Soccer 9.00 WTA Tennis 10.00  
Artistic Gymnastics 11.30 Athletics  
12.30 Athletics 1.30 Trial Bikes 2.00  
World Superbikes 4.00 Olympic  
Flash 4.15 Superbikes Games Stars  
4.45 MotoGP 5.45 World Rally  
Championship 6.45 Olympic Film  
7.00 Ski Jumping 8.00 Live Ski  
Jumping. The Four Nations Grand  
Prix. 9.45 FT: The Factory 10.15  
Rallying 10.45 World Rally  
Championship 11.45 World  
Superbikes 12.45 Close

#### Sky Sports Xtra

9.00 Overcoming the Majors: The  
Masters 9.30 Overcoming the  
Majors: The US Open 10.00 Sailing  
10.30 Speedway 12.30 Max Power  
1.30 Aerobics Oz Style 2.00 Thinking  
Tackle 3.00 Premier League Years  
5.00 European Challenge Tour Golf  
7.00 Powerboating 8.00 Premier  
League Bowls 9.00 Premier League  
Bowls 10.00 Rally Fever 11.00  
Pipeline Adventures 11.30 Motor  
Racing 12.00 Sports Unlimited 1.00  
Pipeline Adventures 1.30 Motor  
Racing 2.00 Close



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For more information contact our authorised intermediary

Lloyd & Whyte International Ltd.

email: [info@lloydwhyteintl.com](mailto:info@lloydwhyteintl.com)

Tel: 289 360 578 - Fax: 289 366 472

[www.lloydwhyteintl.com](http://www.lloydwhyteintl.com)

## WED

### BBC1

6.00 Breakfast. (T) 9.15 Heir Hunters. (R) (T) 10.00 Escape to the Country. (R) (T) BBC News. Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic. (R) (T) BBC News. Regional News. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News. Weather. (T) 1.30 Regional News. (T) 1.50 Doctors. (T) 2.50 BBC News. Weather. Regional News. (T) 3.00 CBBC: Jakies! (R) (T) 3.20 CBeebies: Take a Bow. (R) (T) 3.25 CBBC: Time Warp Trio. (R) (T) 3.50 Skunk Ful (R) (T) The Owl. (R) (T) 4.05 Young Dracula. (T) 4.35 Serious Ocean. (T) 5.00 Newsround. (T)

5.15 Weakest Link. Anne Robinson piles on the pressure in another round of the general knowledge contest. (R) (T)

6.00 BBC News. Weather. (T)

6.30 Regional News Programmes. Weather. (T)

7.00 The ONE Show. (T)

7.30 My Family. Roger and Abi's wedding day arrives, but the event doesn't go off without a glitch. Ben dispenses advice on what makes a happy marriage, leaving the bride with serious doubts in her mind, while Janey is dumped by her latest boyfriend and turns up at the church already inebriated. Robert Lindsay stars. (R) (T) BBC News. Regional News. (T)

8.00 Lost Land of the Jaguar. The team travel deeper into the Guyanese jungle and scorpions and poisonous centipedes enter the base camp. Gordon Buchanan discovers an animal is stealing supplies and Steve Backshall finds giant piranha and long-fanged sabretooth fish in the river. Meanwhile, George McGavin catches an enormous tarantula and the climbing team try to scale a huge unclimbed mountain at the forest's edge. (T)

9.00 Crimewatch Solved 2008. How viewers helped to solve the murder of special constable Nisha Patel Nasir, the theft of more than £1million worth of jewellery and the case of a paedophile who snatched a six-year-old girl from her own bath. Kirsty Young presents. (T)

10.00 BBC News. (T)

10.25 Regional News. Weather. (T)

10.35 The National Lottery Draws. Mylene Klass sets the balls rolling to decide the all-important numbers. (T)

10.45 The Visit. Officer Bamford meets his match in a woman who has come to fix the CCTV. Nana's sponsorship drive for Father O'Kane's parachute jump proves successful, while Dad finds a unique solution to his prostate problem. A birthday present from his son makes Clint realise what he is missing. Steve Edge stars. (T)

11.15 The Tudors. Henry VIII appoints himself head of the Church of England. Drama, chronicling the early years of the king's four-decade reign, starring Jonathan Rhys Meyers. (T) (National Lottery Update and Weatherview. (T)

12.15 Sign Zone: Tribal Wives. (R) (T) 1.15 Sign Zone: Who's Buying Up Britain? (R) (T) 1.45 Sign Zone: DIV SOS. (R) (T) 2.15 Sign Zone: Top Gear. (R) (T) 3.15 Sign Zone: Francesco's Mediterranean Voyage. (R) (T) 3.45 BBC News. (T)



### BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Bob the Builder. (R) (T) 7.10 Lunar Jim. (R) (T) 7.20 Little Robots. (R) (T) 7.30 Louie. (T) Pingu. (R) 7.45 Sesame Tree. (T) 8.00 CBBC: The Secret Show. (R) (T) 8.15 What's New Scooby-Doo? (R) (T) 8.35 Freefonix. (T) 9.00 Raven. (R) (T) MySay. (T) 9.30 Adventure Florida. (R) (T) 10.00 Get 100. (R) (T) 10.30 The Flintstones. (R) (T) 10.55 The Flintstones. (R) (T) 11.20 FILM: Space Camp (1986). Children's sci-fi adventure. Kate Capshaw stars. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Britain's Dream Homes. (R) (T) 2.30 Castle in the Country. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flot It! (T) 4.30 Put Your Money Where Your Mouth Is. (R) (T) 5.15 Cash in the Celebrity Attic. (T) 6.00 Battle of the Brains. (T) 6.30 Eggheads. (R) (T) 7.00 Grow Your Own Veg. Carol Klein explores root vegetables. (R) (T) 7.30 Des Lynam's Sport Mastermind. Subjects include England football internationals. (T) 8.00 Francesco's Mediterranean Voyage. Visiting the former leper colony of Spinalonga. (T) 8.30 Francesco's Mediterranean Voyage. The island of Leros, where Mussolini tried to create a fascist utopia. (T) 9.00 House of Saddam. Tension mounts within the dictator's household in 1988. (T) 10.00 Room 101. Jenny Eclair reveals her pet hates. Last in series. (R) (T) 10.30 Newsnight. Weather. (T) 11.20 Long Way Round. (R) (T) 12.20 Des Lynam's Sport Mastermind. (R) (T) 12.50 Season Ticket Special: Bann to Beijing. (T) 1.40 BBC News. (T) 3.45 Close.

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### Pick of the Day

#### The Bill (ITV1 Granada, 8pm)

In the days before Claire Goose became one of Casualty's most popular nurses, she guest starred in a 1995 episode of The Bill. By 1997, she was a household name thanks to the BBC's aforementioned medical drama, and also proved rather popular in Waking the Dead. Now things have come circle as Claire joins the Sun Hill bobbies again, this time as regular character Sergeant Rachel Weston. And it's no surprise to discover the rookie is thrown in at the deep end on day one. She teams up with Mickey (Chris Simmons) and Mel (Rhea Bailey) to investigate links between a road traffic accident — in which Chrissie Cholerton (Carolyn Tomkinson) was left unconscious — and a break-in at a jewellery shop. The getaway van left at the scene of the crash is traced to a squatter couple, Steve Rose (Jethro Skinner) and Scarlett Pratt (Georgie Smith). They deny any involvement in the crime but claim they were looking after 12-year-old passenger Robin Pressman (Samuel Renew) after finding him begging on the streets. While compiling all the evidence, Rachel and Mel realise there's more to Chrissie and her husband Gary (Terry Smith) than meets the eye.

### C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 T4: Friends. (R) (T) 9.30 T4: Friends. (R) (T) 10.00 T4: Gok Wan's Postcard from T4 on the Beach. (T) 10.15 T4: TBA 2008 Live: Sugababes. (R) (T) 10.45 T4: TBA Sidekick: The Hoosiers. (T) 11.00 T4: Beauty & the Geek. (T) 12.00 News at Noon. (T) 12.30 The Class. (T) 12.55 Will & Grace. (R) (T) 1.20 Will & Grace. (R) (T) 1.45 Desperate Housewives. (R) (T) 2.35 Desperate Housewives. (R) (T) 3.25 A Place by the Sea. (T) 4.30 Come Dine with Me. (R) (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bright New Wonders. Showcasing new presenting voices. (T) 8.00 Location, Location, Location. Kirstie Allsopp and Phil Spencer head to Chelmsford where they hope to find a £1million home for an entrepreneur and his wife. Last in series. (R) (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 Dangerous Jobs for Girls. Three high-flying career women travel to the wilds of British Columbia in western Canada to join logging operations during the bitterly cold winter. (T) 11.05 Tonight. (T) 11.40 4Music: Transmission. (R) (T) 12.40 4Music: Road to V 2008. (T) 12.55 4Music: Beat Stevie. (R) (T) 1.10 Big Brother Live. 4.25 St Elsewhere. (R) (T) 5.10 Richard & Judy. (R)

### FIVE

6.00 Milkshake!: The Beeps. (R) (T) 6.10 Pocoyo. (R) (T) 6.20 Franny's Feet. (R) (T) 6.30 Harry and His Bucket Full of Dinosaurs. (R) (T) 6.45 Big School. (R) (T) 6.55 The Milkshake! Show. (R) (T) 7.20 The Mr Men Show. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Sailor Sid. (R) (T) 8.05 Fifi and the Flowerpots. (R) (T) 8.15 Little Lodgers. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 Roobarb and Custard Too. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 Vets in Action. (R) (T) 12.30 five news. (T) 12.45 House. (R) (T) 1.45 Neighbours. (T) 2.15 Medical Investigation. (T) 3.10 FILM: Wedding Daze (2004). Romantic comedy, starring John Larroquette. (T) 5.00 five news with Natasha Kaplinsky. (T) 5.30 Neighbours. (R) (T) 6.00 Vets in Action. (T) 7.00 five news with Natasha Kaplinsky. (T) 7.30 Massive Speed. Chris Barrie explores the world of armoured vehicles. (R) (T) 7.30 five news update. 8.00 Britain's Strongest Man. New series. The first heat of the weightlifting competition. (T) 8.00 five news at 9.00 FILM: The Belly of the Beast (2003). Steven Seagal stars in this martial arts adventure as a former CIA agent out to rescue his kidnapped daughter. With Byron Mann. (T) 10.55 CCTV Cities. (R) (T) 11.55 Poker. 1.25 Major League Baseball. 4.45 ETU Triathlon. 5.10 Every-body Hates Chris. (R) (T) 5.35 Neighbours. (R) (T)

### ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Dickinson's Real Deal. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59 London Weather. (T) 4.00 Inspector Morse. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls. (R) (T)

6.00 London Tonight. Weather. (T)

6.30 ITV Evening News. Weather. (T)

7.00 Emmerdale. Jo admits to Sam that Andy beats her but refuses to leave her husband. Daz takes Victoria to the van to see the stash, and the Kings continue their hunt for the thief. (T)

7.30 Coronation Street. Jerry finds a flat for Teresa to move into, Bill resolves to get Audrey back and David takes a risky step in his perfect boyfriend campaign. Dev begins to feel used. (T)

8.00 The Bill. New Sun Hill team member Sgt Rachel Weston (Claire Goose) joins forces with Mickey and Mel to investigate links between a road traffic accident and a break-in at a jewellery shop. The getaway van abandoned at the scene of the crash is traced to a squatter couple, who deny any involvement in the crime and claim they were looking after the 12-year-old passenger after finding him begging on the streets. (T)

9.00 Tranny and Susannah Undress the Nation. The duo teach British women to love their bottoms, canvassing expert advice on how posture and body movement can help disguise shortcomings. They also give a masterclass in choosing the right type of underwear, full of dire warnings against the folly of opting for bikini-brief knickers, and pose nude for a life drawing class - where rear views are naturally the order of the day. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.40 Six Degrees. Laura and Caseman begin to fall for each other while decorating Ray's new corporate headquarters. Carlos lands a new job, and Mae finds out about a woman who may be her mother. (T)

11.40 Katy Brand's Big Ass Show. New series. Sketch show spoofing celebrity culture, featuring parodies of stars ranging from Kate Winslet to Angelina Jolie, alongside the exploits of original comic creations. (T)

12.10 Bingo Night Live. 1.10 Home; (R) (T) 1.10 News Headlines. 2.00 Loose Women. (R) 2.50 The Jeremy Kyle Show. (R) (T) 3.45 ITV Nightscreen.

## LOCAL

### RTP1

0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1515 Prova de Amor 1530  
Preço no Coração 1800 O  
Prego Certo 2000 News 2100  
Em Reportagem 2130 Quem  
Quer Ser Milionário 2000 Film  
TBA 0330 Euronews 0400  
Portugal no Coração 0605 N6s  
**RTP2**  
0700 Euronews 0715 Zig Zag  
1300 Entre Pratos 1400  
Sociedade Civil 1530 Consigo  
1600 National Geographic 1700  
Zig Zag 1830 A Fé dos Homens  
1900 Biosfera 1945 Zig Zag  
2045 Friends 2115 National  
Geographic 2200 News 2230  
Chick 2330 Clube de  
Jornalistas 0030 Noites das  
2 0115 Universidades 0145  
Bastidores 0230 Sociedade  
Civil 0400 Euro News

**SIC**  
0600 Sic Notícias 0900 Dia  
Em Grande 1000 Fátima  
1300 News 1415 Terra  
Nostra 1545 Contacto 1800  
Beleza Pura 1900 Sete  
Pecados 2000 News 2130  
Clube Portugal 2200 Ciranda  
de Pedra 2245 Desejo  
Proibido 2330 Duas Caras  
0300 Csi Las Vegas 0130  
CSI Miami 0230 Quando o  
Telefone Toca

**TVI**  
0700 Diário Da Manhã 1000  
Você na TV 1300 News 1400  
As Tardes da Júlia 1700 Que  
Quer Ganha 1800 Morangos  
com Açúcar 1900 News 1945  
Football: Final Finals 2115  
Ilha dos Amores 2215 Doce  
Fugitiva 2315 Tu e Eu 0015  
Film TBA 0230 Toca a Ganhar  
0345 TVI Negócios 0400 O  
Portecor 19 0500 Telesales

## Best of the Rest

### BBC3

7.00 Doctor Who 7.45 Doctor  
Who Confidential 8.00 Make My  
Body Younger 9.00 Film: Herbie:  
Fully Loaded U (2005) 10.30  
Family Guy 10.55 Family Guy  
11.20 Make My Body Younger  
12.20 Touch Me, I'm Karen Taylor  
12.50 Snog, Marry, Avoid? 1.20  
I'm Kylie's Body Double 2.15  
Jamelia: Who's Hair Is It  
Anyway? 3.15 Touch Me, I'm  
Karen Taylor 3.45 Britain's  
Missing Top Model 4.45 Close

**BBC4**  
7.00 World News Today 7.00  
Weather 7.30 Pop Go the Sixties  
7.35 Batman 8.00 Sahara with  
Michael Palin 9.00 The Thirties  
in Colour 10.00 The Burning  
Season: Storyville 11.20 Coal  
House 11.50 The Man Who  
Walked Across the World 12.50  
The Thirties in Colour 1.50 The  
Burning Season: Storyville 3.10  
The Thirties in Colour 4.10 Close  
**ITV2**  
1.00 Airline USA 1.30 The Jeremy  
Kyle Show 2.35 The Jeremy  
Kyle Show 3.45 Ricki Lake 4.30  
Sally Jessy Raphael 5.20 The  
Montel Williams Show 6.05 Judge  
Judy 7.00 Smallville 8.00 Lose  
30 Stone or Die 9.00 Film:  
Unbreakable 12 (2000) 11.05  
Coronation Street 11.35 Film:  
Mission: Impossible 2 15 (2000)  
1.55 Teleshopping 4.55 ITV2  
Nightscreen  
**Sky One**  
1.00 Relic Hunter 2.00 Stargate  
SG-1 3.00 Stargate SG-1 4.00  
Stargate Atlantis 5.00 Malcolm  
in the Middle 5.30 Malcolm in the  
Middle 6.00 Malcolm in the Middle  
6.30 Futurama 7.00 The  
Simpsons 7.30 The Simpsons  
8.00 Don't Forget the Lyrics US  
9.00 Film: Lethal Weapon 2 18

(1989) 11.15 Inside: Alaska's  
Toughest Prison 12.15 Road  
Wars 1.15 Street Wars 2.05  
Weeds 2.40 Uncut! Reps in Ibiza  
3.30 Brainiac: Science Abuse  
4.20 Road Wars 4.45 America's  
Dumbest Criminals 5.10 Guilty!  
**UKTV Gold**  
1.15 Last of the Summer Wine  
1.55 Only Fools and Horses  
3.00 The Two Ronnies 4.45  
Doctor Who 5.00 Open All Hours  
5.40 My Family 6.20 Last of the  
Summer Wine 7.00 Last of the  
Summer Wine 7.40 Keeping Up  
Appearances 8.20 My Family  
9.00 Only Fools and Horses  
10.05 The Royle Family 10.45 A  
Bit of Fry and Laurie 11.25 The  
Two Ronnies 12.25 The New  
Adventures of Old Christine  
12.55 The Royle Family 1.35 A  
Bit of Fry and Laurie 2.10  
Baywatch 2.55 Baywatch 3.45  
Close Up 3.55 The Bill 4.45  
EastEnders 5.15 Neighbours  
5.35 Neighbours  
**TCM**  
1.00 The Mayor of Casterbridge  
2.00 The Mayor of Casterbridge  
3.00 The Sunshine Boys PG  
(1975) 5.00 The Opposite Sex  
PG (1956) 7.10 Skyjacked PG  
(1972) 9.00 The Drowning Pool  
12 (1975) 11.15 Shoot the Moon  
15 (1982) 1.25 The Story of  
Louis Pasteur PG (1936) 3.00  
Shaft's Big Score 15 (1972)  
5.00 The Girl from Missouri PG  
(1934)

**The Disney Channel**  
Kids' programmes from 7am,  
except: 6.00 Film: Kronk's New  
Groove U (2005) Animated  
sequel, with the voice of David  
Spade. 10.00 Film: Kronk's New  
Groove U (2005) Animated  
sequel, with the voice of David  
Spade.

## MOVIES

### Sky Movies Drama

6.00 Amber Frey: Witness  
for the Prosecution PG  
(2005) 7.30 My Fair Eddie PG  
(2008) 9.00 Memphis Belle  
PG (1990) 10.50 14 Hours 12  
(2005) 12.55 Ask the Dust 15  
(2006) With Salma Hayek.  
2.25 Munich 15 (2005) With  
Eric Bana. 5.10 The Good  
Shepherd 15 (2006) With Matt  
Damon. 8.00 Catch a Fire 12  
(2006) With Derek Luke.  
10.00 Bringing Out the Dead  
18 (1999) With Nicolas Cage.  
12.05 Switchback 15 (1997)  
With Dennis Quaid. 2.10  
McVicar 18 (1980) With Roger  
Daltry. 4.05 The Babe PG  
(1992)

### Sky Movies Comedy

6.35 Comedy Close Up 7.05  
Aquamarine PG (2006) 8.55  
RV: Runaway Vacation PG  
(2006) 10.40 The Top 10  
Show 11.00 Working Girl 15  
(1988) With Melanie Griffith.  
12.55 Tenacious D in the  
Pick of Destiny 15 (2006)  
With Jack Black. 2.35  
Magicians 15 (2007) With  
Robert Webb. 4.10 RV:  
Runaway Vacation PG (2006)  
With Robin Williams. 5.50 The  
Top 10 Show 6.05 Last

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

### Sky Movies Action

Holiday 12 (2006) With Queen  
Latifah. 8.00 Working Girl  
15 (1988) With Melanie  
Griffith. 10.00 Tenacious D  
in the Pick of Destiny 15  
(2006) With Jack Black.  
11.40 Magicians 15 (2007)  
With Robert Webb. 1.15  
Harlem Nights 18 (1989) With  
Eddie Murphy. 3.15 Teenage  
Mutant Ninja Turtles III PG  
(1992) 4.55 Aquamarine PG  
(2006)

### Sky Movies Action

6.00 Miami Vice 15 (2006)  
8.15 Beverly Hills Cop III 15  
(1994) 10.05 Streets of Fire  
15 (1984) 11.45 David  
Duchovny Q&A 12.15  
Freedom 15 (2006) With  
Samuel L. Jackson. 2.20  
Miami Vice 15 (2006) With  
Colin Farrell. 4.45 Rocky PG  
(1976) With Sylvester  
Stallone. 7.00 Beverly Hills  
Cop III 15 (1994) With Eddie  
Murphy. 9.00 The Specialist  
15 (1994) With Sylvester  
Stallone. 11.00 Outlaw 18  
(2007) With Sean Bean.  
12.55 Gridlock'd 18 (1997)  
With Tupac Shakur. 2.35 Last  
Seduction II 18 (1997) With  
Joan Severance. 4.25 Angel  
Flight Down PG (1996) 5.35  
David Duchovny Q&A

## SPORT

### Sky Sports 1

6.00 Good Morning Sports Fans 9.00  
Premier League Years 11.00 Football  
Asia 11.30 Poker 12.30 Premier League  
Years 2.30 Poker 3.30 Sky Sports  
Classics 4.30 Live Cricket.  
Warwickshire Bears v  
Northamptonshire Steelbacks. 10.00  
Big League Weekend 11.30 USPGA  
Official Film: 2007 12.30 FIFA Football  
Mundial 1.00 Big League Weekend  
2.30 Soccer AM: The Best Bits 3.30  
Total Rugby 4.00 Sports Unlited  
5.00 Soccer AM: The Best Bits

### Sky Sports 2

6.00 Aerobics Oz Style 6.30 Pipeline  
Adventures 7.00 WWE Vintage  
Collection 8.00 Athletics 8.30 Ernie  
Elis: The Real Big Easy 9.00 Pipeline  
Adventures 9.30 Motor Racing 10.00  
Pool 11.00 PGA EuroPro Tour Golf  
1.00 European Challenge Tour Golf  
2.00 Overcoming the Majors: The  
Open Championship 2.30 Overcoming  
the Majors: The PGA Championship  
3.00 PGA EuroPro Tour Golf 5.00  
NFL: Total Access 6.00 Boots 'n' All  
7.00 USPGA Official Film: 2007 8.00  
Big League Weekend 9.30 FIFA Football  
Mundial 10.00 USPGA Official Film:  
2007 11.00 NFL: Total Access 12.00  
Total Rugby 12.30 European Tour  
Weekly 1.00 PGA EuroPro Tour Golf  
3.00 USPGA Official Film: 2007 4.00  
European Tour Weekly 4.30 Big  
League Weekend

### Sky Sports 3

6.00 Powerboating 7.00 Overcoming  
the Majors: The Open Championship  
7.30 Overcoming the Majors: The  
PGA Championship 8.00 Rally Fever  
9.00 European Challenge Tour Golf  
10.00 Overcoming the Majors: The  
Open Championship 10.30  
Overcoming the Majors: The PGA

Championship 11.00 Aerobics Oz  
Style 11.30 Racing News 12.00 Sports  
Unlited 1.00 NFL: Total Access  
2.00 Pipeline Adventures 2.30 Motor  
Racing 3.00 Sports Unlited 4.00  
Pool 5.00 WWE: Bottom Line 6.00  
WWE: Afterburn 7.00 FIFA Football  
Mundial 7.30 Total Rugby 8.00 Boots  
'n' All 9.00 Irish Greyhound Racing  
9.30 Total Rugby 10.00 Boots 'n' All  
11.00 Transworld Sport 12.00 Premier  
League Years 2.00 Transworld Sport  
3.00 Boots 'n' All 4.00 Close

### British Eurosport

7.30 World Rally Championship 8.30  
Olympic Magazine 9.00 Ski Jumping  
10.00 Live Olympic Football. Germany  
v Brazil (Kick-off 10.00am). 12.00  
Olympic Football 12.45 Live Olympic  
Football. China v Sweden (Kick-off  
12.45pm). 2.45 Olympic Football 4.00  
Olympic Flash 4.15 Olympic Games  
Stars 4.45 Olympic Football 6.00  
Olympic Football 7.15 Olympic  
Magazine 7.45 The Beijing Games  
8.15 Wednesday Selection 8.25  
Wednesday Selection 8.35 Polo 9.05  
Riders Club 9.10 US Tour Golf 10.10  
Golf Club 10.15 Sailing 10.45 Youth  
Club 10.50 Wednesday Selection  
11.00 Olympic Magazine 11.30 World  
Rally Championship 12.30 Close

### Sky Sports Xtra

1.30 Athletics 2.00 Powerboating  
3.00 Rally Fever 4.00 Powerboating  
5.00 Ernie Elis: The Real Big Easy 5.30  
Sailing 6.00 Around The World  
Yacht Race 6.30 European Tour  
Weekly 7.00 Ten Pin Bowling 8.00  
PGA EuroPro Tour Golf 10.00  
Watersports World 11.00 Clipper  
Around The World Yacht Race 11.30  
Sailing 12.00 Ten Pin Bowling 1.00  
Pipeline Adventures 1.30 Irish  
Greyhound Racing 2.00 Clipper  
Around The World Yacht Race 2.30  
Poker 3.30 Max Power 4.30 Close





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7 AUG

## BBC1

6.00 Breakfast. (T) 9.15 Heir Hunters. (R) (T) 10.00 Escape to the Country. (R) (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic. (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Step Up to the Plate. (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBBC: Jakers! (R) (T) 3.25 Time Warp Trio. (R) (T) 3.50 Skunk Fu! (R) (T) 4.05 Best of Friends. (R) (T) Bernard. (R) (T) 4.35 Blue Peter. (T) 5.00 Newsworld. (T)

5.15 Weakest Link. Anne Robinson asks more general knowledge questions against the clock as contestants try to avoid being voted off the team. (R) (T)

6.00 BBC News; Weather. (T)  
6.30 Regional News; Weather. (T)  
7.00 The ONE Show. (T)  
7.30 EastEnders. Hour-long episode. Phil's violent outburst sends a frightened Ben to his room, while Archie protects the boy and recounts some home truths - much to Peggy's distress. Ronnie is startled by Max's suggestion for dealing with Tanya and Jack, and Dot is concerned for Clara's state of mind. Masood finds himself at the mercy of Ian. (T)

8.30 Rogue Restaurants. Matt Allwright and Anita Rani expose restaurant managers who may be exploiting illegal immigrants - paying as little as half the minimum wage - and join a raid by immigration officers investigating the use of forged passports to dupe law-abiding restaurants. (T)

9.00 Vanessa-Mae - The Making of Me. The internationally-renowned musician and former child prodigy tries to get to the roots of the ability which made her the youngest violinist ever to record Beethoven and Tchaikovsky concertos. She undergoes genetic and psychological testing to try to determine if she was born with a musical gift, and discusses the turbulent relationship she shared with her mother who is often regarded as the driving force behind Vanessa's success. Last in series. (T)

10.00 BBC News. (T)  
10.25 Regional News; Weather. (T)

10.35 Kizzy. Mum at 14. A young Devon mum speaks out about the failures of the sex education system which saw her pregnant after what she says was her only sexual encounter. Single, a child with a child, and no longer able to attend school, she insists the first priority should have been teaching how to say no - and certainly not encouraging sex by handing out condoms in class. (T)

11.35 FILM: Earthquake (1974). Disaster epic, starring Charlton Heston. (T) Weatherwise. (T)  
1.40 Sign Zone: Panorama. (R) (T) 2.10 Sign Zone: River Police. (R) (T) 2.40 Sign Zone: Countryfile. (R) (T) 3.35 Sign Zone: Celebrity MasterChef. (R) (T) 4.05 Sign Zone: Francesco's Mediterranean Voyage. (R) (T) 4.35 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Bob the Builder. (R) (T) 7.10 Lunar Jim. (R) (T) 7.20 Little Robots. (R) (T) 7.30 Louie. (R) (T) Pingu. (R) 7.45 Sesame Tree. (T) 8.00 CBBC: The Secret Show. (R) (T) 8.15 What's New Scooby-Doo? (R) (T) 8.35 Freefonix. (T) 9.00 Raven. (R) (T) MySay. (R) (T) 9.30 Adventure Florida. (R) (T) 10.00 Get 100. (R) (T) 10.30 FILM: DuckTales the Movie: Treasure of the Lost Lamp (1990). Animated adventure, with the voice of Christopher Lloyd. (T) 11.40 FILM: A Boy Named Charlie Brown (1969). Animated adventure, with the voice of Peter Robbins. (T) 1.00 Out of the Blue. (T) 1.30 Britain's Dream Homes. (R) (T) 2.30 Castle in the Country. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flyt It! (R) (T) 4.30 Put Your Money Where Your Mouth Is. (R) (T) 5.15 Cash in the Celebrity Attic. (T) 6.00 Battle of the Brains. (T) 6.30 Eggheads. (R) (T) 7.00 Return to Holiday Reps. New series. Revisiting the fly-on-the-wall documentary series. (T) 7.30 Return to Holiday Reps. (T) 8.00 A Turtle's Guide to the Pacific. The journey undertaken by a loggerhead turtle across the Pacific Ocean. (T) 8.50 The Coral Gardener. A scientist who has used horticulture to save coral reefs. (R) (T) 9.00 Mock the Week. With Ed Byrne and Zoe Lyons. (T) 9.30 Lab Rats. The team spend a week in a government research lab. (T) 10.00 Never Mind the Buzzcocks. Simon Amstell hosts the irreverent music quiz. (R) (T) 10.30 Newsnight. (T) Weather. (T) 11.20 The Culture Show Uncut. (T) 12.10 Two Pints of Lager and a Packet of Crisps. (T) 12.40 How I Met Your Mother. (R) (T) 1.00 How I Met Your Mother. (R) (T) 1.25 BBC News. (T) 4.35 Close.

## Pick of the Day

### The Hotel Inspector (five, 9pm)

Shows like this tend to follow a set pattern: expert comes in, throws up their hands, dispenses advice, then all is well. But as this edition of the documentary series proves, life isn't always quite so simple. Award-winning hotelier Alex Polizzi might have all the experience of running a successful establishment under the sun, but she's never walked a mile in Torquay guesthouse owner Rachael Rolfe's shoes. She's the proprietress of Number Nine, and it's clear right from the start that things are worse than Alex imagined. Rachel admits she's in over her head. It emerges the poor woman bought the hotel as an escape from her lonely life, and dreams of turning it into a 1950s-themed B&B. Sadly, the cluttered rooms and dismal atmosphere are putting guests off. In a bid to turn things around, Alex sends Rachel off to a few similar establishments, hoping to demonstrate how a homely environment can be created. Unfortunately, the jaunt has the opposite effect and plunges Rachel into an even deeper gloom. Cue one short, sharp lecture about living in the past, and as the businesswoman is sent off to create her own guide to Torquay, Alex works her magic on just one room. Can she do the same for the rest of the place and bring some much-needed sunshine into Rachel's life?

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.25 Big Brother's Little Brother. (T) 7.55 Big Brother. (R) (T) 8.55 T4: Friends. (R) (T) 9.30 T4: Friends. (R) (T) 10.00 T4: Ne-Yo's Postcard from T4 on the Beach. (T) 10.15 T4: TBA 2008 Live: The Hoosiers. (R) (T) 10.45 T4: TBA Sidekick: The Feeling. (T) 11.00 T4: Beauty & the Geek. (T) 12.00 News at Noon. (T) 12.30 The Class. (T) 12.55 Will & Grace. (R) (T) 1.20 Will & Grace. (R) (T) 1.45 Desperate Housewives. (R) (T) 2.35 Desperate Housewives. (R) (T) 3.30 A Place by the Sea. (T) 4.30 Come Dine with Me. (R) (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollywood. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bright New Wonders. Showcasing new creative talent. Last in series. (T) 8.00 Gok's Fashion Fix. Red carpet glamour on a high street budget. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 The Charlotte Church Show. Entertainment show, featuring a mix of celebrity guests, sketches and music performances, along with more hidden-camera fun in CCTV - Charlotte Undercover. (T) 10.45 My Name Is Earl. (T) 11.15 Tonight. (T) 11.45 The Kevin Bishop Show. (R) (T) 12.15 4Music: Ibiza Rocks. (T) 12.50 4Music: Road to V 2008. (R) (T) 1.05 Big Brother Live. 3.25 FILM: The Education of Little Tree (1997). Coming-of-age drama, starring James Cromwell. (T) 5.25 St Elsewhere. (R) (T)

## FIVE

6.00 Milkshake!: The Beeps. (R) (T) 6.10 Pocoyo. (R) (T) 6.20 Franny's Feet. (R) (T) 6.30 Harry and His Bucket Full of Dinosaurs. (R) (T) 6.45 Big School. (R) (T) 6.55 The Milkshake! Show. (R) (T) 7.20 Mr Men. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Sailor Sid. (R) (T) 8.05 Fifi and the Flowerbuds. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 Roobarb and Custard Too. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 Vets in Action. (R) (T) 12.30 five news. (T) 12.45 House. (R) (T) 1.45 Neighbours. (T) 2.15 Medical Investigation. (T) 3.10 FILM: Vanished Without a Trace (1999). Crime drama, starring Shelley Long. (T) 5.00 five news with Natasha Kaplinsky. (T) 5.30 Neighbours. (R) (T) 6.00 Vets in Action. (T) 7.00 five news with Natasha Kaplinsky. (T) 7.15 Cricket on five. England v South Africa. (T) 7.15 five news update. (T) 8.00 Hannibal of the Alps. The famed general's campaign against Rome. (R) (T) 8.00 five news at 9.00. The Hotel Inspector. Alex Polizzi visits 12-room guest house Number Nine in Torquay, where owner Rachel Rolfe's personal problems have rendered her unable to prevent the business sliding into the red. (T) 10.00 Grey's Anatomy. The chairman of the hospital board is admitted. (T) 11.00 My Strange Brain. (T) 12.00 Quiz Call. 4.00 Major League Soccer. 4.45 Nick's Quest. (R) (T) 5.10 Everybody Hates Chris. (R) (T) 5.35 Neighbours. (R) (T)

## LOCAL Best of the Rest

### RTP1

0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1415 Prova de Amor 1530  
Portugal No Coração 1800  
Portugal em Directo 1905 O  
Preço Certo 2000 News 2100  
Grande Entrevista 2145 Quem  
Quer Ser Milionário 2245 Sal  
na Língua 2345 Film TBA 0145  
Film TBA 0400 Portugal no  
Coração 0605 Nôs

### RTP2

0700 Euronews 0715 Zig Zag  
1300 Entre Pratos 1400  
Sociedade Civil 1530 Consócio  
1600 National geographic 1700  
Zig Zag 1830 A Fé dos Homens  
1900 Iniciativa 1945 Zig Zag  
2045 Friends 2115 National  
Geographic 2200 News 2240  
Bones 2330 Balança & Contas  
0030 Noites da 2 0115  
Universidades 0145 Iniciativa  
0230 Liga dos Últimos 0315  
Sociedade Civil 0445  
Euronews

### SIC

0600 Six Notícias 0900 Dia  
Em Grande 1000 Fátima 1300  
News 1415 Terra Nostra 1545  
Contacto 1800 Beleza Pura  
1900 Sete Pecados 2000 News  
2130 Clube Portugal 2215  
Cinco de Pedra 2300 Desejo  
Robido 2345 Duas Caras 0045  
CSI Las Vegas 0145 Cartaz  
Cultural 0230 Quando o  
Telefone Toca 0415 Film TBA

### TVI

0700 Diário Da Manhã 1000  
Vozes na TV 1300 News 1400  
Tarde de Julia 1700 Quem Quer  
Ganha 1800 Morangos Com  
Açúcar 2115 Ilha dos Amores  
2215 Doce Fugitiva 2330 Tu e  
Eu 0100 Escritório 0200 Cartaz  
das Artes 0230 Film TBA 0445  
Telealeas

### BBC3

7.00 Doctor Who 7.45 Doctor  
Who Confidential 8.00 The Real  
Hustle 8.30 Britain's Missing Top  
Model 9.30 Snog, Marry, Avoid?  
10.00 EastEnders 10.00 Touch  
Me, I'm Karen Taylor 11.30 Family  
Guy 11.55 Family Guy 12.15  
Britain's Missing Top Model 1.15  
Snog, Marry, Avoid? 1.45 Touch  
Me, I'm Karen Taylor 2.15 The  
Real Hustle 2.45 Make My Body  
Younger 3.40 When Beauty Goes  
Wrong 4.40 Doctor Who  
Confidential 4.55 Close

### BBC4

7.00 World News Today 7.00  
Weather 7.30 Born to Be Wild  
8.00 The Way We Travelled 9.00  
Travellers' Century 10.00  
Journeys into the Ring of Fire  
11.00 BBC Four Sessions 12.00  
Born to Be Wild 12.30 Travellers'  
Century 1.30 Journeys into the  
Ring of Fire 2.30 Born to Be Wild  
3.00 Travellers' Century 4.00  
Close

### ITV2

1.00 Airline USA 1.30 The Jeremy  
Kyle Show 2.35 The Jeremy Kyle  
Show 3.45 Ricki Lake 4.30 Sally  
Jessy Raphael 5.20 The Montel  
Williams Show 6.05 Judge Judy  
7.00 Smallville 8.00 Tranny and  
Susanahndress the Nation  
9.00 Film: Mission: Impossible 2  
15 (2000) 11.20 Secret Diary of a  
Call Girl 11.55 Secret Diary of a  
Call Girl 12.25 Call Girls: The  
Truth 1.25 101 Sexiest Celebrity  
Bodies 2.10 Teleshopping 5.10  
ITV2 Nightscreen

### Sky One

1.00 Relic Hunter 2.00 Stargate  
SG-1 3.00 Stargate SG-1 4.00  
Stargate Atlantis 5.00 Malcolm in  
the Middle 5.30 Malcolm in the  
Middle 6.00 Malcolm in the Middle

### 6.30 Futurama 7.00 The Simpsons

7.30 The Simpsons 8.00 The  
Simpsons 8.30 The Simpsons  
9.00 Bones 10.00 Diary of a Mail  
Order Bride 11.00 Road Wars  
12.00 Road Wars 1.00 Street  
Wars 1.50 Wednes 2.25 Uncont!  
Reps in Ibiza 3.20 Brainiac:  
Science Abuse 4.15 Relic Hunter  
5.10 Guilty!

### UKTV Gold

1.20 Last of the Summer Wine  
2.00 Only Fools and Horses 3.00  
The Two Ronnies 4.00 Doctor  
Who 5.00 Open All Hours 5.40  
My Family 6.20 The Good Life  
7.00 Last of the Summer Wine  
7.40 Keeping Up Appearances  
8.20 My Family 9.00 Only Fools  
and Horses 10.00 The Good Life  
10.40 A Bit of Fry and Laurie  
11.20 The Two Ronnies 12.20  
The New Adventures of Old  
Christine 12.50 Baywatch 1.45  
A Bit of Fry and Laurie 2.20  
Baywatch 3.05 Baywatch 3.45  
Close Up 3.55 The Bill 4.45  
EastEnders 5.15 Neighbours 5.35  
Neighbours

### TCM

1.00 The Mayor of Casterbridge  
2.00 Ride Him, Cowboy U (1932)  
3.00 Blossoms in the Dust PG  
(1941) 4.45 The Prize PG (1963)  
7.15 Tick Tick Tick PG (1970)  
9.00 Catholic Boys 15 (1985)  
10.55 Cannery Row 12 (1982)  
1.10 The Outrage 15 (1964) 2.55  
Humoresque PG (1946) 5.00 Suzy  
U (1936)

### The Disney Channel

Kids' programmes from 7am,  
except: 6.00 Film: Max Keeble's  
Big Move PG (2001) Children's  
comedy, starring Alex D. Linz.  
10.00 Film: Max Keeble's Big  
Move PG (2001) Children's  
comedy, starring Alex D. Linz.

### Sky Movies Drama

6.05 Marilyn and Me PG (1991)  
7.45 Firelight 15 (1997) 9.35  
The Front 15 (1976) 11.20  
Drama Close Up 11.50 The Wind  
That Shakes the Barley 15  
(2006) With Cillian Murphy. 2.00  
Holy Man PG (1998) With Eddie  
Murphy. 4.00 Ace of Hearts PG  
(2008) With Dean Cain. 5.45  
The Prestige 12 (2006) With  
Hugh Jackman. 8.00 Infamous  
15 (2006) With Toby Jones.  
10.40 The Pelican Brief 12  
(1993) With Julia Roberts. 12.30  
Havana PG (1990) With Robert  
Redford. 2.55 The Substitute  
2: School's Out 18 (1998) With  
Treat Williams. 4.30 Her Own  
Rules PG (1998)

### Sky Movies Comedy

6.45 A Funny Thing Happened  
on the Way to the Forum PG  
(1966) 8.25 I'm Gonna Git You  
Sucka 15 (1988) 10.00 Sister  
Act PG (1992) 11.45 I Want  
Candy 15 (2007) With Carmen  
Electra. 1.20  
Music and Lyrics  
PG (2007) With  
Hugh Grant. 3.05  
Accepted 12  
(2006) With Justin  
Long. 4.40 I Want  
Candy 15 (2007)  
With Carmen  
Electra. 6.15  
Sister Act PG  
(1992) With Whoopi  
Goldberg. 8.00  
Music and Lyrics  
PG (2007) With  
Hugh Grant. 9.45  
Accepted 12 (2006)  
With Justin Long.  
11.25 I'm Gonna Git

You Sucka 15 (1988) With  
Keenen Ivory Wayans. 1.00  
For Your Consideration 12  
(2006) With Christopher Guest.  
2.30 Up 'n Under 12 (1998)  
With Samantha Janus. 4.15 A  
Funny Thing Happened on the  
Way to the Forum PG (1966)

### Sky Movies Action

6.05 Cries in the Dark 12 (2006)  
7.55 Shadow Conspiracy 15  
(1997) 9.55 The Guardian 15  
(2006) 12.25 The Sentinel 12  
(2006) With Michael Douglas.  
2.25 Poseidon 15 (2006) With  
Kurt Russell. 4.20 Rocky II PG  
(1979) With Sylvester Stallone.  
6.30 The Guardian 15 (2006)  
With Kevin Costner. 9.00 The  
Sentinel 12 (2006) With Michael  
Douglas. 11.00 Midnight Run  
18 (1988) With Robert De Niro.  
1.20 Blood Simple 18 (1984)  
With Frances McDormand. 3.20  
Rocky II PG (1979) 5.55 David  
Duchovny Q&A

### Sky Sports 1

6.00 Good Morning Sports Fans  
9.00 Big League Weekend  
10.30 Live Test Cricket.  
England v South Africa. 6.30  
Live USPGA Championship  
Golf. Day one at Oakland Hills  
Country Club. 12.00 Premier  
League World 12.30 Test  
Cricket 2.30 Premier League  
World 3.00 Race World 4.00  
Test Cricket

### Sky Sports 2

6.00 Aerobics Oz Style 6.30  
Pipeline Adventures 7.00  
WWE: Experience 8.00 USPGA  
Official Film: 2007.00 Premier  
League Years 11.00 FIFA  
Futbol Mundial 11.30 Total  
Rugby 12.00 USPGA Official  
Film: 2007 1.00 Big League  
Weekend 2.30 FIFA Futbol  
Mundial 3.00 Premier League  
Years 5.00 NFL: Total Access  
6.00 Pipeline Adventures 6.30  
FIFA Futbol Mundial 7.00 ATP  
Tennis 7.30 Premier League  
World 8.00 Test Cricket 10.00  
Live Poker. Coverage of the  
online Sky Poker Five-0  
tournament. 12.00 NFL: Total  
Access 1.00 Live NFL. Arizona  
Cardinals v New Orleans Saints  
(Kick-off 1.00am). 4.30  
Premier League World 5.00 ATP  
Tennis 5.30 Close

### Sky Sports 3

6.30 Watersports World 7.00  
Clipper Around the World Yacht  
Race 8.00 Ten Pin Bowling  
9.00 Pipeline Adventures 9.30  
Irish Greyhound Racing 10.00  
Boots 'n' All 11.00 Aerobics  
Oz Style 11.30 Racing News  
12.00 Clipper Around the World

## SPORT

### British Eurosport

Yacht Race 12.30 Irish  
Greyhound Racing 1.00 NFL:  
Total Access 2.00 Pipeline  
Adventures 2.30 Irish  
Greyhound Racing 3.00  
Watersports World 4.00 Ten  
Pin Bowling 5.00 WWE Vintage  
Collection 6.00 Watersports  
World 7.00 IAAF Athletics Weekly  
7.30 Live Rugby League. A  
National League match. 9.30  
WWE: Late Night - Raw 11.30  
Extreme Championship  
Wrestling 12.30 Premier  
League Years 2.30 ATP Tennis  
3.00 Close

### Sky Sports Xtra

7.30 Olympic Football 8.45  
Olympic Football 10.00 Live  
Olympic Football. Brazil v  
Belgium (Kick-off 10.00am).  
12.00 Olympic Football 12.45  
Live Olympic Football. Holland  
v Nigeria (Kick-off 12.45pm).  
2.45 Olympic Football 4.00  
Olympic Flash 4.15 Olympic  
Games Stars 4.45 Olympic  
Football 6.00 Olympic Games  
Stars 6.30 Olympic Games  
Stars 7.30 Olympic Flash 7.45  
Olympic Football 9.00 Olympic  
Football 10.15 Olympic Football  
11.15 Olympic Football 12.30  
Close

### Sky Sports Xtra

4.00 Pipeline Adventures 4.30  
Aerobics Oz Style 5.00 Boots  
'n' All 6.00 Race World 7.00  
Motor Racing 8.00 Motor Racing  
9.30 Premier League World  
10.00 Motor Racing 11.00  
Pipeline Adventures 11.30 ATP  
Tennis 12.00 Race World 1.00  
Pipeline Adventures 1.30 Motor  
Racing 3.00 Motor Racing





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FRI

BBC1

6.00 Breakfast. (T) 9.15 Heir Hunters. (R) (T) 10.00 Escape to the Country. (R) (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Attic. (R) (T) 12.00 BBC News; Weather. (T) 12.30 Regional News. (T) 12.45 Olympics 2008. Live coverage of the opening ceremony from Beijing. (T) 4.45 Flog It! (R) (T)

5.15 Weakest Link. Dog-eat-dog quiz. (R) (T) 6.00 BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 7.00 Olympics 2008: Games Today. Gabby Logan introduces highlights of the opening ceremony from the National Stadium in Beijing, before looking ahead to the first few days of competition. The Chinese people have anticipated the start of the Games of the XXIX Olympiad since Beijing was announced as the host city in 2001, and the ceremony marks the official start of competition for the thousands of entrants aiming to create history over the next 16 days; (T) BBC News; Regional News. (T)

8.00 EastEnders. Dot is in a panic over the prospect of Jim's birthday homecoming, Bianca and the family return from holiday, and the Masoods find a way of telling Ian what they think of his offer. (T) 8.30 DIY SOS. The team visit Surrey to help a barge transform his river barge into a family-friendly vessel so that his girlfriend and her children can come to stay. Nick Knowles presents. (T) 9.00 Would I Lie to You? Celebrity guests Eamonn Holmes, Hugh Dennis, Peter Serafinowicz and Olivia Colman join team captains David Mitchell and Lee Mack for the comedy panel show. Angus Deayton hosts. (T) 9.30 The Armstrong & Miller Show. Divorced Dad and his son bond over a cup of tea and the conversation soon turns to why Granny died, while Dimitri and Tony enjoy an episode of Property Ladder together. (R) (T) 10.00 BBC News. (T) 10.25 Regional News; Weather. (T) 10.35 Comedy Connections. The stories behind the comedy drama anthology Ripping Yarns, which lampooned the golden age of the British Empire and parodied adventure fiction. The programme reveals how the series, created by Monty Python's Michael Palin and Terry Jones, paid the price for its high production values and how a former Beatle was a big fan of the show. (T) 11.15 The National Lottery EuroMillions Draw. Tim Vincent presents coverage of the National Lottery EuroMillions weekly draw. (T) 11.20 FILM: The Jackal (1997). Thriller, starring Bruce Willis; (T) Weatherview. (T) 1.25 Sign Zone: Rogue Restaurants. (R) (T) 1.55 Olympics 2008. Live coverage of the opening day's events in Beijing. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Bob the Builder: Project Build It. (R) (T) 7.10 Lunar Jim. (R) (T) 7.20 Little Robots. (R) (T) 7.30 Louie. (R) (T) 7.45 Sesame Tree. (R) (T) 8.00 CBBC: The Secret Show. (R) (T) 8.15 What's New Scooby-Doo? (R) (T) 8.35 Freefonix. (R) (T) 9.00 Raven; (R) (T) MySay. (R) (T) 9.30 Adventure Florida. (R) (T) 10.00 Get 100. (R) (T) 10.30 FILM: An American Tail: The Mystery of the Night Monster (2000). Animated adventure, with the voice of Thomas Dekker. (T) 11.40 FILM: When Zachary Beaver Came to Town (2003). Premiere. Family drama, starring Jonathan Lipnicki. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Open Gardens. (R) (T) 2.00 Castle in the Country. (R) (T) 2.30 Castle in the Country. (T) 3.05 CBBC: Jakies! (R) (T) 3.25 Time Warp Trio. (R) (T) 3.50 Uncle Max; (T) The Owl. (R) (T) 4.05 Best of Friends. (R) (T) 4.35 Sorry. I've Got No Head. (T) 5.00 Newsround. (T) 5.15 Cash in the Celebrity Attic. (T) 6.00 Battle of the Brains. (T) 6.30 Eggheads. (R) (T) 7.00 Murr's the Business (T) 7.30 Return to Holiday Reps. Revisiting the fly-on-the-wall documentary. (T) 8.00 Gardeners' World. The influence of location, lifestyle and work on the way people garden. (T) 9.00 The Tudors. King Henry VIII withdraws the authority of the Catholic Church. (T) 10.00 Ol. With Bill Bailey and Clive Anderson. (R) (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Jonathan Ross Salutes Dad's Army. (R) (T) 12.20 Star Trek: The Next Generation. (R) (T) 1.05 Star Trek: The Next Generation. (R) (T) 1.50 FILM: Incessant for the Damned (1970). Erotic horror, starring Patrick Macnee. (T) 3.10 How I Met Your Mother. (R) (T) 3.35 How I Met Your Mother. (R) (T) 4.00 Close.

11.15 The National Lottery EuroMillions Draw. Tim Vincent presents coverage of the National Lottery EuroMillions weekly draw. (T) 11.20 FILM: The Jackal (1997). Thriller, starring Bruce Willis; (T) Weatherview. (T) 1.25 Sign Zone: Rogue Restaurants. (R) (T) 1.55 Olympics 2008. Live coverage of the opening day's events in Beijing. (T)

11.20 FILM: The Jackal (1997). Thriller, starring Bruce Willis; (T) Weatherview. (T) 1.25 Sign Zone: Rogue Restaurants. (R) (T) 1.55 Olympics 2008. Live coverage of the opening day's events in Beijing. (T)

LOCAL

Best of the Rest

RTP1  
0630 Bom dia Portugal 1000  
Dia do Mar 1300 News 1530  
Dia do Mar 1800 Portugal  
em Directo 1905 O Preço  
Certo 2000 News 2100  
Agora 2130 Liga dos Últimos  
2005 11:11, film 0345  
Euronews 0400 Portugal No  
Coração  
RTP2  
0700 Euronews 0715 Zig Zag  
1300 Entre Pratos 1400  
Sociedade Civil 1530  
Consiglio 1600 National  
geographic 1700 Zig Zag  
1830 A Fé dos Homens 1900  
Iniciativa 1945 Zig Zag 2045  
Friends 2115 National  
Geographic 2200 News 2240  
Bones 2330 Balança &  
Contas 0030 Noites da 2  
0115 Univeridades 0145  
Iniciativa 0230 Liga dos  
Últimos 0315 Sociedade  
Civil 0445 Euronews  
SIC  
0600 Sic Notícias 0900 Dia  
Em Grande 1000 Fátima  
2000 News 1415 Terra  
Nostra 1545 Contacto 1800  
Beleza Pura 1900 Sete  
Pecados 2000 News 2200  
Ciranda de Pedra 2245  
Desejo Proibido 2330 Duas  
Caras 0030 CSI Las Vegas  
0130 CSI Miami 0230  
Quando o Telefone Toca  
0400 Film TBA  
TVI  
0700 Diário Da Manhã 1000  
Vôc na TV 1300 News 1400  
Mundialito de Futebol de  
Praia 1700 Quem Quer  
Ganhar 1745 Morangos com  
Açúcar 1900 News 2115  
Euromilhões 2130 Ilha dos  
Amores 2215 Doce Fugitiva  
2330 Tu e Eu 0030 Film TBA

BBC3  
7.00 Top Gear 8.00 The Real  
Hustle Las Vegas 8.30 Film:  
Chicken Run U (2000) 9.50 Pranks  
Galore! 10.00 EastEnders 10.30  
Two Pints of Lager and a Packet  
of Crisps 11.00 Two Pints of  
Lager and a Packet of Crisps  
11.30 Family Guy 11.55 Family  
Guy 12.15 Touch Me, I'm Karen  
Taylor 12.45 Trex and Flipside  
1.15 Trex and Flipside 1.45 Two  
Pints of Lager and a Packet of  
Crisps 2.20 Two Pints of Lager  
and a Packet of Crisps 2.45  
Touch Me, I'm Karen Taylor 3.15  
The Real Hustle Las Vegas 3.45  
Britain's Missing Top Model 4.45  
Close  
BBC4  
7.00 World News Today 7.00  
Weather 7.30 A Seaside Parish  
8.00 Classic Britannia 9.00  
Legends: Ella Fitzgerald 10.00  
Glastonbury 2008 11.00  
Glastonbury 2008 12.00 The  
Avengers 12.50 The Avengers  
1.4 Legends: Ella Fitzgerald 2.40  
Classic Britannia 3.40 Close  
ITV2  
1.00 Airline USA 1.30 The Jeremy  
Kyle Show 2.35 The Jeremy Kyle  
Show 3.45 Ricki Lake 4.30 Sally  
Jessy Raphael 5.20 The Montel  
Williams Show 6.05 Judge Judy  
7.00 Smallville 8.00 Pushing  
Daisies 9.00 America's Got Talent  
10.20 Coronation Street 10.50  
Coronation Street 11.20 Bionic  
Woman 12.20 The Passions of  
Girls Aloud 1.20 Jack Osbourne  
Adrenaline Junkie 2.15  
Teleshopping 5.15 ITV2  
Nightscreen  
Sky One  
1.00 Relic Hunter 2.00 Stargate  
SG-1 3.00 Stargate SG-1 4.00  
Stargate Atlantis 5.00 Malcolm in  
the Middle 5.30 Malcolm in the

Middle 6.00 Malcolm in the Middle  
6.30 Futurama 7.00 The Simpsons  
7.30 The Simpsons 8.00 The  
Simpsons 8.30 The Simpsons  
9.00 Film: Lethal Weapon 2 18  
(1989) 11.15 Top 10 Celebrity  
Meltdowns 1.15 Road Wars 2.15  
Weeds 2.40 Uncut Raps in Ibiza  
3.30 Brainiac: Science Abuse  
5.10 Guilty!  
UKTV Gold  
1.20 Last of the Summer Wine  
2.00 Only Fools and Horses 3.00  
The Two Ronnies 4.00 Doctor  
Who 5.00 Open All Hours 5.40 My  
Family 6.20 The Good Life 7.00  
Last of the Summer Wine 7.40  
Keeping Up Appearances 8.20  
My Family 9.00 Only Fools and  
Horses 10.05 The Good Life 10.45  
A Bit of Fry and Laurie 11.25 The  
New Ronnies 12.25 The New  
Adventures of Old Christine 12.55  
Baywatch 1.45 A Bit of Fry and  
Laurie 2.20 Baywatch 3.05  
Baywatch 3.55 The Bill 4.45  
EastEnders 5.15 Neighbours 5.35  
Neighbours  
TCM  
1.00 Silas Marner: The Weaver  
of Raveloe PG (1985) 3.00 Lady L  
(1965) 4.55 Alfred the Great PG  
(1969) 7.05 The Cincinnati Kid PG  
(1959) 9.00 Beetlejuice 1.5 (1988)  
10.40 Elvis on Tour PG (1972)  
12.20 Ryan's Daughter 1.5 (1970)  
3.35 Texas Carnival U (1951)  
5.00 Abbott and Costello in  
Hollywood U (1945)  
The Disney Channel  
Kids' programmes from 7am,  
except: 6.00 Film: Johnny  
Kapahala: Back on Board PG  
(2007) Comedy sequel, starring  
Brandon Baker. 10.00 Film:  
Johnny Kapahala: Back on Board  
PG (2007) Comedy sequel,  
starring Brandon Baker.

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8 AUG

Pick of the Day

Olympics 2008: Games Today (BBC1, 7pm)

Gabby Logan introduces highlights of the opening ceremony from the National Stadium in Beijing, before looking ahead to the first few days of competition. The Chinese people have prepared for the start of the Games of the XXIX Olympiad since Beijing was announced as the host city in 2001, and the ceremony marks the official start of competition for the thousands of entrants aiming to create history over the next 16 days. A spectacle of colour, glamour and pageantry is expected as China celebrates hosting the Olympics for the first time, with performances by Sarah Brightman and the Russian National Ballet Theatre among the highlights. Hopes are high of an excellent medal haul for the British team, especially as preparations continue for the London Games in 2012, with the cycling, sailing, equestrian and rowing sports in which success is expected. The opportunity awaits for the likes of cyclist Mark Cavendish, 14-year-old diver Tom Daley, triple-jumper Phillips Idowu and BMX star Shanaze Reade to add their names to the list of British Olympic heroes, as they aim to seize their chance of glory.

C4

6.10 The Hoobs. (R) (T) 6.35 The  
Hoobs. (R) (T) 7.00 Everybody Loves  
Raymond. (R) (T) 7.25 Big Brother's  
Little Brother. (R) (T) 7.55 Big Brother.  
(R) (T) 9.00 T4: Friends. (R) (T) 9.30  
T4: Friends. (R) (T) 9.55 T4: The  
Hoosiers' Postcard from T4 on the  
Beach. (T) 10.10 T4: TBA 2008 Live:  
The Feeling. (R) (T) 10.45 T4: TBA  
Sidekick: Sugababes. (T) 11.00 T4:  
Beauty & the Geek. (T) 12.00 News at  
Noon. (T) 12.30 Will & Grace. (R) (T)  
12.55 Will & Grace. (R) (T) 1.20 Will  
& Grace. (R) (T) 1.45 Desperate  
Housewives. (R) (T) 2.35 Desperate  
Housewives. (R) (T) 3.25 A Place by  
the Sea. (T) 4.30 Come Dine with Me.  
(R) (T) 5.00 Richard & Judy. (T) 6.00  
The Simpsons. (R) (T) 6.30 Hollywoods.  
(T) 7.00 Channel 4 News. (T) 7.30  
First Cut: Time Warp Wives. Women  
who are desperate to be old-fashioned  
housewives. (T) 8.00 A Place in the  
Sun: Home or Away. Searching for a  
buy-to-let property in Nottingham  
and Gozo. (T) 9.00 Big Brother.  
The results of the eviction are an-  
nounced. (T) 10.00 The Kevin Bishop  
Show. Amy Winehouse, Gordon  
Ramsay and Colin Farrell are among  
the stars lampooned in the fast-paced  
sketch show, while Bruce Forsyth  
makes an appearance in a film trailer.  
(T) 10.35 Big Brother. (T) 11.05  
Tonightly. (T) 11.40 Coming Up: Thai  
Bride. (T) 12.10 4Music: Transmis-  
sion. (T) 1.10 4Music: 4Play: The  
Script. (R) (T) 1.25 Bullrun: Cops,  
Cars and Superstars. (T) 1.50 Big  
Brother Live. 4.20 Goalissimo. (T)  
5.15 Transworld Sport. (T) (T)

FIVE

6.00 Milkshake!: The Beeps. (R) (T)  
6.10 Pocoyo. (R) (T) 6.20 Franny's  
Feet. (R) (T) 6.30 Harry and His Bucket  
Full of Dinosaurs. (R) (T) 6.45 Big  
School. (R) (T) 6.55 The Milkshake!  
Show. (R) (T) 7.20 The Mr Men Show.  
(R) (T) 7.30 Roary the Racing Car. (R)  
(T) 7.45 Make Way for Noddy. (R) (T)  
8.05 Fifi and the Flowerpots. (R) (T)  
8.20 Peppa Pig. (R) (T) 8.25 Thomas  
& Friends. (R) (T) 8.35 Little Princess.  
(R) (T) 8.50 Roobarb and Custard Too.  
(R) (T) 9.00 The Wright Stuff. (T) 10.30  
Trisha Goddard. (R) (T) 11.30 Vets in  
Action. (R) (T) 12.30 five news. (T)  
12.45 House. (R) (T) 1.45 Neighbours.  
(T) 2.15 Medical Investigation. (R) (T)  
3.10 five news update. (T) 3.15 FILM:  
Filder's Choice (2005). Emotional  
drama, starring Chad Lowe. (T) 5.00  
five news; Weather. (T) 5.30 Neigh-  
bours. (R) (T) 6.00 Vets in Action. (T)  
7.00 five news. (T) 7.15 Cricket on  
five. England v South Africa. Mark  
Nicholas presents action from the sec-  
ond day of the Fourth and final Test of  
the series at The Oval; (T) 7.15 five  
news update. (T) 8.00 Superstars. The  
battle to reach the final intensifies; (T)  
8.00 five news at 9.00 NCIS. The  
investigation into the death of a petty  
officer takes a strange turn. (R) (T)  
10.00 Law & Order: Special Victims  
Unit. New series. The detectives un-  
cover a fertility doctor's scheme to  
steal embryos. (T) 11.00 Law & Order.  
A baseball star's chauffeur is mur-  
dered. (R) (T) 12.00 Quiz Call. 4.30  
Lemur Island. (R) (T) 5.10 Everybody  
Hates Chris. (R) (T) 5.35 Neighbours.  
(R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The  
Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30  
Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55  
London News and Weather. (T) 2.00 Dickinson's Real  
Deal. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59  
London Weather. (T) 4.00 Inspector Morse. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show  
in which four contestants enter a game of truth  
and bluff to find life-changing amounts of cash  
hidden inside a set of golden balls. (R) (T)  
6.00 London Tonight; Weather. (T)  
6.30 ITV Evening News; Weather. (T)  
7.00 Emmerdale. The factory workers are annoyed  
to learn they have to re-apply for their jobs.  
Anna and Donald come to blows over Miles,  
and Debbie, Jake and Daz try to return the van  
to the Kings. (T)  
7.30 Coronation Street. Darryl lands David in hot  
water with Tina when he reveals he's been  
reading her e-mail. Kevin stubbornly refuses  
to consider Tony's offer, leaving Sally worried  
about their finances. Teresa quizzes Gail on  
the risk of Jerry overdosing on his medication,  
and Ken is engrossed in writing his novel.  
(T)

8.00 Peter Ackroyd's Thames. New series. The  
celebrated author explores the course of the  
"Sacred River", meeting people whose  
lives are interlinked with it and discovering  
how painters, writers and musicians have  
responded to it through the ages. He begins  
by establishing the disputed source and  
talks to archaeologists digging for treasure  
in the mud of a riverbank.

8.30 Coronation Street. A furious Tina sets off  
to confront David, while Darryl anxiously  
tries to warn him. Deirdre is upset when  
Blanche reveals the content of Ken's novel,  
and Carla asks Rosie a favour. (T)  
9.00 Agatha Christie's Poirot. Crime writer Ariadne  
Oliver and four known killers are among the  
guests who meet Poirot at a bridge evening  
arranged by wealthy adventurer Shaitana,  
who sits out the first game - only to be found  
later stabbed through the heart. As nobody  
has left or entered the victim's apartment  
during the night, the sleuths combine their  
skills to discover which of the party is  
responsible. Whodunit, starring David  
Suchet and Zoe Wanamaker, with Lesley  
Manville and Alex Jennings. (R) (T)  
11.00 The Late News and Weather. (T)  
11.25 London News and Weather. (T)  
11.45 Bingo Night Live. Free-to-play interactive  
show offering viewers the chance to  
download cards from the Internet and win  
big prizes.

12.50 Nightwatch with Steve Scott: Emergency;  
(R) (T) ITV News Headlines. 1.45 FILM: Summer  
Catch (2001). Sporting comedy drama, starring  
Freddie Prinze Jr. (T) 3.30 ITV Nightscreen.

MOVIES

Sky Movies Drama

6.00 Ice Bound PG (2003)  
7.40 Tom Horn 15 (1979)  
9.20 If Only 15 (2004) 11  
Kes U (1969) With David  
Bradley. 1.00 Drama Close  
Up 1.30 Little Children 15  
(2006) With Kate Winslet.  
3.50 ATL 12 (2006) With Tip  
Harris. 5.50 Hollywoodland  
15 (2006) With Adrian  
Brody. 8.00 Take the Lead  
12 (2006) With Antonio  
Banderas. 10.00 Edison 15  
(2005) With Morgan  
Freeman. 11.40 World Trade  
Center 12 (2006) With  
Nicolas Cage. 1.50 Idlewild  
15 (2006) With Andre  
Benjamin. 3.50 Face Value  
15 (2001) 5.30 Victim of  
Love PG (1993)

Sky Movies Comedy

6.00 House Arrest PG (1995)  
8.00 Addicted to Love 15  
(1997) 9.45 Three Men and  
a Baby PG (1987) 11.30 The  
Benchwarmers 12 (2006)  
With Rob Schneider. 1.00  
Happy Gilmore 12 (1996)  
With Adam Sandler. 2.35  
Grandma's Boy 15 (2006)  
With Allen Covert. 4.15  
Varsity Blues 15 (1999)  
With Jon Voight. 6.15 Three  
Men and a Baby PG (1987)

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

SPORT

Sky Sports 1

6.00 Good Morning Sports  
Fans 9.00 Transworld Sport  
10.00 Premier League World  
10.30 Live Test Cricket.  
England v South Africa. 6.30  
Live USPGA Championship  
Golf. Day two at Oakland Hills  
Country Club. 12.00 Football  
2.00 Test Cricket 4.00 Football  
Asia 4.30 Pipeline Adventures  
5.00 NFL: Total Access

Sky Sports 2

6.00 Aerobics Oz Style 6.30  
Pipeline Adventures 7.00  
WWE: Raw 9.00 USPGA  
Championship Golf 12.00  
IAAF Athletix Weekly 12.30  
Premier League Years 2.30  
USPGA Championship Golf  
5.30 Premier League World  
6.00 Live Football. Inter Milan  
v Sevilla (Kick-off 6.00pm).  
8.00 Live Football. Ajax v  
Arsenal (Kick-off 8.15pm).  
10.30 Test Cricket 12.30 World  
Sport 1.00 Tight Lines 2.00  
Premier League Years 4.00  
Football

Sky Sports 3

6.00 Race World 7.00 Rugby  
League 9.00 Premier League  
Years 11.00 Aerobics Oz  
Style 11.30 Racing News  
12.00 Race World 1.00 NFL:  
Total Access 2.00 NFL 4.00  
IAAF Athletix Weekly 4.30  
WWE: Raw 6.30 Pipeline  
Adventures 7.00 World Sport  
7.30 Live Super League.  
Leeds Rhinos v Bradford Bulls  
(Kick-off 8.00pm). 10.00  
WWE: Late Night - Smackdown  
12.00 WWE: Late Night -  
Bottom Line 1.00 Super

League 3.00 NFL: Total  
Access 4.00 Super League

British Eurosport

7.30 Olympic Magazine 8.00  
Olympic Football 9.00  
Olympic Football 10.15  
Olympic Football 11.30  
Olympic Games Stars 12.00  
Olympic Games Stars 12.30  
Olympic Games Stars 1.00  
Live Olympic Games. The  
opening ceremony. 4.30  
Mission to Beijing Live 4.45  
Olympic Games Stars 5.15  
Olympic Games Stars 5.45  
Olympic Games Stars 6.15  
Olympic Games 9.30 Mission  
to Beijing 9.45 Olympic Games  
Stars 10.15 Olympic Games  
Stars 10.45 Olympic Games  
Stars 11.15 WATTS 11.30  
Olympic Games 3.00 Live  
Olympic Weightlifting. The  
women's 48kg discipline. 3.30  
Live Olympic Shooting. The  
women's 10m air rifle final.  
3.45 Live Olympic Aerobics  
Oz Style 7.00 Tight Lines 8.00  
Test Cricket 10.00 NFL 12.00  
NFL: Total Access 1.00 Race  
World 2.00 Pipeline Adventures  
2.30 World Sport 3.00 Tight  
Lines 4.00 Race World 5.00  
IAAF Athletix Weekly 5.30 ATP  
Tennis

Sky Sports Xtra

9.00 Motor Racing 10.00 ATP  
Tennis 10.30 Motor Racing  
12.00 Transworld Sport 1.00  
Rugby League 3.00 Transworld  
Sport 4.00 Pipeline Adventures  
4.30 Aerobics Oz Style 5.00  
NFL: Total Access 6.00 IAAF  
Athletix Weekly 6.30 Aerobics  
Oz Style 7.00 Tight Lines 8.00  
Test Cricket 10.00 NFL 12.00  
NFL: Total Access 1.00 Race  
World 2.00 Pipeline Adventures  
2.30 World Sport 3.00 Tight  
Lines 4.00 Race World 5.00  
IAAF Athletix Weekly 5.30 ATP  
Tennis



# Painful Colitis

Well, I have had a funny week with my two Waterdogs. Merlin started the fun by collapsing in the ring last weekend, his legs seemed to become 'jelly' and he could not stand up. I apologise to Merlin for thinking at the time that he was just being a little difficult! He followed this by 48 hours of needing the garden very often, being restless and generally unwell. 24 hours later Cleo started, she was sick for a few hours to start with but then the diarrhoea started. Cleo was much worse than Merlin, finally losing blood only. At this stage the Vet was consulted and the correct antibiotics were given, they are now on the road to recovery. In their case I am pretty certain that it was a virus and that I know where it came from.

However, it reminded of the many clients we have who have dogs with Colitis and I decided to do some research on it. Colitis had been mentioned with our two. Colitis is basically inflammation of the colon. Sudden colitis CAN be induced by stress and excitement. Thinking back it did happen to Merlin at Crufts so perhaps he is going to be 'that' sort of dog.

Colitis can be caused by many factors, dietary hypersensitivity, infection with parasites, virus (Guardia was mentioned by my Vet for my two) and bacteria infection.

In acute colitis the problem comes and goes, however IF it lasts more than 3 weeks it is then said to be chronic.

There are several symptoms — unpleasant subject, but may help someone! Diarrhoea, blood in the stool, mucus or watery stool. The dog may strain, may need to go more often and invariably will need to go fast. The blood is caused by the damage to the protective lining of the colon.

Our two were completely dif-

ferent in their approach to all this. Merlin tried to bash the door down with a paw, almost throwing himself at the door throughout the night—no chance of missing his need to rush out. Cleo has never really been ill so had a completely different and quieter approach. She went to Jim and 'chatted' to him. Cleo is very good at chatting! However, at 02.00am, he was not very chatty,

so she tried me. I responded, realised what she was telling me and what she needed and that was the beginning of my night, in and out of bed at 45 minute intervals. Cleo really was very sweet and very confused, she couldn't really work it all out. I don't think the heat helped either of them, they were so hot and obviously in pain, arched back and 'slinking' around the house. I had the fan on for them, but it didn't seem to cool them much. They stopped in the house for four days, apart from the rushing out and back in a hurry.

Traditionally, high fibre diets are recommended for dogs suffering from colitis as the fibre absorbs the water—however it can be a double edged sword as it increases the bulk which can then make it more difficult for the dog to pass. It is a common belief that colitis is caused by too little fibre in the diet. It can be caused by some foods that are high in 'bulk' content and thus more difficult to digest.

It is recommended that a dog suffering from colitis should be fed small amounts of a highly digestible, low fat, natural high quality food. Colitis CAN be caused by allergies and dietary intolerance. The best way to solve this is an elimination diet—this is



Dorwest Tree Bark Powder

what I did with Sandy all those years ago. Blood and skin test are not very reliable for testing food allergies. Intolerances can result from chemical preservatives, flavourings and colourings in the food. High fat or protein in the food and also some types of fats can be the cause. It can sometimes take a while to get to the correct answer—I seem to remember going through many brands of food with Sandy before I reached Burns, she was so well on that I stopped trying any others then. She was on Burns for the rest of her life. I always think that Lennie and Sandy had such long lives because they have been fed natural food for most of the time.

Over feeding can also cause the problem, some dogs will just eat for the sake of eating and this reduces the digestibility of the food and results in an accumulation in the waste system, a recipe for problems.

The usual drug given for colitis is a very strong antibiotic, and a ten day course must be given. However, we have many clients with dogs on our **Dorwest Tree Bark Powder**. The help it has given these dogs is impressive. Clients have put the dogs on the Tree Bark and found that they no longer have to resort to the antibiotics, which is a blessing. I have one client with a dog who has had 'unexplained' colitis for a very long time. That poor dog spent 10 days on strong antibiotics, one week off and then back on. Having put the dog on the Tree Bark, this dog can now go weeks between a colitis flareup and has much less antibiotics. We have another client whose dog is now off antibiotics, all together, just has his Tree Bark.

I have put my two PWDs on the Tree Bark and they will remain on it to hopefully prevent another week like this last one.

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## Horse and Hounds Event on 3rd August

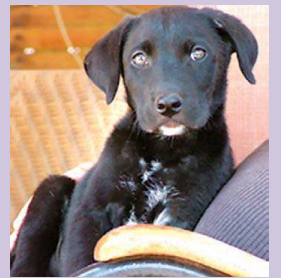
Please remember the Horse and Hounds Show this Sunday at Pinetress Riding Centre near Almancil. The dog show will start at 15.30pm. Horse and Hound events start at 17.00pm. All entries can be made on the day or you can book your place for the horse section in advance by calling Beverley at Pinetrees on 289 394 369. However, if you have a horse and no dog or vice versa a dog and no horse, if you call Beverley in advance she can try to fix you up with a dog/horse.

The event will be sponsored by Merrylegs Pet Resort, Paws for Pets, Pinetrees Riding Centre, Eki Loulé and Sergio Ribeiro.

Snacks and drinks will be supplied by the Riding for the Disabled in the Algarve. Check out [www.pinetreesridingcentre.com](http://www.pinetreesridingcentre.com) for full details of where they are.

## Hi There !

I am **Shadow** and was found alongside a lixo bin, I am about 9 weeks old, and in wonderful health, with my first vaccination and worming. I am a male black Labrador Retriever mix with a few white markings. I WILL be a large dog. I am very calm and have a nice temperament. I love all dogs and cats. Please call if you can give me a nice home with love and attention. Come and see me. 282 332 416 [mckee\\_barbara@hotmail.com](mailto:mckee_barbara@hotmail.com)



Are you looking for a kitten? Many are looking for you then! I can show you during your visit many different cats and kittens, all very friendly and sweet. Many colours! Just come and see. Call Valérie for a visit. Tels: 913 860 865 or 282 342 823 (evenings).



**Peggy** is a beautiful young bitch (4 months old). She is very active and playful. I would like her to go with a nice family (she is good with children) which would give her the love, care and space she deserves. Peggy has been wormed, deflead and vaccinated. Call Valérie for a visit. (I have also many others dogs to show you!) 913 860 865 or 282 342 823 (evenings)

**Patinho** is a lovely "Perdigueiro Português" X. He is living in the street at the moment and my friend Lisa is looking after him very well. There is no space for **Patinho** as Lisa has already many dogs. He is 3 years old, very friendly and calm. He is very good with children and other dogs. **Patinho** has been wormed and de-flead. Would you like to visit him and maybe take him with you? If you have good conditions and love to offer, call Valérie 913 860 865.



24 kittens and young cats are waiting for a nice loving home! They are all wormed, deflead and some are vaccinated. Blacks, tabbys, tortushell.... Come and visit them! Call Valérie 913 860 865.

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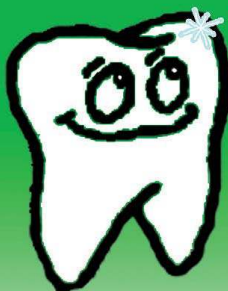
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## Dear Friends of the Animals,

I speak on behalf of ABRIGO - Associação de Protecção à Fauna e à Flora, an institution I founded in my property in Azambuja with the aim of providing a shelter for the many abandoned dogs of that region. Located at only 40 km from Lisbon in the planes of Ribatejo, this is a region where ruthless hunters abandon their dogs, some of them quite young, when their performance does not please them or at the end of the season when they no longer need them. Unscrupulous people from Lisbon also leave their companions there - we are just three kilometres away from the main highway that connects Lisbon to the North of the country - when for some reason they no longer want them. Pregnant female dogs and sometimes even newborn puppies are left to their fate in a scarcely populated region where the breeding of cattle and intensive agriculture constitute the main activities and where the possibilities of the dogs to be rescued by a charitable soul are very few. They wander through the planes where there is nothing to eat until they fall down victimized by diseases, parasites or plainly hunger.

I founded ABRIGO in the property that I donated to be a shelter for abandoned dogs and formed the Association in 1995. We have now over 80 dogs sheltered there. Their living conditions are the best I could provide when I had the shelter facilities built. I wanted it to be a model in Portugal of how animals should be treated in all possible respect of their nature and their dignity and the goal seems to have been accomplished because the World Society for the Protection of Animals (WSPA) classified Abrigo's shelter as one of the two best in Europe. There is plenty of space for each small group of dogs sometimes as much as 300 or more sq. meters of wooded land, and each park has little houses where they sleep. For the last two years the situation of the dogs improved further with the medical assistance of an animal loving, competent veterinarian. Unfortunately this meant an extra expenditure for ABRIGO whose funds are always scarce.

We are very keen to start a small clinic in the big house of the farm but this goal cannot be achieved because of lack of the necessary funds. We need to spay and castrate the dogs and to do other surgical treatments as well as to sterilize some neighbourhood dogs to avoid the inevitable spread of undesired innocent little animals doomed to be deprived of their basic necessities, including love and care, throughout their lives. I therefore appeal to your generosity and kindness asking you to support ABRIGO through the donation of funds for the construction of the clinic, or of badly needed antiparasitic collars, of de-worming medicines and even dog's food. Anything will be welcome because we have very little and we need so much. I would also like to ask those of you who go near Lisbon to visit the shelter in the above mentioned address and see for yourselves the conditions and needs of the dogs.

## Mailing address:

Anabela Cardoso  
Calle Carral 23 A, Bajo 36202 Vigo (Pontevedra) España

## Waterdogs Fun and Games

Cleo and Merlin have a way with them — sorry to bore you but they do keep us amused. The new constant source of amusement is the swimming pool. Somehow that pool does not look as it did 2 years ago when this farm of hours was let out to holiday makers. I have a distant memory of pristine terrace tiles, white sunbeds and clear glistening water. Did it really actually look like that once!!

That was before waterdogs. Now, well sadly muddy pawprints all over the edge of the white terrace. Water, well it is clean and reads clean BUT is invariably full of grass. Sunbeds — what sunbeds! We have them piled around the edge of the terrace for their own protection — not forgetting them acting as wasp nest protectors.

Cleo and Merlin are in love with the pool, Merlin actually more than Cleo. He will quite happily poodle up and down it for 2 hours, and would stop in it if Jim or I could cope. For us, swimming is a thing of the past with them in the pool. Jim is a much more confident swimmer than I am, he will dash up and down the pool in 'crawl' mode with 2 black shadows following him. Me, I am not as confident and will tend to remain where I can stand, which involves half the pool.

Both love Jim to 'throw' them

down the pool. He picks them up and pushes them down the pool, they love it. Merlin spends all his pool time 'chattering' in a high pitched voice, so funny. You put him out, he jumps back in, he is completely addicted.

We are trying, between us, to give them at least one hour a day in the pool. As I have said before, one hour in pool involves me in two hours of shampoo and drying. As we tend to leave the pool till the sun goes off it I am invariably still drying dogs at 21.00pm. Today I took them down early in the morning. This was fine for the first 45 mins. Cleo then heard a 'strange' noise, (it was the wind rustling the tree branches together), however she needed to investigate. Before I could blink she was UNDER the fencing and barking madly at the garden gate for Jim to let her in to the main garden. Long suffering as always, he came down from his office to open the gate for Cleo, then he closed it after her. Not good enough for Cleo, within five minutes she is doing her high pitched 'I need something' bark.



Cleo and Merlin swimming

Jim now back in office so ignored her. Give her a challenge and she is 'on the case', she managed with mega barking to open the gate and dashed down to the pool with Chloe in pursuit. Over!! the pool gate and Cleo straight in the pool. Chloe does not do the pool, she just barks and rushes up and down!! Well she is an Old English Sheepdog, far more refined than a Portuguese Water Dog.

Another of Cleo's tricks is to run around the pool very fast barking at Merlin as he plods up and down. To do this she jumps over the pool cover, placing her back legs on it on the way to make sure she gets maximum take off height! Funny to watch but we have had to try and put the cover over the 'bubblewrap effect' cover as her claws will do it do good.

When we take them to the pool we try and make them wait whilst we take the cover off, I can usually get it ¾ off before Merlin jumps in — sometimes we get the whole cover rolled. Both dogs will collect the rope to put the cover back on. However, they will also collect it during the swimming if it is not hidden from them, they then end up tying each other in knots.

So my morning swim with them followed by a shower down for them both, drying and combing them through took until 12.30pm — the whole of my 'working'

morning. But 'hey ho' life is unpredictable and for living — far more fun playing with waterdogs than working. So, here I am writing in the evening, but I think I have my priorities correct, life is short we must enjoy it while we can. The pool is not clear and as beautiful as it was 2 years ago but I had a fabulous morning with Chloe, Cleo and Merlin with Sandy close by and that for me is rather more important.

Anyone thinking about having a Portuguese Water Dog join them, take note, life will change along with priorities. They are fun dogs, as are the Old English Sheepdogs. They are all individuals and are such fun to be with.

Once again I must say we would never allow these two mad creatures in the pool with our Grandchildren, whilst I am sure all would have fun I would be a nervous wreck worrying about it all. Luckily for us Cleo and Merlin never make a move to the pool unless we say 'to the pool' to them, for whatever reason they do not go down there by themselves which is good.

Protect your pet with knowledge. Knowledge is power and it could mean the difference between life and death.

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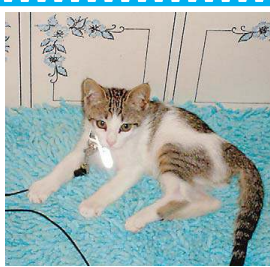
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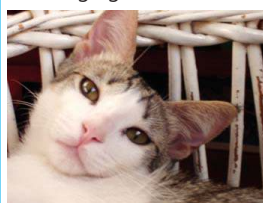
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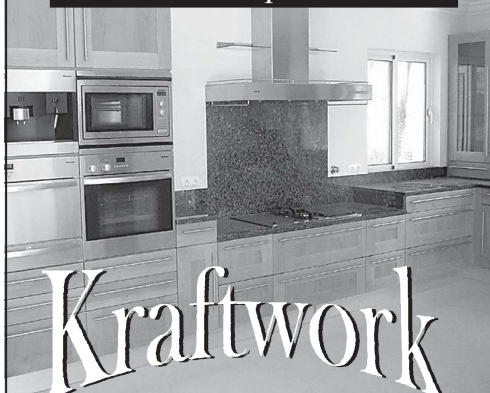
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## WHERE TO WORSHIP

## Lisbon

**IGREJA DO CORPO SANTO, LISBON** Largo do Corpo Santo, Catholic Services in English, Mass each Sunday and Holyday at 11.00am Tel. 21 467 3771

**IGREJA DA SRA. DOS NAVEGANTES, CASCAIS** Rua dos Navegantes, Catholic Services in English, Mass each Sunday at 6.30pm; Mass each Sunday and Holyday 12 noon Tel. 21 467 3771

**ST MARIA, São Pedro do Estoril** Catholic Service in English every Sunday at 10:15 Tel. 21 467 3771

**OCEAN CHRISTIAN COMMUNITY** - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Saboia, Rua Belmonte, No. 1, Estoril. For more information contact us on 21 9282019

**INTERNATIONAL BAPTIST CHURCH OF LISBON** 11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque 36, 1st Floor, 1050 Lisboa. Rev. Joseph Ian Monoh

**BAPTIST MISSION - Esqueira (Aveiro)** Traditional Baptist church services in English on Sunday at 5pm. Contact: Pastor David Loop Tel. 965-363-986

**GREATER GRACE WORLD OUTREACH** Has Live (and archived!) upbeat and inspiring Worship Services available for free viewing through their website [www.ggw.org](http://www.ggw.org)—the site also gives contact info for their ministries in northern and southern Portugal. Check it out and be blessed

**RIVERSIDE INTERNATIONAL CHURCH** Office: Rua São José 178, 1.º dto, Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, N.º 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 9:00am in Portuguese and 11:00am in English. Creche, children and youth ministries provided.

**THE DOOR** Christian International Church - meets at Cidade Desportiva, Praceta Carlos Capitulo, Loja "B" Massasa / Queluz, every Sunday at 10:30am and 7:00pm - all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

**CHAPEL OF ST. PIUS X: PRIORADO S. PIO X**, Estrada de Chelas, 31, 1900 Lisboa. Tel. (21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Monforte (Aleentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest: Ernesto Cardoso

**ST GEORGE'S CHURCH, LISBON** (Church of England), Rua S. Jorge. Enter through British Cemetery gate opposite Jardim da Estrela. Sunday School. Service 11.30am every Sunday. Tel. 21 4692303

**ST PAUL'S CHURCH, ESTORIL** (Church of England), Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril), Sunday School. Service 9.30am every Sunday. Tel. 21 4692303

**ST. MARY'S, S. PEDRO DO ESTORIL** 368 Rua do Murtal, Mass each Sunday and Holyday 10.15am Tel. 21 467 3771

**ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN)** Rua Arraia, 13, Lisbon: Sun. 11.00. Ministers' Tel: 214 837 885; [www.standrews-lisbon.com.sapo.pt](http://www.standrews-lisbon.com.sapo.pt)

**CASCAIS INTERNATIONAL CHRISTIAN CHURCH** Av. de Sintra, N.º 1154, Cascais (Tel. 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30. An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

**THE SALVATION ARMY, LISBON** Reboreira Corps (Praceta Almada Negreiros, Lote 213 Loja Dt do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A Loja C); Laranjeiras Corps (Bairro de Laranjeiras). At all these corps: Morning Service 9.30am Salvation Meeting 5.00pm Picheleira Corp Rua Capitão Roby, Picheleira, Lisbon (21 805708)

**IGREJA DE CRISTO (CRISTA)** Carcavelos, Rio de Moura & Lisbon. At all three centres, services in Portuguese, bilingual counselling. (Tel. 21 2461596)

**LISBON SYNAGOGUE:** Rua Alexandre Herculano 59, Tel. 21 385 8604 Fax 21 388 4304 e-mail: [celesboa@mail.telepac.pt](mailto:celesboa@mail.telepac.pt)

**BAHA'Í FAITH** - Av. Ventura Terra, n.º 1, Lisboa, Tel.: 217590474, E-mail: [gae@bahai.pt](mailto:gae@bahai.pt)

**IGREJA BAPTISTA** de Queijas (close to Cascais) Rua Carlos Santos 88, Queijas Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10:15/Portuguese 12:00 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English followed by Sunday School.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 3pm. Tel: 214 690 600. No collection.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua da Barroca, 122 (Bairro Alto), Lisbon. Saturday 6.30pm. Tel: 213 421 604. No collection.

## The Algarve

**CHURCH OF ENGLAND SERVICES** St. Vincent's Anglican Church of the Algarve, Igreja Senhora de Fátima Holy Communion. 9.30 every Sunday. Info Rosie Baden-Powell 289 328302; St. Luke's, Monte da Palhaqueira, Górgos. (Nr. Sta. Barbara) Holy Communion 11.30 a.m., every Sunday. Info Maxine Srivastava 917 267 948; Luz Senora da Luz Holy Communion. 12.00 every Sunday. Plus Children's Rainbow Club. Info: Joyce Daffey 282 788104.

**ALL SAINTS ANGLICAN CHURCH, ALGARVE** - Contemporary, Evangelical worship. Sundays: Holy Communion Service with Creche and Adventurers. 10.30am Community Centre, Almancil (ASCA - Associação Social e Cultural de Almancil). Service in Lagoa at Lagoa Convent Chapel 6pm. Details from 282 380311 or [www.allsaintsalgarve.org](http://www.allsaintsalgarve.org). See our website for dates of Services of Holy Communion.

**CENTRO CRISTÃO FONTE DE VIDA** Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Website [www.fontevida.org](http://www.fontevida.org)

**THE SALVATION ARMY** in São Bras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, n.º 19 (next to the Market).

**CATHOLIC MASS** every Sunday partly in English - 11am, at St. Lourenço Church - Almancil - 6.30pm, at Four Seasons Country Club - Quinta do Lago - Almancil. Further information, please contact the International Catholic Community of Almancil (Griselda Neto on 966168120 or Vítor on [vgn@domopor.com](mailto:vgn@domopor.com)).

**INTERNATIONAL CHRISTIAN FELLOWSHIP** in Portimão invites you to attend its services in English on Sundays at 11am. Sunday School for children. Av. 25 de Abril 17, R/C-D1 Portimão. Bible study on Tuesdays, 10.45 for 11 am at "The Bridge" (A Ponte) in the Cedraia Shopping Centre near the church. Tel. 282 461 985

**LIVING HOPE BAPTIST CHURCH** English speaking services every Sunday 5 p.m. About 100m North of bullring circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: [pastor@ibev.pt](mailto:pastor@ibev.pt)

**INTERNATIONAL ALJAZUR/VALE DE TELHA.** Our mission: Matthew 28:18-20 (An outreach from Church in Lagos) Call Stefan Saunders (Pastor) mobile 963 165 983.

**INTERNATIONAL COMMUNITY CHURCH** in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. Urbanização Vila Praia da Dona Ana, Lote 11 B, 8600 Lagos (50 metres from the Hotel Golfinho). Tel. 282-06804 or 282-687948.

**INTERNATIONAL EVANGELICAL CHURCH OF THE ALGARVE**

Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterslide Park. Services in English, creche and Sunday School. For further information: 289 328635.

**LAGOA CHRISTIAN FELLOWSHIP** An International English speaking church. Contemporary worship and Christ-centred study of the Bible. "God Squad" for kids, toddler thru pre-teen. Service every Sunday 11am to 12:30 pm. Portuguese translation available. Address: EN125 - Vale de Lousas, Alcantarilha. Next to Auto Heat, SACL & Centro de Lareiras. Pastor Alípio Amaral Tel. 282 381347. Visit our website at [www.lagoafellowship.com](http://www.lagoafellowship.com)

**TAVIRA CHRISTIAN CENTRE** Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 968 380 404. E-mail: [jackieandm@yaho.co.uk](mailto:jackieandm@yaho.co.uk)

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**ROMAN CATHOLIC ST. ANDREWS, PENINA**

R.C. Mass in English every Saturday 6pm. St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

**SALVATION ARMY** Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

**EREV SHABAT** - For services Tel: 282 461710

**JEHOVAH'S WITNESSES** - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Emgembreiro Sarrea Prado, Portimão (Next door to the University). Saturday 4pm. Tel: 282 332 813. No collection.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia), Sunday 1pm. Tel: 282 442 279. No collection.

## Oporto

**ENGLISH SERVICES In OPORTO—GREATER GRACE** now has contemporary worship in Porto as of 11/18. Featuring uplifting music and insightful Biblical teaching, our meetings take place in the Sala Grande at Hotel Peninsular, Rua Sá da Bandeira, 21 (behind the McDonald's in the Praça de Liberdade) while we continue our search for a permanent location. Service time is 18h (other service times are being considered for 2008). More information is available on [www.nova.aurora.com](http://www.nova.aurora.com), by email to [nova.aurora@clix.pt](mailto:nova.aurora@clix.pt) or by calling 911 711 2736. We are also looking for reinforcements for our worship team, so come and meet us. More information about Greater Grace, including live and archived services, can be seen at [www.ggw.org](http://www.ggw.org).

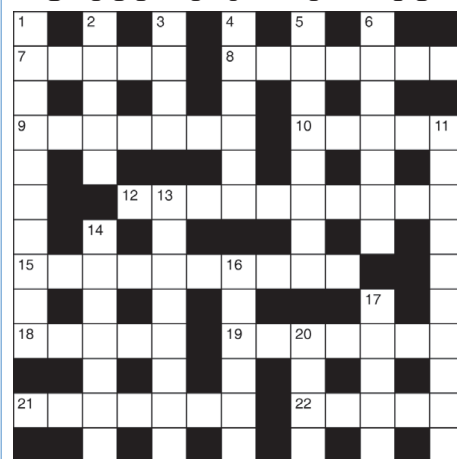
**RIVERSIDE PORTO INTERNATIONAL CHURCH—Oporto.** A church that is fun and enriching; Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 for more details. [contact@riversideporto.com](mailto:contact@riversideporto.com) web site [www.riversideporto.com](http://www.riversideporto.com)

**ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO** Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. [www.stjamesoport.org](http://www.stjamesoport.org)

**THE SALVATION ARMY OPORTO** Pereiro Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntários; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

**JEHOVAH'S WITNESSES** - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

**CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN ENGLISH.** At 6.00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Sautade e Silva 27/29 (between Caldas da Rainha Railway Station and 'Pingo Doce'. All welcome.

The Portugal News  
Crossword No. 203

## QUICK CLUES

## ACROSS

7. Freshwater fish (5)
8. Ingredient (7)
9. Contrary (7)
10. Deserves (5)
12. Shelter (10)
15. Singer (10)
18. Healthy (5)
19. Local (7)
21. Sailor (7)
22. Goodbye (5)

## DOWN

1. Transmits (10)
2. Bisect (5)
3. Burn slightly (4)
4. Discover (6)
5. Fortifications (8)
6. Region (7)
11. Father Christmas (5,5)
13. Inmate (8)
14. Ask (7)
16. Go to bed (6)
17. Pungent (5)
20. Fruit (4)

## QUICK SOLUTIONS No. 202

Across: 1 Prior; 4 Stumble; 8 Reclaim; 9 Inert; 10 Earn; 11 Sinister; 13 Doom; 14 Cede; 16 Ceramics; 17 Keen; 20 Learn; 21 Elevate; 22 Retreat; 23 Sweet.

Down: 1 Perpendicular; 2 Incur; 3 Roar; 4 Summit; 5 Utilised; 6 Breathe; 7 Entertainment; 12 Commence; 13 Dormant; 15 Accent; 18 Evade; 19 News.

*I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.* - *Philippians 3:14*



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## Cross Complacency

The first time I visited Europe was in 1973. I was just fifteen years old, traveling with a high school singing group. That summer our small choir spent two weeks touring Vienna, Prague and Budapest and participating in concerts as part of a program called "Youth and Music in Vienna." I remember Vienna the most. Everything we saw was new and exciting from listening to the Vienna boy's choir, visiting the opera house, a reception at the Rathaus and a famous riding school with glass chandeliers hanging from the ceiling as horses pranced about on a dirt floor. I was almost too young to appreciate the cultural experience afforded us as we ate in little coffee houses and restaurants around Vienna, absorbing culture and language along the cobblestone streets outside our hotel. Later we moved on to the other two cities, which, at that time, were still behind the iron curtain.

I did not return to Europe until 1999 when my family and I visited Portugal for the first time. We

were contemplating a new ministry here and were coming to check out the country. We spent a week visiting the sites around Lisbon; Obidos, Belem, Fatima, Tomar, and Nazare. The following week was spent in the Algarve at a lovely resort in Albufeira, enjoying the beautiful cliffs along the beaches. After just two weeks we fell in love with the country and anticipated the day when we could live permanently in this beautiful country.

I still enjoy taking newcomers to see Portugal's beautiful castles, palaces and walled cities. It is fun to watch my American friends and family members experience Pasteis de Belem for the first time or try his first Bica. Even after living in Lisbon for seven years, not all of the novelty has worn off though I probably do not appreciate the sites like I once did.

Recently someone shared with me his experience of having visited many of the famous sites on a tour bus. It was his first visit and he was in awe as he observed site after site of Portugal's beauty and history. On his way back to the tour bus af-

ter one such stop, he noticed that the bus driver was napping on the bus. In the midst of the beauty and wonder around them, this Portuguese man was sound asleep and not at all impressed with the beautiful sights my friend was viewing for the first time.

It is natural to lose the wonder of a scenic place after you have visited it hundreds of times. In the same way, it is unfortunately easy for those of us who have known the truths of Scripture for decades to lose our appreciation for the cross of Christ and what His death accomplished on our behalf. May we, as believers, never cease to be amazed that our eternal Creator loves us in spite of our sins and shortcomings. May we forever remember to glory in the cross, never settling for complacency as we move forward in our walk with the Savior.

*"God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world."* Galatians 6:14

More information about how to have a relationship with God can be found at [www.rbc.org/personal\\_relationship\\_with\\_godpage](http://www.rbc.org/personal_relationship_with_godpage)



# September: Focus on the International Algarve Fair

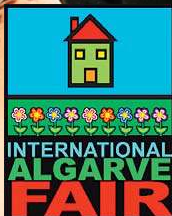
During the month of September residents and visitors to the region will be focussing on the International Algarve Fair. So for the whole month of September we are giving the opportunity for all exhibitors to advertise the products or services they will be offering completely free of charge in the classified section.

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## Announcements

**LONELY? BORED?** Come and join our happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômbor for details of our work. Tel.: 962 633 811.

**CASA - WELL-KNOWN** local social club (over 300 members) who raise money to help many needs in the area. Open to all, with a monthly newsletter of events and dinners (local venues for reasonable prices). Plus outings to interesting places in Portugal and Spain. Find out more by calling Mary 282 357 275.

**NEW TO ALGARVE!** Speed dating... Free registration. Events for all age groups. [www.algarve-beach-life.com/por](http://www.algarve-beach-life.com/por)

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## Circo Pequeno

bouncy castles, clowns, jugglers, face painting, etc.

Tel: 916 622 976 or 917 038 555 [tim@gomez.net](mailto:tim@gomez.net)

## PAINTING EXHIBITION

by David Haines

**New Works 2008 at GEORGE FURNITURE** EN125, Torre, Almancil Tel.: 966 186 357

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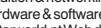
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**THE ANIMAL** charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

**CAR BOOT** Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on [Happyhounds@mttelepac.pt](mailto:Happyhounds@mttelepac.pt) for more information.

**ABA CHARITY** shop, Av. do Tennis, No 41D, Albufeira. Open Tues. to Sat. 10.30am till 2pm. Donations of bric-a-brac, clothes and books to be sold in the shop to raise funds for spraying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated.

**WANTED: THE** donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

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## Education

**PORTUGUESE LESSONS** at home with a Portuguese translator in Lagos or nearby mob: 914 566 017.